

## Draft programme

Please note that this is a draft programme and that enforced changes may still occur as a result of withdrawals etc. Where such a change involves moving a presentation to a different day, all corresponding authors affected will be contacted. Due to the amount of work required for even minor changes to the programme, the scientific committee cannot entertain requests for alterations to the day or time of individual presentations.

**All times are displayed in Central European Summer Time (CEST)**

## Tuesday, 23 Aug

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9:00 - 12:00 Morning Workshops

Challenges of teaching health psychology at Medical Universities.  
Interactive approach with scenarios

9:00 Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios.

Preregistration for fun, profit, and exploration – part A

9:00 Preregistration for fun, profit, and exploration

9:00 - 16:00 Full-day Workshop

Interpretative phenomenological analysis- a skill-based introductory  
workshop and update

9:00 Interpretative phenomenological analysis- a skill-based introductory workshop and update

13:00 - 16:00 Afternoon Workshops

Using the Person-Based Approach to develop successful health  
behaviour change interventions

13:00 Using the Person-Based Approach to develop successful health behaviour change interventions

Preregr for fun, profit, and adventure

13:00 Preregr for fun, profit, and adventure

18:00 - 19:30 Opening Ceremony

19:30 - 21:30 Welcome Reception

## Wednesday, 24 Aug

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8:30 - 9:30 EHPS Meeting (Forum)

9:30 - 11:00 Parallel Sessions

### Predicting COVID-19 Protective Behaviours

- 9:30 Predicting health behaviors during the COVID-19 pandemic: A longitudinal study from April to July 2021  
*Olivier Luminet*
- 9:45 Protection Motivation Theory as a framework for understanding adherence to preventive behaviours during COVID-19  
*Gabriel Nudelman*
- 10:00 Applying an integrated social cognition model to explain Covid-19 protection behaviours  
*Paul Norman*
- 10:15 Does autonomous motivation matter in COVID-19 prevention? Predicting personal protective behavior with motivation quality  
*Meri Pietilä*
- 10:30 Identifying Key Belief-Based Targets for Promoting Uptake of COVID-19 Vaccinations in Australia  
*Jacob Keech*
- 10:45 Habit formation of physical distancing and hand washing during the COVID-19 pandemic in the Netherlands  
*Marieke Adriaanse*

### Adolescent health

- 9:30 A participatory developed school-based intervention promoting healthy sleep in adolescents – a process evaluation  
*Janneke de Boer*
- 9:45 How various forms of editing may affect adolescents' perception of health message credibility  
*Katarina Greskovicova*
- 10:00 Understanding adolescent sleep health from a systems science perspective using a causal loop diagram  
*Danique Heemskerk*
- 10:15 Short videos to interrupt university students' sedentary behavior during online-lectures – a pilot study  
*Sebastian Heller*
- 10:30 Identifying barriers and facilitators to physical activity in female adolescents in Germany: A photo-voice study.  
*Heide Busse*
- 10:45 Harnessing adolescents' values for food choices: Co-creating food determinants maps  
*Sara Correia Simão*

### Potential of new social approaches to study and influence health behaviors

Chair: Jutta Mata and Dolores Albarracin

- 9:30 Potential of new social approaches to study and influence health behaviors

### Women's health in a cultural context: Identifying risks and opportunities for change

Chair: Efrat Neter

- 9:30 Pregnant women's pandemic-related stress, fear of childbirth, and postpartum post-traumatic stress symptoms  
*Yael Benyamini*
- 9:45 The role of maternal depression symptoms and maternal-foetal attachment in predicting exclusive breastfeeding  
*Adriana Baban*
- 10:00 Decision Coaching-Navigation Intervention for Cancer Genetic Risk Assessment: Large Effect Size but Room to Grow  
*Anita Y. Kinney*
- 10:15 Stresses of COVID-19 and future expectations among women: A cross-cultural analysis using the femininity-masculinity dimension  
*Efrat Neter*
- 10:30 Participatory Action Research: Addressing Inequalities in Cervical Cancer Screening in Bulgaria  
*Irina Todorova*
- 10:45 Discussion  
*Karen Morgan*

### Impact of smartphone use on health-related outcomes: Do we need to worry about it?

Chair: Jan Keller

- 9:30 Activity promotion vs increase in screen time in children – balancing intended and non-intended effects  
*Jenny Frense*
- 9:45 Constantly connected, constantly ignored. Systematic review and meta-analysis examining the associations between phubbing and well-being  
*Tania Nunez*
- 10:00 Digital Detox as Response to Information Overload? The Role of Smartphone Literacy and Nomophobia  
*Desiree Schmuck*
- 10:15 Take a break?! Effectiveness of digital detox on health-related outcomes – A systematic literature review  
*Theda Radtke*
- 10:30 A mobile intervention for self-efficacious and goal-directed smartphone use: Randomized controlled trial  
*Jan Keller*
- 10:45 Discussion  
*Felix Naughton*

### Health behaviour in older adulthood

- 9:30 The acceptability of homebased exercise- and Tai-chi snacking in UK and Taiwanese older adults.  
*Ian Ju Liang*
- 9:45 Older adults' barriers and facilitators when formulating implementation intentions for physical activity- A qualitative study  
*Valérie Bösch*
- 10:00 A qualitative study exploring music as a behaviour for managing older adult wellbeing during COVID19  
*Jenny Groarke*
- 10:15 A cognitively enriched walking program for older adults to boost cognitive functioning: a pilot study  
*Pauline Hotterbeex*
- 10:30 "With a little help I manage": helpful support for residents with chronic-pain in long-term care.  
*Marta Matos*
- 10:45 Integration of illness into caregivers' identity: Associations with burden, wellbeing, and attachment.  
*Karin Mashevich*

### Stress, affect and well-being

- 9:30 Different Associations of Post-Traumatic Growth and Well-Being among the Dutch General Population during COVID-19 Pandemic  
*Denise Blom*

- 9:45 How does expecting positive events relate to event-related enjoyment, appraisals, and daily affect?  
*Patrick Klaiber*
- 10:00 Do loneliness and depression mutually influence each other over time?  
*Hannes Mayerl*
- 10:15 SUBSTANCE USE AMONG MIDDLE SCHOOL STUDENTS: HOW DOES IS RELATED TO PSYCHOLOGICAL AND SOCIAL WELL-BEING?  
*Réka Dudok*

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

### Climate change and sustainable diet

- 11:30 Health Psychology and climate change: Time to address humanity's most existential crisis  
*Esther K. Papies*
- 12:15 Deliberate Ignorance—A Barrier for Information Interventions Targeting Reduced Meat Consumption?  
*Philipp Kadel*
- 12:30 How experts perceive healthy and sustainable dietary behaviour: A qualitative study among an interdisciplinary panel.  
*Anouk Mesch*

### Conducting behavior change intervention studies for infection prevention during an ongoing pandemic: Why and how

Chair: Jennifer Inauen

- 11:30 An accessibility nudge, but not risk-related information increases COVID vaccination-related behaviors in the unvaccinated  
*Helge Giese*
- 11:45 A just-in-time but still planned intervention to promote COVID-19-vaccination in university students: Lessons learned  
*Tugce Varol*
- 12:00 Multiphase optimization strategy to promote hand hygiene during a pandemic: Optimization of the Soapp app  
*Jennifer Inauen*
- 12:15 Pandemic trajectory and hand hygiene interventions: results from the secondary analysis of the Soapp trial  
*Dario Baretta*
- 12:30 Daily diary-assessed hand washing during a 100-days hand washing challenge: Insights from the ERNA intervention  
*Noemi Lorbeer*
- 12:45 Discussion  
*Susan Michie*

### Exploring healthcare practitioners' perspective: How to best apply health psychology evidence in practice?

Chair: Dominika Kwasnicka

- 11:30 Exploring healthcare practitioners' perspective: How to best apply health psychology evidence in practice?

### Tobacco use interventions

- 11:30 Efficacy of vaping cessation with psychological motivational interviewing plus varenicline for e-cigarettes users: double-blind RCT  
*Pasquale Caponnetto*
- 11:45 The Effect of Self-Affirmation on Responses to Cigarette Warning Labels Among Daily Smokers in Turkey  
*Meryem Kaynak Malatyali*

- 12:00 Co-use of tobacco and cannabis: exploring the support provided by stop smoking practitioners  
*Dayyanah Sumodhee*
- 12:15 VR exposure to anti-tobacco posters : impact on memorization of messages, smoking attitudes and craving?  
*Solenne Bonneterre*
- 12:30 Systematic review and meta-analysis of volitional help sheet interventions for health behaviour change  
*Ross Stewart*

**Making brief interventions work: multi-stakeholder perspectives on implementation and effective components of health behaviour conversations**

**Chair: Oonagh Meade and Chris Keyworth**

- 11:30 Iterative development of a training program in Motivational Communication  
*Anda I. Dragomir*
- 11:45 Promoting healthy behaviours in adults in primary care: a systematic review and meta-analysis  
*Sophie Sun*
- 12:00 Experiences of embedding brief interventions in an integrated care system.  
*Jo Hart*
- 12:15 Barriers and enablers to implementing Making Every Contact Count brief behavioural interventions- a survey study  
*Oonagh Meade*
- 12:30 Patient perspectives and experiences of brief behavioural interventions  
*Chris Keyworth*
- 12:45 Discussion  
*Molly Byrne*

**Consumption of sugar-sweetened beverages and water: Discussing health implications of drink choice and potential interventions**

**Chair: Amy Rodger**

- 11:30 From the fundamentals to the importance of hydration for health in the general population  
*Tiphaine Vanhaecke*
- 11:45 Cravings for non-alcoholic drinks including sugar-sweetened beverages  
*Joshua McGreen*
- 12:00 Increasing motivation for bottled water through advertisements  
*Maria Almudena Claassen*
- 12:15 Reducing sugar-sweetened beverage consumption in children: a cluster randomized control trial in schools (Belgium)  
*Katia Castetbon*
- 12:30 Can a simple plan change a complex behaviour? Implementation intentions and water drinking  
*Amy Rodger*
- 12:45 Discussion  
*Eva Kemps*

**Utility and applications of Bayesian methods in health psychology: theory building and evidence evolution**

**Chair: Rens Van De Schoot**

- 11:30 Bayes factors in health psychology to interpret statistically non-significant findings: is the p-value enough?  
*Emma Beard*
- 11:45 Expert Elicitation, Prior-Data Conflicts, Bayes Factors for Replication Effects, and the Bayes Truth Serum  
*Rens Van De Schoot*

- 12:00 Discussion  
*Sarah Depaoli*
- 12:15 Application of Bayesian approach in mixed methods reviews in health psychology  
*Aliya Amirova*
- 12:30 Reporting standards for studies applying Bayesian statistics: WAMBS checklist  
*Sarah Depaoli*
- 12:45 Discussion  
*Sarah Depaoli*

### Sleep and self-enhancing behaviours

- 11:30 Individual differences in sense-of-purpose moderates link between sleep and next-day anticipation of positive events  
*Jin Wen*
- 11:45 Effects of Childhood Trauma on Sleep Quality and Stress-related Variables in Adulthood: Two Multilevel Studies  
*Daryl O'Connor*
- 12:00 Does social media use impact sleep quality? Moving beyond self-report methodology  
*Thomas McAlpine*
- 12:15 Promoting children's sleep health: Intervention Mapping meets Health in all Policies  
*Laura S. Belmon*
- 12:30 Does general and academic procrastination influence bedtime procrastination? The role of routines-related variables  
*André Oliveira*
- 12:45 The effect of a body scan intervention on interoceptive processes and the HEP  
*Sandra Antonie Mai-Lippold*

13:00 - 14:00 Lunch

13:00 - 14:00 BPS DHP Meeting

14:00 - 15:30 Parallel Sessions

### Implementation in Mental Health and Social Exclusion

- 14:00 Treating distress in long-term conditions: Outcomes for an Improving Access to Psychological Therapy service  
*Natasha Seaton*
- 14:15 Co-location in community spaces increases access to public mental health services by neutralising psychological barriers.  
*Fiona Duncan*
- 14:30 Autonomy in co-located mental health services: impacts on staff and service users.  
*Emily Oliver*
- 14:45 Barriers of the care system for adolescents with emotional and behavioural problems: care providers' perspectives  
*Lucia Bosakova*
- 15:00 Mutual communication and relationship between health care providers and socially excluded Roma  
*Daniela Filakovska Bobakova*

