



36th Annual Conference of the European Health Psychology Society



23 - 27 AUGUST 2022
BRATISLAVA, SLOVAKIA

◎ Charting New Territories in Health Psychology ◎

CONFERENCE HANDBOOK





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Welcome note

Welcome to Bratislava!

The story of the EHPS 2022 conference started in 2015, on board an airplane from Larnaca to Vienna. I approached Robbert Sanderman, then the EHPS president, and asked if it would be a good idea to host the EHPS annual conference in Bratislava.

Fast forward to the EHPS in Dubrovnik in 2019, and we are hosting a reception to announce EHPS 2020 in Bratislava. Now keep fast-forwarding, because due to the Covid-19 pandemic 2020 became 2021, and then 2022. Now we are finally here, charting new territories in health psychology in Bratislava.

Firstly, this year's conference is a sign that the world is opening after the two years of the pandemic. Many of us advised our governments or universities on how to handle this unprecedented crisis, and many of us participated in research focused on COVID-19 and related phenomena. It will be amazing to discuss the results of these endeavors.

Secondly, this conference is a boost to the field of Health Psychology in Slovakia. Last year we opened Slovakia's first PhD program in Health Psychology at the Comenius University's Faculty of Social and Economic Sciences, and we hope that this field will keep on growing in our country, despite all the challenges the world is facing these days.

Thirdly, we are looking forward to introducing our country and culture to all of you. Soaking in various cultural influences after having been part of Great Moravia, the Roman Empire, Austria-Hungary or Czechoslovakia, the story of the city, at times known as Pressburg, Pozsony, Prešporok, Istropolis, Wilson City or Bratislava, that sat right on the Iron Curtain throughout the Cold War, is by itself a display of perseverance during difficult times.

Lastly, let me thank all of those who made this event possible. The President of Slovakia Zuzana Čaputová, the Mayor of Bratislava Matúš Vallo and the President of Comenius University Marek Števec kindly provided their official support and authority that made this event possible. I would like to thank Comenius University. Our warm "ďakujeme" also goes to our sponsors - ESET Science Awards, Taylor&Francis Group, City of Bratislava, Bratislava Tourist Board, Slovak Ministry of Transport and Construction, Slovak Ministry of Economy, and SIEA - inovujme.sk. We also thank the EHPS Executive Committee headed by Vangelis Karademas, the EHPS 2022 Scientific Committee headed by Molly Byrne, the energetic team of Easy Conferences headed by Petros Stratis and Melita Rolandi-Strati, and of course the Local Organizing Team – Andrea Madarásová Gecková, Simona Šintalová, Veronika Korim, Lucia Reháčková, Katarína Greškovičová, Lenka Sokolová, Laura Gašparová Lujza Laudárová, and our team of volunteers – room managers.

And thanks to all of you - our speakers, delegates, participants.

Vitajte v Bratislave!



Assoc Prof Radomír Masaryk
Comenius University Bratislava
Bratislava, Slovakia
Chair of the EHPS 2022
Local Organising Committee



Welcome note

Dear Colleagues,

On behalf of the EHPS 2022 Scientific Committee, we are delighted to welcome you to the 36th Annual Conference of the European Health Psychology Society.

We are indeed charting new territory in health psychology – the theme of this year's conference – with our first ever hybrid conference, in Bratislava, Slovakia and online. This new territory, following the Covid-19 pandemic and two years of hosting the conference online, is both exciting and daunting.

As a society, a hybrid conference has the potential to increase our inclusivity, accessibility and international reach. In addition, reducing international air travel through promotion of hybrid events is key to ensuring sustainability in the face of a global climate emergency. The technology enabling virtual communication has advanced exponentially during the pandemic. It is incumbent on us as a society to explore ways to reduce our carbon footprint into the future, for the health of humankind and the planet.