### Mechanisms of action of behaviour change interventions: Challenges in definitions and measurement

Chair: Marie Johnston

- 14:00 Mechanisms of action of behaviour change interventions: Challenges in definitions and measurement

### Physical activity, sedentary behaviour and alcohol

- 14:00 The Longitudinal Associations Between Wearable Technology, Physical Activity and Self-Determined Motivation  
*Richard Steel*
- 14:15 New-onset alcohol use disorder after bariatric surgery : an interpretative phenomenological analysis  
*Esin ER*
- 14:30 Identifying conducive contexts and mechanisms of sedentary behavior interventions in older adults: a realist review  
*Laura Van de Velde*
- 14:45 Within-person predictors of moderate-to-vigorous physical activity: Systematic review of Ecological Momentary Assessment studies  
*Verena Schneider*
- 15:00 The relation between physical activity and executive functions in childhood: an inter- and intraindividual approach  
*Anne Eppinger Ruiz de Zarate*
- 15:15 Appearance-schema, trait physical anxiety and contextual online exposure increase body dissatisfaction and body anxiety  
*Mihaela Boza*

### Considerations for Development and Evaluation of Digital Health

#### Projects

Chair: Ann DeSmet

- 14:00 The importance of contextual factors in smoking relapse: Ecological momentary assessment  
*Mathis Elling*
- 14:15 Acceptability and usability of low-cost activity trackers among adults of lower socio-economic status  
*Ann DeSmet*
- 14:30 Determinants of patients' (decision to use) online access to general practice medical records  
*Rosa Thielmann*
- 14:45 Making sense of the impact of sexual health website Sense.info: results from a think-aloud study  
*Gido Metz*
- 15:00 Wrapped digital fRCT: Working with young people to develop a recruitment and retention strategy  
*Katie Newby*
- 15:15 Discussion  
*Rosa Thielmann*

### Research on cancer screening participation: from a specific approach to an integrated model

Chair: Jenny Mc Sharry

- 14:00 Exploring reasons for non-participation in colorectal cancer screening: a systematic review of qualitative studies  
*Alice Le Bonniec*
- 14:15 A decision aid on mammography screening: Do knowledge and attitude mediate the effect on intention?  
*Maren Reder*
- 14:30 Exploring the implementation of text message reminders for cervical screening in Ireland  
*Jenny Mc Sharry*
- 14:45 Using the Integrated Screening Action Model (I-SAM) to guide intervention development in cancer screening programmes  
*Katie Robb*
- 15:00 Including people of all abilities in screening research  
*Marie Kotzur, Astryd Jamieson*
- 15:15 Discussion  
*Ronan O'Carroll*



## Health psychology methods: systems approaches, machine-learning, attrition, and intervention fidelity

- 14:00 Applying systems methodologies in designing health interventions in complex systems  
*Maartje van Stralen*
- 14:15 Applying machine-learning to rapidly analyse large qualitative text datasets: Comparing human and machine-assisted analysis techniques  
*Ben Ainsworth*
- 14:30 Assessing fidelity of receipt of a gait rehabilitation behaviour change intervention  
*Mandeep Sekhon*
- 14:45 Resilience and Coping in Oncology Nurses During the COVID-19 Pandemic; An Interpretative Phenomenological Analysis  
*Courtney Atkins*
- 15:00 Ethical dilemmas and well-being in teachers' work: A three-way, two-year longitudinal study  
*Mikko Heikkilä*
- 15:15 Longitudinal changes in personal resources during the first COVID-19 lockdown: A moderation role of anxiety  
*Zuzanna Kwissa-Gajewska*

## Family Health and Wellbeing

- 14:00 Resilience in Military Families  
*Alla Skomorovsky*
- 14:15 A discursive examination of how pregnant women navigate and manage their position on physical activity  
*Rebecca Livingston*
- 14:30 Development of mothers' health literacy: Findings from the KUNO-Kids study  
*Maja Pawellek*
- 14:45 The interplay between self-efficacy and self-regulation indicators of child food intake among parent-child dyads  
*Anna Banik*
- 15:00 The development of evidence-based guidance for parents on talking to children about weight  
*Fiona Gillison*
- 15:15 Psychomotor development in early childhood: marginalized Roma children score worse in all domains  
*Stanislava Kováčová*

## 15:30 - 17:00 Poster Sessions

### Physical Activity and Sedentary Behaviour

Self-efficacy, sedentary behaviour, and sedentary habits: A longitudinal general population study  
*Dominika Wietrzykowska*

Sedentary behavior and physical activity in the context of daily activities, contexts, and environments.  
*Pam ten Broeke*

Sitting is not a meaningful behaviour: Goal prioritisation and sitting  
*Benjamin Gardner*

Insights into mechanisms of planning interventions: the effects on self-reported habit and collaborative social control  
*Ewa Kulis*

Designing for active office work  
*Ida Damen*

CANS among university students: Application of the health belief model in a mixed-method study  
*Kirsten Verkooijen*

### Motives and Adherence

What if it doesn't go as planned? Adherence to physical rehabilitation following knee surgery  
*Shu M. Yu*

Psychosocial factors influencing adherence to statins after acute coronary events. A multicenter follow-up study  
*István Tiringier*

To undergo a mammography : an inventory of motives.  
*Mathilde Lochmann*

An integrated theory of planned behaviour model to understand cancer screening attendance  
*Marcella Bianchi*

Vaccination intentions against COVID-19: Findings from three representative samples of the Portuguese population  
*Cristina Albuquerque Godinho*

Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review  
*Maria Karekla*

## Psychosocial Influences on Behaviour

A computational model of health behaviour choice in couples  
*James Allen*

How is daily social control related to physical activity and affect in romantic partners?  
*Pascal Küng*

Condom use across different casual and committed relationships: The role of relationship characteristics  
*Cristina Albuquerque Godinho*

The importance of psychosocial factors on health behaviour in pregnancy and postpartum: A systematic review  
*Erika Varnagiryté*

Are we (m)eating like our friends? How social friendship networks influence meat consumption  
*Ira Elisa Herwig*

How does context affect psychological predictors of alcohol consumption?  
*Richard Cooke*

## Health Behaviour

Socio-cognitive and emotional determinants of edible insect consumption in the Kongo Central province (D.R. Congo)  
*Emmanuel Mopendo Mwisomi*

Interdependencies between food decisions: a multi-dimensional conceptual framework  
*Suzanne Op 't Landt*

Modeling within and between-person differences in smoking experience: an ecological momentary assessment  
*Milad Ravanbakhsh Bousjin*

Young Men in Chile: Porn consumption's impact on Sexual Risk Behaviors  
*Margarita Bernal*

Re-examining the associations between sleep hygiene behaviours and sleep: An exploratory investigation  
*Thomas McAlpine*

Effective behavioral theories in interventions promoting condom use among heterosexual youth: a systematic review  
*Alcira de Vries*

## Developing health behaviour change interventions

Developing an intervention to enhance medication adherence and minimise clinical inertia in hypertension: MIAMI study  
*Gerry Molloy*

Individual pathways of changing interaction habits: Qualitative process evaluation of a training intervention  
*Elina Renko*

Adapted Personal Project Analysis to measure inter-goal relations on physical activity and diet.  
*Sara Kassas*

Developing a digital intervention (iPREPWELL) using the behaviour change wheel to prepare patients for surgery  
*Rebecca Livingston*

AIMS-AET: Promising adherence intervention for endocrine therapy after breast cancer – a randomized pilot design  
*Anna Janssen*

Evaluation of the adapted Adherence Improvement self-Management Strategy in Chronic Heart Failure patients: a protocol  
*Joëlle Dam*

Creation and evaluation of adolescent food choice prevention intervention based on a supermarket simulation  
*Florian Lecêtre*

## Health behaviour change interventions

Encouraging tooth-kind behaviours in children: evaluation of e-training for dental practitioners  
*Joanna Goldthorpe*

Psychologically informed oral health interventions in pregnancy and type 2 diabetes: a scoping review.  
*Camilla Kristensen*

Why do people struggle to be self-compassionate to health goal lapses? A social cognitive perspective  
*Fuschia Sirois*

Preliminary evidence for a combined intervention using implementation intentions and imagery for physical activity habits  
*Alison Divine*

A systematic review of multiple health behaviour change interventions in healthcare  
*Carolina C. Silva*

Effects of smoking cessation school – results  
*Latinka Basara*

## Psychosocial approaches to health behavior

Children's and young peoples' beliefs about chronic musculoskeletal pain: a scoping review  
*Danielle Mountain*

The relationship between self-efficacy and sedentary behaviors in people with overweight and obesity  
*Hanna Zaleskiewicz*

Sleep routines and bedtime procrastination in the times of COVID-19 lockdown  
*André Oliveira*

Development of the Inclusion of Illness in the Self Scale: Theoretical foundations and initial validation  
*Hodaya Wolf*

Overcoming obstacles in achieving health-related goals  
*Monika Hricová*

Roles of predictors and moderators in engagement in healthy lifestyle behaviours in BRCA1/2 alteration carriers  
*Nikolett Warner*

## Contemporary Topics in Self-Regulation

The role of Self-Evaluation and Perceived Social Support in Adult's Problematic Smartphone Use  
*Sándor Csibi*

Social identification and binge drinking practices: The impact of student vs. future professional identities  
*Catherine Grenier*

## Informal caretakers

Why don't informal caregivers use respite care services? A cluster-based study in Belgium

*Pierre Gérard*

Looking after the informal cancer caregiver's quality of life

*Carolina Blom*

The experiences of caregivers of children with respiratory illnesses during the COVID-19 pandemic

*Michaile G. Anthony*

Willingness to care and dyadic coping among different informal caregivers: a weekly diary study

*Giulia Ferraris*

A systematic review investigating the impact of a significant physical health event in informal caregivers

*Prof Val Morrison*

"We live two lives separately": an interpretative phenomenological analysis of spouses' experience facing Huntington's disease

*Charlotte Manceau*

## Social support in health behavior change

Weight Loss Surgery Saboteurs: A Qualitative Exploration of Online Weight Loss Surgery Support Forums

*Sophia Quirke-McFarlane*

Relationship satisfaction, perceived social control, and a reduction of sedentary behavior: a longitudinal dyadic study

*Maria Siwa*

The role of companionship for physical activity: A dyadic longitudinal analysis

*Patrick Stefan Höhener*

The use of virtual reality in training professionals to understand ADHD and develop their competences

*Annamária Antalová*

Social support to diminish gender-based barriers to health behaviour: Testing the enabling hypothesis in Nepal

*Vica Tomberge*

Two of hearts: Relationship quality appraisals and cardiac patients' and spouses' functional health

*Heather Tulloch*

## Non-COVID vaccination uptake

An umbrella review of interventions that aim to improve HPV vaccine uptake

*Susan M Sherman*

English parents' preferences for a mandatory vaccine scheme: a discrete choice experiment (DCE)

*Louise Smith*

Psychological antecedents of HPV vaccine intention among French adolescents and their parents.

*Damien Oudin Doglioni*

Exploring parents' willingness and preferences for the introduction of routine varicella vaccination in the UK

*Susan M Sherman*

How improve acceptability of vaccination against HPV? Focus groups with parents and school staff

*aurélie gauchet*

Italian Adaptation of the Vaccination Attitudes Examination (VAX) Scale: A Reliability and Validity Study.

*Renato Pisanti*

## Mental health and emotion

Trajectory of mental health during COVID-19 pandemic in Spain: risk and protective factors

*Paula Collazo-Castiñeira*

Emotional experience of the COVID-19 pandemic and lockdowns among college students

*Dylan Muccia*

University students' attitudes and understanding of (mental) health maintenance through physical activity and mindfulness meditation  
*Masha Remskar*

Repeated listening to natural sounds at home may improve our mental health  
*Yasushi Suko*

Psychometric properties and measurement invariance of a European Portuguese version of fear of COVID-19 scale  
*Margarida Jarego*

Exploring responses to a fear-based COVID-19 vaccination advertisement  
*Jessica Charlesworth*

## COVID-19

Parents' intention to vaccinate their child for COVID-19: a cross-sectional survey (CoVAccS – wave 3)  
*Louise Smith*

Effects of life changes by COVID-19 pandemic on eating behaviors in general population in Japan  
*Mika Omori*

Nutrition and health during the first months of the COVID-19 in Italy: a qualitative study  
*Francesca Brivio*

Protecting others vs. the self: a diary manipulation targeting COVID-19 preventive behaviors  
*Celia Naivar Sen*

Motivations to get Covid-19 vaccinations: A cross-sectional lifespan analysis of an Irish iCare study sample  
*Gerry Molloy*

How Slovak people perceive vaccination against SARS-CoV-2  
*Veronika Korim*

The effects of psychological resilience on recognition of life recovery from the COVID-19 calamity  
*Shoji Ohtomo*

## Dietary behaviours

A scoping review of outdoor food marketing: exposure, power and impacts on behaviour and health.  
*Amy Finlay*

Facilitators and barriers influencing weight management behaviours during pregnancy: a meta-synthesis of qualitative research  
*Tamara Escanuela Sanchez*

Nudging healthier choices from a café style menu using traffic light labels  
*Cherie Sim*

Easy or difficult? Investigating perceived ease to change aspects of eating behaviour and physical activity  
*Anila Allmeta*

The impact of a cooking intervention on food literacy skills and cooking behaviour  
*Lisa Harms*

Attentional Bias for High Calorie Food Cue by the Level of Hunger in Binge Eater  
*Jang-Han Lee*

## Interventions in clinical or at-risk populations

Predictors of UV-protection behaviours among people diagnosed with melanoma [WORK IN PROGRESS STREAM]  
*Caroline Charlton*

PUBLIC INFORMATION ON MEDICATION SAFETY: SOURCES, PERCEIVED RELIABILITY AND THE INFLUENCE OF EDUCATIONAL LEVEL  
*Graça Andrade*

Video games and activities for money among adult gamblers  
*Samantha TESSIER*

The CRESCENDO program (inCRease physical Exercise and Sport to Combat ENDOmetriosis)  
*Géraldine Escriva-Boulley*

The impact of nurse-led ambulatory care point on wellbeing in patients with heart failure  
*Katarzyna Piotrowicz*

## e-/mHealth interventions

Do online support groups help individuals affected by HIV/AIDS? A scoping review of the literature  
*Neil Coulson*

An eHealth intervention for French diabetic's patients: "Slow Diabetes"  
*Coline Hehn*

An intervention research about telemedicine human factor: healthcare professionals and patients' perspectives and satisfaction.  
*Laura Fagnani*

User experiences with mobile coaching in multi-problem families  
*Kirsten Verkooijen*

Which factors influence practitioners' intention to use a robot with their clients with autism?  
*Louise Charpiot*

The use of humanoid robots for health education in diabetes – a feasibility study  
*Leona Ryan*

## e-mental health

Introducing the Tele-QoL index – a brief measure for quality of life assessment in telemedicine  
*Klara Greffin*

Sperantia.App: an online application to take care of mental health during the COVID-19 pandemic  
*Rocío Rodríguez Rey*

Stress reduction in distance-learning students through digital mental health interventions  
*Andrea Haberstroh*

Understanding fatigue across different conditions using remote monitoring technologies  
*Laura Dennison*

Using engagement to personalize digital health interventions: a pilot experiment  
*Saskia Kelders*

Online Photography Intervention Reduces Internet Addiction During COVID-19: A Randomized Controlled Trial  
*Jinjin Ma*

## eHealth across the life span

Co-developing an app-based intervention to increase children's liking and consumption of vegetables  
*Lucy Porter*

Relationship between neutral and problematic adolescents' photo self-disclosure and privacy concerns: does the paradox exist?  
*Kristina Žardeckaitė-Matulaitienė*

A systematic review of behaviour change techniques in digital health interventions with midlife women  
*Hana Sediva*

Encouraging elders with eHealth: promoting an active lifestyle among senior citizens, a randomized field-experiment.  
*Anna Nilstomt*

Older Adults' Experiences and Perceptions of Immersive Virtual Reality: A Systematic Review and Thematic Synthesis  
*David Healy*

A digital health platform to support aging in place: Experiences of people with dementia  
*Christian Wrede*

## Digital health promotion

Eliciting preferences for the uptake of smoking cessation apps: A Discrete Choice Experiment.  
*Dorothy Szinay*

Development and user evaluation of a psychological self awareness app for smokers with diabetes mellitus  
*Pasquale Caponnetto*

Just-in-time adaptive interventions in mobile physical activity interventions: A synthesis of frameworks and future directions  
*Kathrin Wunsch*

How can apps help me move more? A Group Concept Mapping study in inactive adults  
*Maya Braun*

Stressed! Grab a bite? An EMA study assessing stress and food intake in daily life  
*Alea Ruf*

Mobile Phone Apps to Promote Sun Protection Behaviours: A Content Analysis  
*Angela Rodrigues*

## Health psychology methods: Interventions and measurement

Diffusion of effective behavior change strategies: The distillation and dissemination approach (DADA)  
*Paschal Sheeran*

A new resource for behavioural science - Developing tools for understanding the relationship between behaviours  
*Alexander Scott*

Understanding and improving facilitation in the IMP2ART implementation trial: developing and using the FACE Instrument  
*Liz Steed*

D1Now intervention for young adults with type 1 diabetes: Lessons learned from a pilot RCT  
*Eimear Morrissey*

Health-related quality of life measures for children with Duchenne muscular dystrophy: A content analysis  
*Moritz Ilan Truninger*

Feasibility and acceptability of the photo-voice methodology when working with female adolescents on physical activity.  
*Heide Busse*

Implicit measure of goal conflict in the promotion of a healthy diet and physical activity  
*Catherine Culot*

17:00 - 18:00 Keynote Lecture: Falko Sniehotta

18:00 - 19:00 National Delegates Meeting

19:00 - 21:00 Celebrating EHPS Active Engagement

## Thursday, 25 Aug

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8:15 - 9:30 EHPS AGM

9:30 - 11:00 Parallel Sessions

### Health Inequalities – why do they matter and how can we tackle them?

Chair: Wendy Stainton Rogers

- 9:30 Title: “Why do poor people behave so poorly?”: Shifting the blame to class-based injustice  
*Bridgette Rickett*
- 9:45 Box for the tallest man? Researching the effect of behaviour change interventions on health inequalities.  
*Joanna Goldthorpe*
- 10:00 Mapping pathways to better healthcare for Brighton's homeless population – the value of co-production  
*Emma Anderson*
- 10:15 The case of orphan diseases in Chile: Health decisions in contexts of precarity and inequality  
*Nicolás Schöngut-Grollmus*
- 10:30 The role of cultural representation in presenting health information to underserved communities  
*Tushna Vandrevala*
- 10:45 Discussion  
*Wendy Stainton Rogers*

### Specifying all dimensions of behaviour change interventions: The Behaviour Change Intervention Ontology

Chair: Alison Wright

- 9:30 Overview of the Behaviour Change Intervention Ontology  
*Susan Michie*
- 9:45 Specifying the potentially active content of interventions: the Behaviour Change Technique Ontology  
*Marie Johnston*
- 10:00 Specifying theoretical processes of change: the Mechanisms of Action Ontology  
*Alison Wright*
- 10:15 Specifying the behaviours targeted by interventions: development of the Human Behaviour Ontology  
*Robert West*
- 10:30 Development of BCIOVocab and BCIOVisual, online tools enabling researchers to browse and visualise the BCIO  
*Janna Hastings*
- 10:45 Discussion  
*Marta Marques*

### Personalized context-aware digital health interventions: crossing boundaries between data science, geoscience and health psychology

Chair: Monique Simons

- 9:30 Personalized context-aware digital health interventions: crossing boundaries between data science, geoscience and health psychology

### Impact of Covid

- 9:30 Exposure to images showing (non)adherence to physical distance rules: Effect on adherence and perceived norms  
*Sanne Raghoobar*



- 9:45 A longitudinal study on personality determinants of post-traumatic growth during the COVID-19 pandemic  
*Serena Petrocchi*
- 10:00 Depression, stigma, and emotional support during COVID-19 pandemic among people with HIV/AIDS: no protective effects?  
*Ewa Gruszczynska*
- 10:15 Interpersonal emotion regulation is associated with mental health during the Covid-19 pandemic across four countries  
*Olenka Dworakowski*
- 10:30 Social interactions and health during the COVID-19 pandemic. The mediating role of perceived social support.  
*Alexandra Zancu*

### Implementation in Practice: Frameworks and Perspectives

- 9:30 A realist evaluation of the sustainable implementation of the Healthy School Canteen program  
*Roos van Wijngaarden*
- 9:45 Applying Health Psychology to Advance the Science of De-implementation  
*Andrea Patey*
- 10:00 Exploring Antimicrobial Stewardship education and training interventions in the UK: an interview study  
*Lucie Byrne-Davis*
- 10:15 Facing organ donation request in emerging donation procedures: the experience of bereaved relatives  
*María Soria-Oliver*
- 10:30 Healthcare professional practices when requesting family consent for emergent organ donation procedures: a qualitative study  
*Jorge S. López Martínez*
- 10:45 Temporal changes in attitudes towards adopting new biomedical HIV-prevention strategies: An Attitude Network Analysis  
*Hanne Zimmermann*

### Vaccination, Covid 19 and quarantine

- 9:30 Predictors for Human Papillomavirus Vaccination Intent in European Parents: A Systematic Review and Meta-Analysis  
*Nicoleta Monica Jiboc*
- 9:45 How to facilitate quarantine adherence and psychosocial wellbeing: different approaches for different kinds of quarantine?  
*Antje Bühler*
- 10:00 Healthcare workers' acceptability of influenza vaccination nudges: Evaluation of a real-world intervention  
*Rachelle de Vries*
- 10:15 Vaccine Public Health messaging: three studies targeting the role of autonomy, source and content  
*Vera Araújo-Soares*
- 10:30 Determinants of vaccine willingness among the general population: a systematic review  
*Kristin Konnyu*
- 10:45 Rates and determinants of parental COVID 19 vaccine hesitancy for children in Singapore  
*Konstadina Griva*

### Age Related Challenges to Quality of Life

- 9:30 Dementia may diminish interdependence in quality of life and carer burden among married couples  
*Samuel Nyman*
- 9:45 Socio-economic inequalities and trajectories of a new biopsychosocial metric of Active and Healthy Ageing (AHA)  
*Olivia Malkowski*
- 10:00 Self-management by older people living with cancer and multi-morbidity: a qualitative study  
*Teresa Corbett*

- 10:15 Psychosocial adaptive capacity and survival in very old persons  
*Jasminka Despot Lučanin*
- 10:30 Exploring older farmers' perspectives on machine-related accidents and factors influencing behaviour change-A focus group study  
*Aswathi Surendran*
- 10:45 Development and evaluation of a co-production course for caregiver interventions for people living with dementia  
*Gulcan Garip*

### Health care professionals

- 9:30 How and why was a digital diabetes self-management intervention changed during national roll-out? Mixed-methods study  
*David P French*
- 9:45 Fidelity of behaviour change technique delivery in a nationally implemented digital diabetes prevention programme  
*Rhiannon Hawkes*
- 10:00 Receipt and enactment of behaviour change technique content of a nationally-implemented digital diabetes prevention programme  
*Lisa Miles*
- 10:15 Comparing face-to-face and digital delivery of the English NHS diabetes prevention programme: a non-inferiority study  
*Sarah Cotterill*
- 10:30 Can we prepare UK Critical Care Nurses for, and aid recovery after, stressful events?  
*Katharina Vogt*

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

### COVID-19 related research

- 11:30 Psychology in policy and in practice: Advising government in the time of Covid19  
*Susan Michie*
- 12:15 What are the key behavioural factors associated with COVID-19 vaccination acceptance among healthcare workers?  
*Jacob Crawshaw*
- 12:30 COVID-19 quarantine behavior and expected vs. experienced stigma  
*Sarah Eitze*
- 12:45 Healthcare professionals' barriers and enablers to delivering behaviour change interventions during COVID-19: a qualitative study  
*Judith Johnson*

### Communicating about health and risks

- 11:30 Investigating children and young peoples' experiences and perceptions of pain communication in paediatric rheumatology  
*Rebecca Lee*
- 11:45 Using signal detection theory to understand people's antibiotic expectations  
*Andriana Theodoropoulou*
- 12:00 How Do Young Women Interpret the Cervical Screening Leaflet in England? A Mixed Methods Approach  
*Caroline Charlton*
- 12:15 "I don't know what I'm looking for": A qualitative study examining young women's breast awareness  
*Sarah Hindmarch*
- 12:30 Psychophysiological stress responses of doctors and patients during cancer consultations.  
*Marta Vigier*