However, we also must nourish and care for the unique EHPS community, and ensure that we do not lose the 'magic' of our society. Each year, attending the EHPS conference is an academic and social highlight for many of us. It is an opportunity to come together in person, to hear and learn from each other, to share and discuss ideas, to start new projects, to create networks, to make new friends and reconnect with old ones, to eat and even dance together. We hope that this will be possible for most of us at this year's conference.

The response to the call for abstracts for EHPS 2022 was characteristically enthusiastic and EHPS delegates are clearly keen to be back: we received over 700 abstracts. Our programme includes four keynote presentations, which reflect a range of cutting-edge topics in health psychology including digital health interventions, implementing behavioural science into policy and practice, and the social context of health-related behaviour.

In addition, the programme includes three state-of-the-art presentations, 238 oral presentations, 24 symposia, eight roundtable discussion sessions and 304 poster presentations, across 20 themed tracks. In addition, the SYNERGY expert meeting and the CREATE early career workshop have been restored as in-person events, as well as 5 additional pre-conference workshops.

During the past two years, many EHPS members have contributed significantly to the international response to the Covid-19 pandemic, a theme of one of the state-of-the-art presentations, and one which runs throughout this year's programme.

We are grateful to members of the Scientific Committee, including: Julia Allan (Scotland), Gudrun Sproesser (Germany), Claudio Nigg (Switzerland), Alexandra Dima (Spain), Stephan Dombrowski (Canada), Miroslav Sirota (England) and Rik Crutzen (Netherlands). We are indebted to the 40 track chairs, who generously gave their time and expertise in reviewing abstracts and compiling sessions. Thanks also to all of you who have kindly accepted invitations to chair sessions at the conference and help in any other way.

Our most sincere thanks to the team at Easy Conferences who, through their hard work, efficiency and professionalism, have made the job of the Scientific Committee a pleasure. Thanks also to the Local Organising Committee, for their 'can do' attitude and enthusiasm.

And finally, thank you, EHPS 2022 delegates. Your input and contributions to the conference are critical to its success. We hope you enjoy the conference and find value, stimulation and interest as we embark on a new academic year.



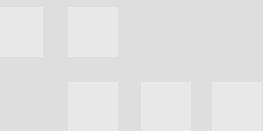
Molly Byrne

Prof Molly Byrne,
National University of Ireland,
Galway, Ireland
Chair of the EHPS 2022
Scientific Committee

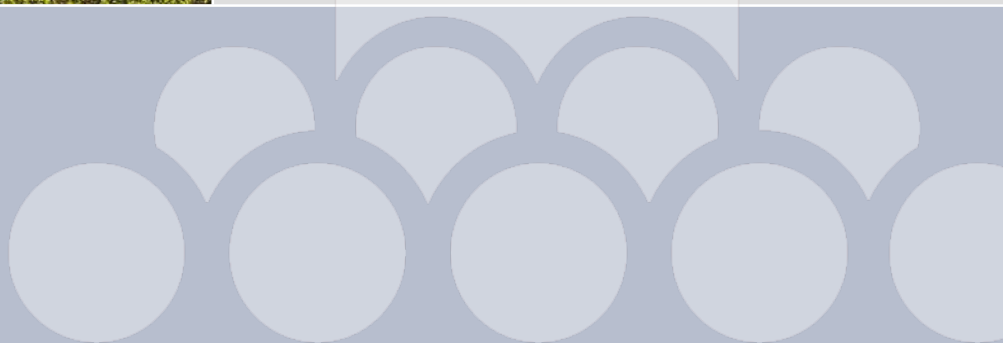
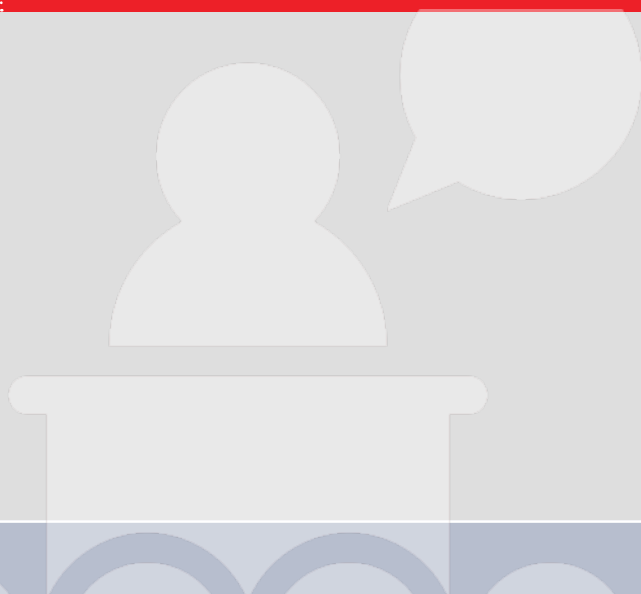