- 12:45 Circulating tumour DNA monitoring and early treatment for relapse: views from patients with early-stage melanoma  
*Victoria Woof*

### The EHPS in international health policy initiatives: current contributions and future opportunities

Chair: Vera Araujo Soares

- 11:30 The EHPS in international health policy initiatives: current contributions and future opportunities

### Embedding Open Science within Health Psychology research, methods and tools

Chair: James Green and Gjalt-Jorn Peters

- 11:30 Establishing Open Science Research Priorities in Health Psychology: A research prioritisation Delphi exercise  
*Emma Norris*
- 11:45 An open science approach to study misinformation sharing on social media  
*Christopher Martin Jones*
- 12:00 OpenDrawer: A project to document unpublished research  
*James Green*
- 12:15 After the End of Construct Validity: Thinking About and Studying How Psychological Measurement Instruments Work  
*Gjalt-Jorn Ygram Peters*
- 12:30 Embedding Registered Reports within Health Psychology: Reflections as Author and Recommender of Peer Community In  
*Charlotte Pennington*
- 12:45 Discussion  
*Charlotte Pennington*

### Doctor knows best? Qualitative perspectives on interactions and relationships with healthcare workers from four countries

Chair: Rachael Fox

- 11:30 Doctor-patient relationship in an Italian emergency department during the COVID-19 pandemic: an ethnographic study  
*Sabrina Cipolletta*
- 11:45 Family and domestic violence in remote Australian Emergency Departments: A critical analysis of institutional discourse  
*Sheree Moore*
- 12:00 You can push them a little bit': Provider accounts of contraceptive care and long-acting contraception  
*Tracy Morison*
- 12:15 Receiving bad news: cancer family carers managing initial interactions with healthcare services  
*Gianina-Ioana Postavaru*
- 12:30 Moving forward with online interventions and therapeutic relationship online, Italian professionals' experiences from the pandemic.  
*Silvia Caterina Maria Tomaino*
- 12:45 Discussion  
*Rachael Fox*

### eHealth intervention development & optimisation

- 11:30 Adaptation of cardiovascular disease prevention programmes for digital delivery during the COVID-19 pandemic  
*Lisa Hynes*
- 11:45 Patient, staff and stakeholder experiences with the national NHS App in general practice: Qualitative evaluation  
*Claire Reidy*

- 12:00 A digital health program in bariatric surgery: a mixed method process evaluation  
*Charlene Wright*
- 12:15 Psychological need satisfaction through an online intervention for diabetic patients  
*Coline Hehn*
- 12:30 Experiences and acceptability of an online theory-based intervention to prevent and reduce self-harm  
*Chris Keyworth*

### Adherence and Quality of Life in Chronic Disease

- 11:30 Impact, coping and development challenges among perinatally HIV-infected adolescents  
*Filipa Teixeira*
- 11:45 MEDICATION adherence in BEHCET'S DISEASE during COVID-19: cross-sectional study  
*Emily Arden-Close*
- 12:00 Identifying different profiles of people with a stoma and their relationship with quality of life  
*William Goodman*
- 12:15 An exploration of quality of life and treatment decision-making in men with benign prostatic hyperplasia.  
*Margaret Husted*
- 12:30 Multidimensional relationships between medication beliefs and adherence to medications among older adults living with multimorbidity  
*Louise Foley*
- 12:45 Designing an intervention for young people with asthma and testing acceptability and feasibility  
*Pamela Rackow*

### eHealth in cancer treatment & care

- 11:30 Preliminary Efficacy of ImmunOncoTool: An Immune Checkpoint Inhibitors Adverse Event Management and Reporting eHealth Program  
*Chloe Taub*
- 11:45 A process evaluation of a digital intervention for improving quality of life in cancer survivors  
*Katherine Bradbury*
- 12:00 Effect of a digital health intervention to support total-skin-self-examination on psychological well-being of melanoma survivors  
*Peter Murchie*
- 12:15 Telehealth interventions for people with cancer that cannot be cured: systematic review and meta-analysis  
*Laura Ashley*
- 12:30 Integrating insights from behavioral science and design thinking to develop mHealth interventions: Systematic scoping review  
*Paula Voorheis*

13:00 - 14:00 Lunch

13:00 - 14:00 Meeting: Special Interest Group (SIG)

14:00 - 15:30 Parallel Sessions

### Understanding COVID-19 Vaccine Hesitancy

- 14:00 Predicting COVID-19 vaccination intention among young adults using the theory of planned behavior  
*Celia Naivar Sen*
- 14:15 Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal and demographic determinants  
*Angelos Kassianos*
- 14:30 Psychosocial factors associated with COVID-19 vaccine hesitancy in Romania  
*Irina Crumpei-Tanasă*
- 14:45 Conspiracy beliefs and motivation to get vaccinated against COVID-19 in Costa Rica  
*Benjamin Reyes Fernandez*

- 15:00 Conspiracy beliefs and COVID-19 vaccination intention: examining the mediating effects of trust and attitude  
*Miriam Capasso*

### Health behavior change across the lifespan

- 14:00 Using a co-design approach to promote awareness of preconception health in central Scotland  
*Hannah Welshman*
- 14:15 Effects and acceptability of an online decision aid (DA) about maternal pertussis vaccination (MPV)  
*Charlotte Anraad*
- 14:30 How does a school-based intervention impact students' social cognitions on reducing sedentary behavior?  
*Matthias Aulbach*
- 14:45 Dyadic behavior change techniques in health behavior change interventions with romantic couples: A systematic review  
*Karoline Villingner*
- 15:00 Utilizing narrative persuasion to improve risky sexual behaviors among men who have sex with men  
*Meiqi Xin*
- 15:15 Self-efficacy and action control as predictors of physical activity among patients with knee osteoarthritis  
*Ralf Schwarzer*

### Ontologies of behaviour – current perspectives and future potential in health psychology

Chair: Thomas Webb and Susan Michie

- 14:00 Ontologies of behaviour – current perspectives and future potential in health psychology

### The effectiveness of labelling interventions to improve population and planetary health

Chair: James Reynolds

- 14:00 Calorie labelling in the out-of-home food sector and socioeconomic position  
*Megan Polden*
- 14:15 Effect of PACE labels on energy purchased in cafeterias: a stepped-wedge randomised controlled trial  
*James Reynolds*
- 14:30 Impact of health warning labels and calorie information on selection and purchasing of alcohol  
*Natasha Clarke*
- 14:45 Effect of environmental labelling on food choices: A randomised controlled trial in a virtual supermarket  
*Lucile Marty*
- 15:00 The impact of ecolabels on the environmental impact of cafeteria purchases: A randomised controlled trial  
*Rachel Pechey*
- 15:15 Discussion  
*James Reynolds*

### The role of interpersonal dynamics for health behavior and well-being using intensive longitudinal designs

Chair: Janina Lüscher and Corina Berli

- 14:00 Reciprocal association between social support and psychological distress in chronic health conditions  
*Caroline Debnar*
- 14:15 Interpersonal affective Dynamics in Daily Life as a core process of wellbeing over the lifespan  
*Andrea B. Horn*
- 14:30 Daily perceived buddy responsiveness in the context of smoking cessation  
*Janina Lüscher*

- 14:45 Resource Activation in Peer Dyads 65+: Impact on Social Connection and Well-being  
*Zilla Marie Huber*
- 15:00 Interpersonal processes of a dyadic smoking cessation app intervention in daily life  
*Corina Berli*
- 15:15 Discussion  
*Jutta Mata*

### Temporal Aspects of Health Attitudes and Habits

- 14:00 Predictors of Attitude Strength as Determinants of Attitude Stability and Attitude-Behaviour Relationships  
*Mark Conner*
- 14:15 Describing, predicting and explaining adherence to total skin self-examination (TSSE) in people with melanoma  
*Julia Allan*
- 14:30 Differential importance of intentional and non-intentional factors of behaviour across behavioural attributes and contexts  
*Indita Dorina*
- 14:45 "Look, a streaker!" – Examining streaking as a habit formation technique for recreational running behaviour  
*Stephan Dombrowski*
- 15:00 Comparing Computational Models of Habit Formation: A Study on Handwashing Behavior during COVID-19 with Sensors  
*Chao Zhang*

### Quality of life

- 14:00 INTERVENING TO ENHANCE QUALITY OF LIFE DURING A PANDEMIC: A PILOT STUDY  
*Tracy Epton*
- 14:15 Individual Rituals Increase the Effects of Non-Deceptive Placebos on Wellbeing  
*Marco Valerio*
- 14:30 Body appreciation in young adulthood: A new challenge in positive health psychology?  
*Hedvig Kiss*
- 14:45 Quality of Life of Pediatric and Adult Osteogenesis Imperfecta Patients: A Systematic Review and Meta-Analysis  
*Susanne Wehrli*
- 15:00 Caregivers' perspectives on health-related quality of life for young children with tuberculosis and respiratory illnesses  
*Michaile G. Anthony*
- 15:15 EXPLORING PERCEPTIONS OF LIVING WITH OBESITY AND THE PROSPECT OF HAVING BARIATRIC SURGERY  
*Rebecca Keyte*

### eHealth for diet, physical activity, and smoking

- 14:00 Evaluation of digital interventions for physical activity promotion: Scoping review of reviews  
*Karina Karolina De Santis*
- 14:15 Exploring the content of the STAND-VR intervention: a qualitative interview study.  
*David Healy*
- 14:30 Towards more personalized digital health interventions: impact of emotions and physical complaints on action&coping plans  
*Helene Schroé*
- 14:45 Predicting lapses in smokers attempting to stop with a popular smartphone app using machine learning  
*Olga Perski*
- 15:00 Public self-monitoring of eating via social media – effects on eating and underlying mechanisms  
*Michael Kilb*

15:15 eHealth guidelines for people with low socioeconomic position: recommendations via Delphi methodology  
*Isra Al-Dhahir*

## 15:30 - 17:00 Poster Sessions

### Personality and physical health

Specificity in the relationships between emotional intelligence and quality of life with ischemic heart disease  
*Irina Tarasova*

Core Fear of Cancer Recurrence Symptoms in Cancer Survivors: A network approach  
*Ioana Podina*

Psychological distress in individuals with Rosacea: the interplay between trait emotional intelligence and social phobia  
*Nadia Barberis*

Pain perception in women with endometriosis: The roles of avoidant attachment and emotion-focused coping  
*İrem Berna Güvenç*

Health-related autobiographical memories in asthma: a cognitive mechanism behind symptom perception, mood, and coping  
*Iana Alexeeva*

Cognitive impairment and mental health outcomes among treatment-naïve women with breast cancer  
*Snaefridur Gudmundsdottir Aspelund*

### Personality as health-protective factor

Exploring the role of mindful eating and self-compassion on eating behaviours and orthorexia in vegans  
*Eliza Kalika*

Key dimensions of interoceptive sensitivity in relation to alexithymia, emotion regulation, and depressive symptoms  
*Lorena Desdentado*

The relationship of the heartbeat-evoked potential (HEP) to interoception and emotion in adolescents  
*Lorenz Rapp*

Sense of coherence and social support profiles: Associations with Demographic, wellbeing and Lifestyle Indicators  
*Francesca Brivio*

Cognitive reserve predicts false memory paradigm effect in Latvian adults  
*Kristine Sneidere*

### Personality and health-compromising behavior

Medical decision making beyond evidence: correlates of belief in complementary and alternative medicine and homeopathy  
*Leonie Abmann*

Reducing blurred boundaries: results of a systematic review of correlates of workaholism and work addiction  
*Modesta Morkevičiūtė*

Effect of perceived social self-efficacy on attentional bias for game stimuli in multiplayer online games.  
*Hyungil Kwon*

Narcissism, Fear of Missing Out and Social Capital as predictors of Social Media Usage  
*Corina Rugina*

Smartphone and social media addiction: are college students with attention deficit hyperactivity disorder at risk?  
*Vanessa Müller*

Examining the social contagion of attitudes towards childhood vaccination in parental networks: Work in Progress  
*Angelos Kassianos*

## Personality and mental health

Eating Behaviours and Food-Related Emotional Regulation among Adults with Varying Levels of Depression and Anxiety  
*Justyna Modrzejewska*

Trauma Type Clusters and mental health: examining the role of gender differences  
*Martha Schneider*

Role of body mass index, perfectionism, and emotional regulation difficulties in eating disorders  
*Alessandra Pokrajac-Bulian*

Examining Health Anxiety from the Perspective of Self-Evaluation, Coherence and Social Support in Hungarian adults  
*Sándor Csibi*

Developmental trajectories of depression and predictive associations with personality traits: A six-wave longitudinal study  
*Yusuke Takahashi*

## Coping with Cancer

Meaning-making process in cancer: the role of psychological flexibility  
*Aleksandra Kroemeke*

Physical activity and well being among those living with and beyond cancer  
*Phillippa Lally*

Acceptance and Commitment Therapy processes and distress in cancer– a systematic review and meta-analysis  
*Sophie Fawson*

Profiles of mindfulness in cancer patients and associations with psychological outcomes and coping strategies  
*Jun Wang*

Self-efficacy and intention mediate the association between barriers and physical activity after a cancer diagnosis  
*Johanna Depenbusch*

Perceived Cognitive Impairment in Patients With Cancer in Croatia  
*Ivona Poljak*

## Coping and Quality of Life

Coping strategies predicting post-traumatic growth in Multiple Sclerosis patients and caregivers.  
*Irene Gil-González*

Coping strategies of Slovak university students with and without special educational needs  
*Karin Černickaja*

Psychological distress, illness perceptions, coping and quality of life in women with Premature Ovarian Insufficiency  
*Vassiliki Siafaka*

QoL model in treatment satisfaction and self-efficacy for managing chronic disease in Greek Dialysis patients  
*Eleni Korovesi*

Disparate & complex care pathway: quality of life of endometriosis patients  
*Klinkenberg Joséphine*

Biopsychosocial predictors of mortality in patients with lymphedema: a longitudinal study  
*Katharina Traußnig*

## Living with long-term conditions

Living with type 1 diabetes: A photovoice exploration of the emerging adult experience.  
*Rachael Hughson-Gill*

A Qualitative Thematic Analysis on the Experiences of Living with Lynch Syndrome  
*Nikolett Warner*



Determinants of physical activity in cancer survivors: an EMA study  
*Marie Van de Velde*

An investigation into social cognition and executive function in Multiple Sclerosis (MS).  
*Daniel Shaw*

Subjective Cognitive Complaints in End-Stage Renal Disease: A Systematic Review  
*Frederick Hui Fei Chan*

Psychophysiological mechanisms of effective adaptation to chronic disease  
*Elena Nikolaeva*

## Subjective beliefs in chronic disease

Irritable bowel syndrome in inflammatory bowel disease: distinct, intertwined, unhelpful? Views and experiences of patients.  
*Danielle Huisman*

Weight loss-related beliefs and behaviours among adults with psoriasis and obesity: a qualitative interview study  
*Neli Pavlova*

Help-seeking toward mental health professionals among patients with epilepsy  
*Kento Takahashi*

Self-care self-efficacy mediates between self-stigma and mental well-being among Hong Kong Type 2 diabetes patients  
*Nelson C. Y. Yeung*

Current Evidence in Psychodermatology on the Stigmatizing Experience of Visible Skin Diseases: A Meta-analysis Review  
*Caroline F. Z. Stuhlmann*

Combining the SIA to Health with the ICF – participation experiences of people with MS  
*Elise-Marie Dilger*

## Coping with COVID-19 stress and Fatigue

Psychological distress among cancer patients before and during the COVID-19 pandemic  
*Huldis Franksdottir Daly*

Long-term fatigue due to COVID-19: the role of goal flexibility.  
*Sarah Maes*

A discriminant content validity study of fatigue assessment items in a transdiagnostic chronic medical population.  
*Sarah Maes*

Quality of Life and Medication Adherence Among People With Diabetes During the COVID-19 Pandemic.  
*Evelyn Heckenberger-Nagy*

Fatigue as symptom of long-COVID in relation to sleep quality and daily activities  
*Christina Bode*

The psychometric properties of the Posttraumatic Growth Inventory-Short Form during the COVID-19 pandemic in Spain  
*Rocio Rodriguez-Rey*

Men living alone during the COVID-19 pandemic report lower need satisfaction and wellbeing  
*Fanny Lalot*

## Novel Interventions in the context of illness

Psychological impacts of an online genetic counselling narrative group intervention in people with hereditary ataxia  
*Maria Barbosa*

HED-Start: A positive skills intervention to improve psychological adjustment in incident haemodialysis patients  
*Phoebe Lim*

Hernia Active Living Trial: Feasibility study of an exercise intervention for people with parastomal bulging  
*William Goodman*

Identification of a process-based intervention for children with chronic diseases. A mixed-methods approach.

*Mareike Kaemmerer*

Cognitive changes in patients with post-COVID syndrome after repetitive transcranial magnetic stimulation

*Victoria Efimova*

Delivery of supported self-management in asthma reviews: an observational study nested in the IMP2ART programme

*Emma Kinley*

Optimising well-being and promoting wound healing in DFU: Psychological perspectives and patient informed intervention strategies

*Michelle Hanlon*

## Biopsychology of stress and coping

How do we regulate stress in daily life? An ambulatory heart rate variability study

*Melanie Bamert*

Cardiovascular reactivity during couple conflict: The influence of relationship quality and emotion regulation

*Katharina Salo*

Squeeze the beat: Enhancing cardiac vagal activity during resonance breathing via coherent pelvic floor recruitment.

*Josef Martin Tatschl*

The coping heart: Vagal reactivity moderates the relation between cognitive reappraisal and advantageous decision-making

*Valentin Magnon*

Inflammatory pathways of self-injurious behaviour in impulsive disorders

*Alejandro de la Torre-Luque*

Should we use the inverse movement to detect psychologically meaningful non-metabolic heart rate variability reductions

*Andreas Schwerdtfeger*

## Stress and Coping in Pandemic Times #1

Which factors have affected anxiety during COVID-19 outbreak? - a longitudinal study

*Violeta Stefania Rotarescu*

Vicarious learning in social drinkers and people with Alcohol Use Disorders

*Nahid Bakkali*

Impacts of emotional eating and stress on weight change during Covid-19 restrictions in Latvia women.

*Ieva Salina*

The impact of social inclusion and stress on dropout intentions pre and during corona pandemic

*Freda-Marie Hartung*

How have we been dealing with the COVID-19? Findings from a longitudinal study in Portugal.

*Maria José Ferreira*

Coping with the Pandemic Stress at Acute vs Prolonged Stages

*Ia Shekriladze*

## Stress and Coping in Pandemic Times #2

Well-being in Children and Adolescents with Hearing Impairment During the COVID-19 Pandemic

*Vera Gillé*

Covid-19-vulnerable students are highly psychologically distressed

*Gabriele Helga Franke*

COVID-19-related stress in students, examination of the CSSQ - a pilot study

*Melanie Jagla-Franke*

Post-Acute Sequelae of COVID-19-Checklist (PASC-C): new screening tool for long-COVID physical, psychological, and cognitive symptoms  
*Marina Maffoni*

## Special populations #1

Seasonal trends in depressive symptoms among women newly diagnosed with breast cancer  
*Snaefridur Gudmundsdottir Aspelund*

The impact of COVID-19 on health behaviours of people living with and beyond cancer  
*Phillippa Lally*

PTSD symptoms, driving stress, and anxious driving behavior at novice drivers  
*Cornelia Mairean*

Merging psychology and technology to develop an early warning system for driver stress and fatigue.  
*Rory Coyne*

Relationships between distancing strategies, perspective taking, and forgiveness in anger-inducing events  
*Megumi Oikawa*

## Special populations #2

Attachment, shame and depersonalization mediate the relationship between Childhood maltreatment and physical and psychological wellbeing  
*Jonathan Egan*

Why Overwork Induces Obesity Only in Some People: the Individualized Health Action against Stress Model  
*Yiqun Gan*

Using Cannabis to cope with Post-Traumatic Stress Disorder after Sexual Assault: Toward a Phenomenological Understanding  
*Maya Lavie-Ajayi*

The impact of interpersonal traumas in Portuguese women's psychological wellbeing  
*Eleonora C. V. Costa*

The potential of an online mindfulness-based stress reduction intervention for police officers  
*Erika Varnagirytė*

Examining the trajectories of burnout symptoms in Gaelic games players across two seasons.  
*Siobhán Woods*

## Pain: Psychosocial mechanisms and interventions

Cluster of coping with pain and their differences in personality and distress  
*Gabriele Helga Franke*

The role of perfectionism in explaining different chronic pain coping patterns  
*Marina Njegovan*

The role of attention bias malleability in predicting pain and disability.  
*Dimitri Van Ryckeghem*

Pain as a life partner: impacts on the sexuality of the endometriotic patient  
*Cassandra Guillemot*

The effect of psychosocial interventions targeting chronic pain in people with COPD: a systematic review  
*Jeanette Morris*

## Responses to Critical Stressors in a Cross-cultural Context

Cross-border differences in HIV-testing: data from a EuRegion in Belgium, Germany, and The Netherlands  
*Hanne Zimmermann*

Interaction between age and country of origin predicts subjective well-being in unaccompanied refugee minors (URM)  
*Laura Scholaske*

Psychological factors associated with conspiracy mentality during the COVID-19 pandemic  
*Irina Crumpei-Tanasă*

Is conspiracy mentality a risk factor for the psychosocial wellbeing of informal caregivers?  
*Larissa Zwar*

Vaccine Hesitancy of Parents for Their Children: Meaning Given to Health Practices in Switzerland.  
*Chloé Michoud*

## Gender and Sexualities: Inequities and Resilience

Navigating through a postfeminist social media culture: Young females' experiences of health and wellbeing (MeStories)  
*Eileen Jasmina Rabel*

Using vignettes to explore how youth use sexual scripts to make sense of sexual consent.  
*Siobhán Healy-Cullen*

Experiences of Excised Women in Switzerland in the Digital Age  
*Yasmina Lotfi*

FOREST: a qualitative study exploring health and sexuality of transmasculine individuals in France.  
*Xavier Mabire*

From parental victimization and internalized homophobia to LGBTQ+ resilience: mediating effect of outness and support  
*Mihaela Boza*

Understanding how gay men construct 'good' chemsex participation through interpretative repertoires and discursive devices  
*Chris Noone*

## Pregnancy, health behaviours and loss

Alcohol and pregnancy: A cultural perspective  
*Agnieszka Kosla*

Pregnant Smoking Women and Stigma Perpetrators  
*Deborah Loyal*

Assessing Self-stigma in Pregnant Smoking Women  
*Deborah Loyal*

Supporting parents who encounter loss in Danish daycare institutions - A staff perspective  
*Martin Lytje*

Exploring first time mothers' experiences and knowledge about modifiable risk factors for stillbirth  
*Tamara Escanuela Sanchez*

## Sustainable and healthy diet

Experts' perceptions on motivators and barriers of healthy and sustainable dietary behaviour among adolescents  
*Sanne Raghoobar*

Socioeconomic position and the impact of increasing availability of lower energy meals on energy intake  
*Tess Langfield*

How values relate to the consumption of red meat and plant-based alternatives for meat?  
*Hanna Kontinen*

One's meat another's poison? Different social norm perceptions across meat consumers  
*Sofia Wolfswinkel*

What's in a (Dish) Name? Greater use of Consumption Simulation Language for Diet-Congruent Foods  
*Tess Davis*

Socioeconomic position and the effect of portion size reduction: a 1-day dietary behaviour experimental study.  
*Katie Clarke*

## Environmental health behavior

Positive and negative spill-over effects within and between health-promoting and pro-environmental behaviours  
*Ann DeSmet*

Similarities in determinants of health and climate mitigation behaviour; repertory grid study with international experts  
*Nienke Beerlage-de Jong*

Geographic, sociodemographic and psychological factors related to active and Sustainable mobility  
*Claudia Teran Escobar*

ISCycle: Planning for an intervention to promote inclusive and sustainable ebike uptake and use  
*James Green*

17:00 - 18:00 Keynote Lecture: Zuzana Dankulincová  
How to implement what we know from health psychology into practice?