Felix Naughton

Prof Felix Naughton,
University of East Anglia, UK
Co-Chair of the EHPS 2022
Scientific Committee



○ Keynote Speakers





■ Data, Personalization, Digital Health!

Susan A. Murphy: *Professor of Statistics, Radcliffe Alumnae Professor at the Radcliffe Institute, Harvard University and Professor of Computer Science at the Harvard John A. Paulson School of Engineering and Applied Sciences, USA*

Susan Murphy's research focuses on improving sequential, individualized, decision making in health, in particular, clinical trial design and data analysis to inform the development of just-in-time adaptive interventions in digital health. Her lab works on online learning algorithms for developing personalized mobile health interventions. She developed the micro-randomized trial for use in constructing digital health interventions; this trial design is in use across a broad range of health-related areas. She is a 2013 MacArthur Fellow, a member of the National Academy of Sciences and the National Academy of Medicine, both of the US National Academies.

Overview

Digital Interventions provide support to individuals in their every-day life. Examples of these interventions include suggestions about how to be more active in their current setting, different types of reminders to perform self-care behaviors such as taking prescribed medications, motivational messages and reinforcements for positive behaviors. The interventions may be delivered via a wearable or other smart device. While digital interventions provide much promise in terms of providing support when and where-ever support is needed, these interventions can cause treatment burden resulting in disengagement. Thus it is critical to learn whether and in which settings, it is most effective to deliver the interventions. In this talk we discuss “micro-randomized trials” and how they can be used to improve digital health interventions and an artificial intelligence method, “reinforcement learning” and how it might be used to personalize digital health interventions.



■ Developing and applying behavioural science to inform government policy

Falko Sniehotta: *Professor of Health Psychology & Behavioural Medicine, Universities of Newcastle, UK and Twente, The Netherlands*

Falko Sniehotta's work focuses on behaviour of health care professionals, health service users and members of the public contributing to population health. This involves developing theory on how behaviour changes, how change is maintained and how change can be supported through interventions. The focus of the research is translational aiming to develop science to improve practice, policy and population health. This involves working closely with national, regional and local government, practitioners and member of the public to create evidence with the potential for significant impact on policy and practice.

Falko Sniehotta is past president of the European Health Psychology Society, Associate Editor of Health Psychology Review, and member of the editorial boards of Psychology & Health and the British Journal of Health Psychology.

Overview

Citizens and patients have a right that healthcare and public policy is informed by best evidence. Whilst governments across the world recognise the need for evidence-based policy making, the process of translating science into public policy remains challenging.

In health and social care, most major policy challenges require an element of behaviour change of members of the public, patients or care providers. Health Psychology and related behavioural sciences have the potential to provide the understanding and the evidence about effective measures to guide policy makers towards effective and equitable policy solutions. The experience of managing the Covid-19 pandemic has accelerated the development of behavioural policy research and at the same time demonstrated some of the pitfalls in politicians 'following the science'.