20:00 - 23:00 Conference Dinner

## Friday, 26 Aug

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### 9:30 - 11:00 Parallel Sessions

#### Understanding Health Behaviour: Distinguishing Constructs

- 9:30 Determinants of recovery behaviours in Olympic swimmers: A qualitative investigation using the Reasoned Action Approach  
*Mathilde Poignard*
- 9:45 Sedentary behavior after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence  
*Tania Bermudez*
- 10:00 The role of autonomous motivation in predicting the adherence to the Mediterranean diet  
*Luigina Canova*
- 10:15 Contrasting constructs or continuum? Examining the dimensionality of body appreciation and body dissatisfaction  
*Kimberly More*
- 10:30 Rash impulsivity and sensitivity to reward predict soft drink consumption  
*Max Kulbida*
- 10:45 Same construct, different names?: The jangle fallacy in evaluative and feasibility judgments of physical activity  
*Alexander Rothman*

#### Innovative research approaches to developing social support interventions for chronic illness and changing health behaviors

Chair: Christine Rini

- 9:30 Patients' individualized, changing written peer support needs throughout stem cell transplant: A longitudinal, mixed-methods study  
*Christine Rini*
- 9:45 Social support and hindrance for completing a behavioral pain intervention: Implications for intervention outcomes  
*Alyssa Van Denburg*
- 10:00 Intra-individual received support for leisure-time physical activity in workers: An ambulatory assessment, observational N-of-1 study  
*Lea O. Wilhelm*
- 10:15 Supporting the dyadic partner to make plans: Randomized control trial explaining physical activity in dyads  
*Aleksandra Luszczynska*
- 10:30 Discussion  
*Tracey Revenson*
- 10:45 Discussion  
*Tracey Revenson*

#### Cardiovascular and psychosocial antecedents and consequences of health

- 9:30 Systematic review of behaviour change and cardiovascular disease self-management interventions on cardiovascular stress reactivity  
*Ainslea Cross*

- 9:45 Vagal nerve activity moderates relationships between life events and cancer onset: Making things less vague  
*Laura CATON*
- 10:00 Cardiac interoception in everyday life: The novel Graz ambulatory interoception task (GRAIT)  
*Christian Rominger*
- 10:15 Predictors of resilience of university students to stressors during the Covid-19 pandemic: a longitudinal study  
*Jennifer L. Reichel*

### Food and diet

- 9:30 Descriptive versus evaluative nutrition labelling on food choices from an online supermarket  
*Eva Kemps*
- 9:45 The use of item placement techniques to nudge healthy food choices from extended online menus  
*Indah Gynell*
- 10:00 Process evaluation of a Mediterranean diet and exercise intervention among an older at-risk UK-based population  
*Stephanie T Jong*
- 10:15 DEVELOPING a complex intervention to engage adolescents in eating better and moving more: EACH-B Programme  
*Wendy Lawrence*
- 10:30 Instagram priming: nudging beverage choices from vending machines  
*Enola Kay*

### Trust and equality in blood donation across different populations: an international perspective

Chair: Elisabeth Vesnaver

- 9:30 How public trust and healthcare quality shape blood donation behavior: Comparative evidence  
*Eva-Maria Merz*
- 9:45 Exploring trust, distrust and socio-political context on donation decisions in ethnic minority communities.  
*Eamonn Ferguson*
- 10:00 FAIR: how the UK moved to a more individualised blood donation policy  
*Claire Reynolds*
- 10:15 Staff challenges to implementing new plasma donation criteria for men who have sex with men  
*Terrie Butler-Foster*
- 10:30 Co-developing theory-informed interventions promoting plasma donation by newly eligible men who have sex with men  
*Elisabeth Vesnaver*
- 10:45 Discussion  
*Ronan O'Carroll*

### Innovative approaches in informal care research: exploring new determinants, methods, and frameworks

Chair: Val Morrison

- 9:30 Intro  
*Val Morrison*
- 9:45 Personal and geographical determinants of willingness to care and caregiver outcomes  
*Eva Bei*
- 10:00 The role of perceived responsiveness in a multinational group of caregivers: a moderated mediation model  
*Giulia Ferraris*
- 10:15 The use of psychological network analysis in informal care: an empirical illustration  
*Pierre Gérard*

10:30 Using Photovoice and Interpretative Phenomenological Analysis to explore caregiving motivations  
*Mikolaj Zarzycki*

10:45 Discussion  
*Ronan O'Carroll*

### Mental health, social support and health-enhancing behaviours

9:30 Individual Differences in Spontaneous Self-Affirmation and Mental Health  
*Peter Harris*

9:45 The effect of discrimination on mental health: A meta-analysis of the causal evidence  
*Christine Emmer*

10:00 The role of self-compassion in palatable eating motives and choices  
*Fuschia Sirois*

10:15 Coping with primary dysmenorrhea: A qualitative analysis of period pain management among students who menstruate  
*Hannah Durand*

10:30 The role of social support in a couple-based weight loss intervention for improving fertility.  
*Emma Hunter*

10:45 Preventing loneliness: Exploring students' desire for social distance from autistic peers of both genders  
*Indrè Muraškaitė*

### Interventions to improve self-management and treatment adherence

9:30 A Cochrane review of interventions for improving medication adherence in solid organ transplant recipients  
*Lisa Mellon*

9:45 Developing a theory-driven, evidence-based, complex intervention to improve treatment adherence in tuberculosis: the IMPACT study  
*Annie Jones*

10:00 Effectiveness of an mHealth intervention targeting treatment adherence in breast cancer: a randomized controlled trial  
*Lyndsay Hughes*

10:15 Sustaining self-management behaviours after attending type 2 diabetes self-management support intervention: A qualitative evidence synthesis  
*Márcia Carvalho*

10:30 Exploring attitudes towards financial incentives to design a medication adherence intervention for children with asthma.  
*Jasmine Hine*

10:45 A systematic review of Emergency Department interventions to improve long-term management of asthma  
*Imogen Skene*

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

### Health psychology methods: measurement and validity

11:30 What we Measure Matters: Core Outcome Sets and Health Psychology  
*Karen Matvienko-Sikar*

12:15 Can we trust in self-reported average daily fruit and vegetable intake? Sometimes!  
*Viktoria Egele*

12:30 A systematic review of how existing ontologies characterise behaviour  
*Harriet Baird*

12:45 Improving postal survey response using behavioural science: a nested randomised control trial  
*Emily McBride*



## Preventive health behaviours

- 11:30 Experimental evidence of gender differences regarding the unintended effects of treatability information on cancer prevention  
*Yingqiu Wu*
- 11:45 SOFTPEERS: Peer-to-peer prevention program of binge-drinking in adolescents. A pilot experimental study.  
*Florence Cousson-Gélie*
- 12:00 Understanding the impact of motivational interviewing-supported behaviour change on caries prevention in high-risk children.  
*Marc Edwards*
- 12:15 Nasal sprays for respiratory tract infection prevention; intervention development using the Person-Based Approach  
*Laura Dennison*
- 12:30 The Challenges for Preventing Childhood Obesity in Vulnerable Population during the COVID-19 Pandemic in Korea  
*Jiyoung Park*

## Mind the digital divide: How to reduce social inequalities in digital health promotion?

Chair: Laura König and Max Western

- 11:30 Mind the digital divide: How to reduce social inequalities in digital health promotion?

## Novel psycho-technological solutions for alleviating caregivers' distress: The good, the bad, and the robot...

Chair: Noa Vilchinsky

- 11:30 Intro  
*Noa Vilchinsky*
- 11:45 AnhörigCoach: Role of culture in persuasive design of e-coaching application in the Swedish context  
*Shweta Premanandan*
- 12:00 Needs and issues towards an eHealth tool to support young adult caregivers: A usability study  
*Srishti Dang*
- 12:15 Internet-based interventions for alleviating caregivers' distress: from drafts to interventions  
*Michelle Semonella*
- 12:30 Robots to the rescue: Informal Caregivers Disclose Increasingly More to a Social Robot Over Time.  
*Guy Laban*
- 12:45 Discussion  
*Noa Vilchinsky*

## The process of investigating a new infections: description, prediction, and intervention to reduce COVID-19 transmission

Chair: Marie Johnston

- 11:30 Intro  
*Marie Johnston*
- 11:45 Using readily available social media data to describe transmission-reducing behavioural sentiments during the Covid pandemic  
*Wendy Maltinsky*
- 12:00 Describing the late response to COVID-19; transmission-reducing behaviours from the CHARIS representative national project  
*Mona Maier*
- 12:15 Using three theories to understand adherence to COVID transmission-reducing behaviours  
*Diane Dixon*

12:30 Time to test: Using a messaging intervention to increase self-efficacy for PCR-testing when symptomatic  
*Chantal den Daas*

12:45 Discussion  
*Gerry Molloy*

### Cultural Contexts of Health

11:30 Lower socioeconomic position and obesity: examining the roles of executive function and health motivation  
*Eric Robinson*

11:45 Awareness, understanding and HIV stigma in response to Undetectable = Untransmittable messages.  
*Rory Coyne*

12:00 Exploring professional lifestyle YouTubers' health-related videos: Healthism and postfeminism at play  
*Maria del Rio Carral*

12:15 How youth make meaning of the ways gender and sexuality are portrayed in Internet pornography.  
*Siobhan Healy-Cullen*

12:30 Experiences of Living Through The COVID-19 Pandemic in Malaysia: A Qualitative Study  
*Jeevanisha Suresh*

12:45 Does vaccination elicit risk compensation? Insights from the COVID-19 vaccination campaign in France.  
*Kathleen McColl*

### Health behavior change in diverse contexts

11:30 A case study on safe drinking water through evidence-based interventions in the Rohingya refugee camps  
*Miriam Harter*

11:45 Improving Hand Hygiene Adherence in Small Animal Hospitals: A Social Marketing Approach  
*Bettina Höchli*

12:00 Positive Psychology Intervention in promoting safe sex among Chinese men who have sex with men  
*Meiqi Xin*

12:15 The effectiveness of nudging healthy food choices across different dimensions of socio-economic status  
*Laurens van Gestel*

12:30 Effects of traffic light labelling and increased healthy range on beverage choices from vending machines  
*Ryan Calabro*

12:45 New Year New Me: Examining the multiple intentions-behaviour relationship via New Year's resolutions  
*Mathew Quigley*

### Self-regulatory approaches to chronic conditions and health behavior

11:30 A trans-diagnostic model of psychological adjustment to long-term conditions: Development and applications in clinical practice  
*Rona Moss-Morris*

11:45 Benefits from autonomy support in patient-caregiver dyads facing cancer treatment  
*Aleksandra Kroemeke*

12:00 Relationships between motivational-related factors and healthy eating: A project to prevent childhood obesity  
*Beatriz Pereira*

12:15 Rehabilitation in a Covid-19 Hospital: Beliefs and Challenges perceived by the Multidisciplinary Healthcare Teams  
*Paulina Fernandez*

12:30 Sleep priority as a predictor of sleep behavior  
*Liesemarie Albers*

12:45 Illness perception schemas and psychosocial dimensions are associated with attitudes towards vaccines: a cluster analysis  
*Renato Pisanti*

13:00 - 14:00 Lunch

14:00 - 15:30 Parallel Sessions

### eHealth feasibility studies and trials

- 14:00 Self-regulation techniques, narrative videos and a chatbot for promoting lifestyles and mental health in adolescents  
*Carmen Peuters*
- 14:15 Online social reference intervention to reduce misinformation sharing behaviour on social media.  
*Benjamin Schüz*
- 14:30 Randomised Controlled Trial of the New Fourteen-day Online Emotion focused training for compassion satisfaction  
*Júlia Halamová*
- 14:45 Does an explicit value clarification method increase a web-based smoking cessation decision aid's effectiveness?  
*Thomas Gültzow*
- 15:00 A randomised controlled trial of a just-in-time adaptive smoking cessation app (Quit Sense)  
*Felix Naughton*
- 15:15 Interdisciplinary consensus on describing behaviour change features of medication adherence technologies: a European Delphi consultation  
*Alexandra Dima*

### Which research designs to use when optimising behavioural interventions? Examples, challenges and a way forward

Chair: Angela Pfammatter

- 14:00 Building expert-consulted guidance for the selection of research designs for optimising behavioural interventions  
*Marta Marques*
- 14:15 Refining and Optimizing a behavioural intervention to Support Endocrine Therapy Adherence using a factorial trial  
*Samuel Smith*
- 14:30 Sequential Multiple Assignment Randomized Trials to Answer Questions about How to Adapt Behavioral Treatments  
*Angela Pfammatter*
- 14:45 Optimizing a Just-in-Time Adaptive Intervention using a Micro-Randomized Trial design: The Sense2Stop trial  
*Sam Battalio*
- 15:00 Identifying research questions and match them to research designs  
*Jillian Strayhorn*
- 15:15 Discussion  
*Linda Collins*

### How can we close the gender and diversity data gap in health psychology?

Chair: Gertraud (Turu) Stadler

- 14:00 How can we close the gender and diversity data gap in health psychology?

### Novel perspectives on distress, well-being and self-management in psychocardiology research

Chair: Jonathan Journiac

- 14:00 Mental health and adherence of adults under 45 years old facing a cardiac illness  
*Jonathan Journiac*

- 14:15 Depression and anxiety among patients with and without Spontaneous Coronary Artery Dissection attending cardiac rehabilitation  
*Heather Tulloch*
- 14:30 Understanding cardiac distress: A study of prevalence, severity and risk factors  
*Barbara Murphy*
- 14:45 Psychological functioning in couples after left ventricular assist device implantation  
*Tanja Zimmermann*
- 15:00 Interventions and eHealth interventions in psychocardiology: what can we do?  
*Jonathan Journiac*
- 15:15 Discussion  
*Noa Vilchinsky*

### Methods and interventions

- 14:00 Systematic review and meta-analysis of Ecological Momentary Assessment studies of five public health behaviours  
*Dominika Kwasnicka*
- 14:15 A systematic review of physical activity ontologies: Content and Quality.  
*Maya Braun*
- 14:30 Evaluating the effects of symptom monitoring on menopausal health outcomes: a randomised controlled trial  
*Robin Andrews*
- 14:45 Vaping risk perceptions: Systematic review of interventions to change them, and associations with vaping/smoking behaviours  
*Katherine East*
- 15:00 Social Antecedents of Depressive Symptoms: Early Findings of Swiss Federal Survey of Young Adults (CHX-YASS)  
*Anahita Mehrpour*

### Towards a Better Understanding of Antibiotics Expectations and Use

Chair: Miroslav Sirota

- 14:00 Respiratory Tract Infection Incidences, Health-Seeking Behaviours & Antibiotic Use Across England: A Comparison to Pre-Lockdown  
*Brieze Read*
- 14:15 Patients' views of point-of-care tests when consulting for respiratory infections in European primary care.  
*Sarah Tonkin-Crine*
- 14:30 How to reframe antimicrobial resistance: Pronounceability of health terminology predicts public's memory and risk perception  
*Eva Krockow*
- 14:45 Social feedback and intergenerational conflicts in the social dilemma of antibiotic intake  
*Robert Böhm*
- 15:00 The intuitive desire for antibiotics: Wanting what we (don't) know we should not want?  
*Miroslav Sirota*
- 15:15 Discussion  
*Lucie Byrne-Davis*

### Child Health and Wellbeing

- 14:00 Psychosocial determinants of adolescents' sleeping behavior – A longitudinal study  
*Lea Rahel Delfmann*
- 14:15 Children's anxiety, academic self-efficacy, and intergenerational transmission of worries regarding transition to middle school  
*Cornelia Mairean*
- 14:30 Stress perception of 5th graders in Germany during the CoViD-19 pandemic  
*Lena Fellbaum*

- 14:45 Health-related quality of life in children during hospitalization after burn injuries  
*Martim Santos*
- 15:00 Support for siblings of chronically ill children - First results from the project "Strong Siblings!"  
*Melanie Jagla-Franke*
- 15:15 Experiences and Post Traumatic Growth in siblings of cancer childhood survivors  
*Margarida Santos*

### Coping with Cancer

- 14:00 The relation of changes in self-efficacy to cope with breast cancer across time to well-being  
*Evangelos Karademas*
- 14:15 Coping with medication-related side effects: a daily diary study in women surviving breast cancer  
*Walter Bierbauer*
- 14:30 Acceptance and Commitment Therapy processes, distress and physical symptoms in women with breast cancer  
*Sophie Fawson*
- 14:45 Does the paradigm of being physically active resonate with cancer patients' attitudes?  
*Alexander Hausmann*
- 15:00 The looming cancer: A qualitative study on living with Chronic Lymphocytic Leukemia (CLL) without treatment  
*Dimitrios Kyrou*
- 15:15 Prehabilitation to improve physical fitness and recovery from cancer surgery: Experiences of patients and clinicians  
*Rachael Powell*

## 15:30 - 17:00 Poster Sessions

### Family Health and Wellbeing

The quality of the parent-child relationship and social functioning in deaf or hard-of-hearing children  
*Shannon Yuen*

Association between family affluence and selected health-related indicators among adolescents. Does it matter?  
*Jaroslava Kopcakova*

THE EFFECTS OF REGULAR EXERCISE ON POSITIVE AND NEGATIVE EMOTIONS IN FAMILIES WITH DISABLED CHILDREN  
*OZLEM MESTCİOGLU*

German adolescents' mental health, family cohesion and family conflict before and during the SARS-CoV2 pandemic  
*Ronja Runge*

Adolescent exposure to coronavirus disease (COVID-19): associations with mental health and family relationships  
*Anna Alexandrova-Karamanova*

Effects of an online health promotion program using indoor nature therapy for unmarried mothers  
*Kyung-Sook Bang*

### Parental Stress and Health

The Impact of Maternal Stress on Maternal-Fetal-Attachment: An Ecological Momentary Assessment Study  
*Marie Bischoff*

Determining work addiction of adult children: the effect of addicted parents and work motivation  
*Modesta Morkevičiūtė*

Parental Chronic Illness and College Students' Adjustment: A Role-Balance Perspective  
*Cliff Yung-Chi Chen*

Maternal distress and anxiety about home medical care of children with congenital heart disease  
*Ryoko Zota*

Sense of coherence, coping strategies and life satisfaction among parents of children with heart defects  
*Patrycja Stawiarska*

A prospective study of parents' experiences with prenatal genomic testing after an abnormal ultrasound (PreGen)  
*Lauren Kelada*

## Issues in Child & Adolescent Health and wellbeing

Autonomy in children with chronic diseases: a systematic literature review of the conceptualization and evaluation.  
*Zoé Mallien*

Empathy, Sympathy, and Self-Esteem: The link with Preadolescents' Attitudes towards Children with Disabilities  
*Maței Alexandra*

Resilience and depression in adolescents with adverse childhood experiences  
*Dimitrinka Jordanova Peshevska*

Impact of having a sibling with celiac disease on life dimensions: A systematic review  
*Gabriela Figueiredo*

Risk factors during development in children with intellectual disability in institutional care  
*Margaréta Hapčová*

Mental Health Problems and Psychiatric Morbidity of Transgender Adolescents  
*Petra Orehovec*

## Family health and relationships

"Have they brushed their teeth this morning?" How did COVID-19 affect children's oral health behaviours?  
*Jo Hart*

„Enjoy your meal! “But how? Considering mealtime atmosphere in a more systematic way  
*Vanessa Knobl*

Late bedtime from adolescents' perspective  
*Michaela Kostičová*

Somatic complaints, sedentary behavior and relatedness in adolescents during the second year of COVID-19 pandemic  
*Roma Jusiene*

Expectant and new parents' health-protective behaviours during pandemics: A systematic review with narrative synthesis  
*Maria Raisa Jessica (Ryc) Aquino*

Affective relationship, identity positioning and caregiving experience: An interpretative phenomenological analysis on spouse caregivers.  
*Nicolas Westrelin*

## Papers session

- 15:30 Longitudinal Assessment of Posttraumatic Growth during a pandemic: COVID-19's inheritance  
*Paula Collazo-Castiñeira*
- 15:30 Mental Health in Young Adults from Four Countries during the COVID-19 Pandemic: A Longitudinal Study  
*Dominika Ochnik*
- 15:30 Prioritizing Subjective Well-Being and Positive Functioning in times of Covid-19: Results of Regression Analysis  
*Ani Grigoryan*
- 15:30 The appreciation of body functionality affects life satisfaction through body trust: a mediated pathway  
*Lorena Desdentado*
- 15:30 The experience of loneliness, hardiness and psychological well-being of adults in a changing life situation  
*Inna Murtazina*

15:30 Predicting Situational and Global Meaning through Meaning-Making Processes following Bereavement  
*Deniz Okay*

## Subjective health and wellbeing across the lifespan

A standard set of outcome measures for adolescent and adult Marfan Syndrome patients  
*Susanne Wehrli*

Family Quality of Life in Mothers and Fathers of Children with Special Needs  
*Gulsen Filazoglu Cokluk*

Role models for successful aging.  
*Anna Kashina*

Mapping global variation in self-rated health across the lifespan  
*Maria Blöchl*

Emotion regulation, negative affect, and somatic symptoms in daily life: a dyadic intensive longitudinal study  
*Julia Roseman*

## Students' Health and Wellbeing

Mental health and well-being education in schools across Europe: The role of psychology teachers  
*Lenka Sokolová*

Seeking help from psychics due to medical or psychological issues: prevalence and predictors  
*Natalia Antonova*

Relationship between vulnerability and suicidal ideation among Japanese university students  
*Shinji Yamaguchi*

Mental health condition of first-year college students during the COVID-19 pandemic in Japan  
*Etsuyo Nishigaki*

Risk Perception, Mental Health Problems and Sleep Disturbances in University students during the COVID-19 pandemic  
*omama tariq*

## Age related cognitive and physical decline

The ASPIDA project: Physical activity, physical function, falls and quality of life in older adults  
*Archontissa Kanavaki*

Preventing accidents and injuries: older adults' experiences, worries, and preventive measures regarding home hazards.  
*Kevin McKee*

Subjective and objective cognitive decline in old adults  
*Radka Massaldjieva*

Relationship between cognitive reserve and memory in non-demented older adults  
*Kristine Sneidere*

MASCoD - Multidimensional Assessment of Subjective Cognitive Decline: a new screening for subjective cognitive decline  
*Marina Maffoni*

Frailty and rehabilitation outcome in older patients with cardiorespiratory disease: preliminary multidimensional data  
*Nicolò Granata*

## Health Psychology and Aging

Relationship of some psychosocial and biological factors with the life expectancy of older adults  
*Damir Lucanin*

Middle-aged and older adults' intentions to participate in community-based walking sports: A social-ecological mixed-methods approach  
*Hamsini Sivaramakrishnan*

Development of a COM-B based sexual health model for mid-life and older adults  
*Victoria Giacomelli*

Older People with Dementia's Adherence to a Tai Chi Exercise Intervention  
*Iram Bibi*

The effects of ageism on mental illness in the elderly during the Covid-19 pandemic  
*Anna Rosa Donizzetti*

## Healthcare Delivery and Medical Decision Making

Differences in compassion in response to acute v. chronic clinical presentations: an experimental study  
*Alina Pavlova*

Impact of uncertainty intolerance on clinical reasoning: a systematic review of the 21st century literature  
*Clémence Brun*

Systematic review of the effects of decision fatigue in healthcare professionals on medical decision making  
*Mona Maier*

Using a model of behaviour to conceptualise ethical preparedness in healthcare and health research settings  
*Lisa Ballard*

Integration of the biopsychosocial approach in primary health care in Burundi: facilitating and impeding factors  
*Bonaventure NIKOYANDOYE*

The effect of negative emotions on framing effect and overconfidence among medical students  
*Miroslava Galasová*

## Healthcare Professionals: Perspectives and Relationships

Barriers to care and presenteeism among Canadian Armed Forces healthcare providers  
*Jennifer Born*

Perspectives of healthcare professionals in Northern Cyprus on psychosocial care needs of patients receiving dialysis  
*Buse Keskindag*

Impact of COVID-19 pandemic on high-risk prostate cancer treatment in the UK.  
*Jennifer Dunsmore*

The role of dentists in weight management: A UK survey  
*Jilly Gibson-Miller*

Exploring healthcare professionals communication about children and young people with pain in paediatric rheumatology  
*Rebecca Lee*

Contributors to a trusting physician-patient relationship - a critical review using a systematic search strategy  
*Seraina Lerch*

## Mental Health, Drug Use and Addiction

Barriers and facilitators to the design and delivery of social prescribing services for mental health.  
*Matthew Cooper*

Suicidal prevention strategies to reduce attempt repetition risk: Results from a meta-analysis  
*Alejandro de la Torre-Luque*

Secondary traumatization associated to the treatment of patients with maxillofacial trauma caused by police repression  
*Gonzalo Rojas-Alcayaga*

Attitudes and Beliefs about the Therapeutic Use of Psychedelic Drugs among Portuguese Mental Health Practitioners  
*Jorge Encantado*

A Systematic Review of the Effects of Psychedelic Experiences in Naturalistic Settings  
*Laura Carvalho*



Understanding the implementation strategy for a secondary care tobacco addiction treatment pathway: A behavioural analysis  
*Angela Rodrigues*

## Implementation in Chronic Condition Self-Management

Exploring perspectives of people with type-1 diabetes on goal-setting strategies within self-management education and care.  
*Milou Fredrix*

Barriers and facilitators of healthcare professionals supporting heart failure patients to increase physical activity levels  
*Kirsten Ashley*

Identifying barriers and facilitators of heart failure patients becoming more physically active  
*Cara Jordan*

Development of a patient-centred asthma review template to improve self-management in UK primary care  
*Kirstie McClatchey*

IMPLementing IMProved Asthma self-management as RouTine (IMP2ART): a cluster randomised controlled trial protocol  
*Kirstie McClatchey*

Exploring psychological factors associated with perceived food intolerance  
*Lyndsay D. Hughes*

## Technology and Implementation

Driving new technologies in hospitals: Staff factors associated with the readiness to implement webcams  
*Jan Hoffmann*

Successfully implemented eHealth technologies to support informal care: a multiple case study  
*Sofia Bastoni*

The online simulated patient in a nurse training: qualitative analysis of a pilot project  
*Michela Bernardini*

Development of an implementation strategy for a complex eHealth intervention within routine cardiac care  
*Renee IJzerman*

Identifying determinants of adoption of new antibacterial technologies in patient care: An interview study.  
*Lieve Voncken*

Using validated measures to assess self-management, patient-centred care, and behaviour change delivery in implementation research  
*Emma Kinley*

## Implementation at Scale and Across Contexts

A systematic review of frameworks for implementation of policies promoting healthy nutrition and physical activity  
*Aleksandra Luszczynska*

Adapting a Dutch participatory action research project with children to another context in Spain  
*Laura S. Belmon*

Implementing health literacy-friendly approaches in practice  
*Laura Walton-Taylor*

Validating Patient Safety Culture instruments and a Patient-Reported Incident Measure into the Estonian context  
*Signe Asi*

DecidHealth : Psychometric validation of the IUS-12 and IUS-12-H scales on French healthcare professionals  
*Clémence Brun*

## Occupational Health among Health Care Workers during the COVID-19 Pandemic

"I didn't feel like I was a doctor": Covid-19 experiences of occupational compassion and self-care  
*Helen Egan*

Mental health, posttraumatic growth and protective factors in healthcare professionals during the COVID-19 pandemic  
*Marta Guerra Corral*

Psychological support for hospital workers at the University Medical Center Ljubljana during the COVID-19 pandemic  
*Nataša Dernovšček Hafner*

Personality and mental health among long-term care home staff during the pandemic in southern Switzerland  
*Anna Maria Annoni*

PTSD Symptoms Among ICU Personnel During the Pandemic: Role of Sleep, Experience, Anxiety and Depression  
*paula repetto*

Survey of SARS-CoV-2 vaccine hesitancy among French healthcare workers in a university hospital  
*Jean-Baptiste FASSIER*

## Occupational Health across Sectors during the COVID-19 Pandemic

Post-traumatic stress symptoms and predictors among Spanish Security Forces during the COVID-19 pandemic in Spain  
*Marta Guerra Corral*

How has the pandemic impacted the mental health of clinical psychologists?  
*David Preciado Rodríguez*

Psychological impact of the SARS-CoV-2 pandemic on teachers - Results of a German-wide survey  
*Clemens Köstner*

"Remote presenteeism" A survey of employees on presenteeism and detachment in remote working  
*Henrike Urbic*

Relationship between job design, occupational health, and absenteeism  
*Inge Brechan*

## The Breadth of Occupational Health

Inequality in context of work. A study about social inclusion of people with disabilities  
*Isabell Lülfi*

Illegitimate tasks: make you feel insecure, exhausted, and hurt!  
*Maria U. Kottwitz*

Does (in)congruence between personal and perceived organisational values predict burnout or compassion in healthcare?  
*Alina Pavlova*

Psychological Stressors and Elevated Risks for Ethical Violations Associated with Double-Life Identities within Undercover Operations  
*Casey Skvorc*

Health behaviours of partners of Fly-in Fly-out workers in Australia: a cross-sectional study  
*Bernard Asare*

Health psychological factors influencing the adoption of digital technologies in agriculture by farm managers  
*Linda Reissig*

## Developing tools and training towards better healthcare

Systematic development and user-testing of an automated text-editing tool to support plain language health communication  
*Julie Ayre*

Measuring psycho-social perspective of Value-Based HealthCare: construction and initial validation of a new measure  
*Leda Marino*

A virtual reality education and training tool to reduce weight stigma in primary practice  
*Leona Ryan*

Does professional training in behaviour change last? A follow-up in St Helena.  
*Vivien Swanson*

Development of the Health Communication Orientations Scale: a questionnaire measuring health communication style preferences  
*Eline Smit*

Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios.  
*Elżbieta Wesolowska*

## Shared decision making and patient-physician communication

Doctor-Patient Communication in cancer care in China: A qualitative study  
*Heather Buchanan*

Perceptions of Genetically Oriented Physicians Among Black and White Americans with Obesity  
*Matthew Lebowitz*

Parent involvement in end-of-life care and decision making in NICU: neonatologists' self-reported practices and attitudes  
*Ana Bogdanic*

Perceived risks, medical self-efficacy, patient-centered communication style, and SDM involvement on general public's treatment satisfaction  
*JU-CHUN CHIEN*

Congruence in treatment decision-making models among the general public: Does one size fit all?  
*JU-CHUN CHIEN*

## Perceptions of illness, treatment and risks

Understanding and addressing COVID-19 Booster vaccine hesitancy: Rates, determinants and implications for health communication  
*Konstadina Griva*

A preference for personally experienced status-quo affects vaccine-like decisions under risk  
*Miriam Kachelmann*

Understanding COVID-19 vaccine hesitancy among health and social care workers during mass vaccination in Scotland  
*nicola cogan*

Taking care of patients with cognitive complaints following cancer treatment: exploring caregivers' representations  
*Léa Baillat*

Co-development of risk communication resources for people with a genetic predisposition to cancer.  
*Kate Morton*

How do women at increased risk of breast cancer appraise their risk? A systematic review  
*Victoria Woof*

17:00 - 18:00 Keynote Lecture: Susan A. Murphy  
Data, Personalization, Digital Health!

18:00 - 19:00 Meet the Editors

## Saturday, 27 Aug

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### 9:30 - 11:00 Parallel Sessions

#### Embedding health behavior change in healthcare

- 9:30 Developing an animation using the Behaviour Change Wheel to facilitate breast screening amongst under-represented groups  
*Amish Acharya*
- 9:45 Are macro-level changes required to implement and embed CMV education into routine antenatal care?  
*Amy Montague*
- 10:00 The Choosing Health process evaluation: feasibility and acceptability of a tailored weight loss intervention  
*Iga Palacz-Poborczyk*
- 10:15 Enhancing Communication and Patient Safety in Obstetrics: Application of the Health Action Process Approach  
*Christina Derksen*
- 10:30 Health Psychology in Industry: Applying behavioural-science to develop a patient support programme for multiple sclerosis  
*Kate Hamilton-West*
- 10:45 Psychosocial predictors of Physical Activity Adherence in Cancer Survivors: A Systematic Review and Meta-Analysis  
*Jorge Encantado*

#### Physical activity interventions

- 9:30 Using the health action process approach to improve physical activity in adolescents  
*Konstantin Schenkel*
- 9:45 Do physical activity plans help to reduce sedentary behavior? A randomized controlled trial involving dyads  
*Zofia Szczuka*
- 10:00 Older adults' intervention engagement and functional status are related to physical activity and social participation  
*Robin Rinn*
- 10:15 Increasing the uptake of deposit contracts for physical activity behavior change using a smartphone intervention  
*David de Buissonjé*
- 10:30 Which 'self' makes us exercise more? An online RCT on future-best-possible, future-worst-possible and past-successful exercise-self  
*Lisa Marie Warner*
- 10:45 Effectiveness of the Let's Move It intervention on physical activity and sedentary behavior: Cluster-randomised trial  
*Nelli Hankonen*

#### Advancing habit research for health

##### Chair: Sally Di Maio

- 9:30 The impact of individual differences on habit formation following a flossing intervention  
*Gaby Judah*
- 9:45 Which factors drive the formation of a higher-order nutrition habit? An intensive longitudinal diary study  
*Sarah Labudek*

- 10:00 Transmission effects in habit formation after planning to form two new handwashing habits  
*Sally Di Maio*
- 10:15 Predictors of initiation and maintenance for a simple vs a complex health behaviour  
*L. Alison Phillips*
- 10:30 Advancing habit research for health  
*Barbara Mullan*
- 10:45 Discussion  
*Phillippa Lally*

### Broadening the focus: Examples of non-WEIRD research in health psychology

Chair: Gudrun Sproesser

- 9:30 Exploring psycho-social motives of health care seeking among Nicaraguan migrants in Costa Rica  
*Benjamin Reyes Fernandez*
- 9:45 The effectiveness of Naluri app on clinical and psychological outcomes of cardiac patients in Malaysia  
*Darlina Fadil Azim*
- 10:00 Increasing handwashing infrastructure functionality through increased psychological ownership in a refugee camp in Bangladesh  
*Nadja Contzen*
- 10:15 Perceived distributive fairness and acceptance of decentralised wastewater treatment systems in Bangalore, India  
*Josianne Kollmann*
- 10:30 Traditional and modern eating in a sample of older adults from Gujarat, Western India  
*Gudrun Sproesser*
- 10:45 Discussion  
*Jo Hart*

### Health services research applications

- 9:30 Does the health belief model predict patients' uptake of therapeutic patient education programs?  
*Sophie Lelorain*
- 9:45 Clustering the cognitive status indicators in cardiac surgery patients to assess the cognitive disorders risk  
*Irina Tarasova*
- 10:00 «Doctor, doctor, please»: Evidence for more frequent doctor visits as a reaction to social exclusion  
*Christiane M. Büttner*
- 10:15 A systematic review and meta-analysis of studies of reactivity to in-time-moment measurement of health behaviours  
*Laura König*
- 10:30 What people think about medicines and its prescription by doctors \_ a study in Portugal  
*Margarida Santos*

### Stress management interventions

- 9:30 Stress-management interventions for the irritable bowel syndrome: a systematic review and meta-analysis  
*Anna Horn*
- 9:45 Mindfulness-Based Cognitive Therapy for fatigue in patients with Inflammatory Bowel Disease: A randomized controlled trial  
*Quirine Bredero*
- 10:00 Feasibility Study of a three-week Chatbot-based Intervention for Stress Reduction and Health Improvement  
*Christine Schillings*
- 10:15 Which Cognitive Behavioural Therapy interventions show most promise for treating Diabetes-related distress: A systematic review.  
*Emma Jenkinson*

- 10:30 RCT of a cognitive behavioural intervention (TANDEM) for individuals with COPD. Cost and effectiveness results.  
*Liz Steed*

### Technological and digital solutions in the context of illness

- 9:30 Clinical efficacy of COMPASS, a digital therapeutic for treating anxiety/depression in long-term conditions: randomised-controlled trial.  
*Rona Moss-Morris*
- 9:45 Feasibility and acceptability of a digital therapeutic tailored to treat anxiety and depression in LTCs  
*Natasha Seaton*
- 10:00 Robot-assisted and Virtual Reality-based Neuromotor Rehabilitation: Evidence on Devices Experience of Use and Effectiveness  
*Francesco Zanatta*
- 10:15 Behaviour change techniques and intervention characteristics in digital cardiac rehabilitation: A systematic review  
*Eanna Kenny*
- 10:30 Home-based Cardiac Rehabilitation during COVID-19: Patient Reported Outcomes of the Heart Manual Programme  
*Hannah Ranaldi*
- 10:45 Usability, cybersickness and working mechanisms of virtual reality for chronic pain in Rheumatoid Arthritis.  
*Anna de Jong*

11:00 - 11:30 Coffee Break

11:30 - 12:30 Keynote Lecture: Urte Scholz  
Better together? The role of others in health behavior change

12:30 - 13:15 Closing Ceremony

13:15 - 14:00 Reception for EHPS 2023