Illustrated by examples from the NIHR UK Policy Research Unit Behavioural Science and other international units, this talk will highlight best practice in developing policy relevant behavioural science and translating it into policy. Developing the interface between behavioural science and public policy has the potential to benefit population health and decrease social inequalities.



■ How to implement what we know from health psychology into practice?

Zuzana Dankulincová: Associate Professor of Social Psychology, Department of Health Psychology and Research Methodology, Medical Faculty, Pavol Jozef Safarik University in Kosice, Slovakia

Zuzana Dankulincová is an Associate Professor in Social Psychology. The aim of her work is to produce scientific evidence on health and determinants of health of vulnerable populations in Slovakia directly applicable in policy-making and intervention practice. In the last decade the focus of her work has been dedicated to the mental health of adolescents with special attention paid to the complex, mixed methods and participatory investigation of the system of care for children and adolescents. Her aim in this research is to improve the existing system of care from the viewpoint of all involved in the system of care.

Since 2011 Zuzana Dankulincová has served as a Slovak national delegate for the European Health Psychology Association and since 2016 as a Slovak national editor for the Practical Health Psychology blog.

Overview

Scientific knowledge is not always applied systematically or expeditiously to everyday practice. It is often the case that the road from awareness of evidence to widespread implementation takes a very long time to travel. Increasingly voices within scientific community have been heard trying to make sure that the scientific knowledge generated will be translated to everyday practice and used as researchers are more aware of responsibility to the participants of their research.

How can our research practices and research outcomes contribute more to health and social policy changes and what inhibits our contribution? Answers are to be found in the knowledge translation approach, that could be seen as the synthesis and ethically-sound application of knowledge within a complex system of interactions among researchers and stakeholders in order to accelerate the benefits of research through improved health, more effective services, and a strengthened health care system.

Illustrated by several examples from my own research experience, this talk will be oriented on the potential ways of going from data collection, analysis and knowledge formation to knowledge translation and implementation. What we could do as health psychologists to make sure that our knowledge will be used? What could help us, guide us when we decide to go on this path? What obstacles we might encounter? What might be lost along the way?



■ Better together? The role of others in health behavior change

Urte Scholz: *Professor of Applied Social and Health Psychology, University of Zurich, Switzerland*

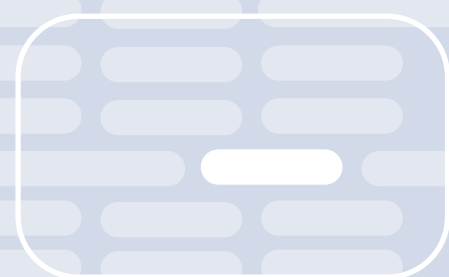
Urte Scholz is full professor in the department of psychology at the University of Zurich and head of the applied social and health psychology unit. Her main research focus is on health behaviour change. She is most interested in examining self-regulation, and social and dyadic processes as well as the combination thereof in individuals and dyads (e.g., romantic partners, best friend dyads) for behaviour change in people's everyday lives. In her research Urte Scholz follows a theory-based approach, and is doing observational and intervention studies in people's everyday lives with the help of new technologies and objective assessments of behaviour.

In recognition of her work, she was elected fellow of the European Health Psychology Society and the International Association of Applied Psychology. She served as President of the Division of Health Psychology of the International Association of Applied Psychology and is currently President of the Swiss Society of Health Psychology. She has served as Associate Editor of "Anxiety Stress and Coping", and the "British Journal of Health Psychology" and is editorial board member in leading journals of her field.

Overview

Health-related behaviors usually happen in a social context. Most of the research on health-behavior change, however, strongly focus on people's own cognitions and beliefs while neglecting the role of others. I will provide an overview of the current state of research on interpersonal processes relevant for health behavior change and then highlight in particular the areas in which further research is needed. This includes better theoretical conceptions of interpersonal influences in health-behavior change and a more systematic investigation of which interpersonal processes are helpful for whom and when for successful behavior change.

☐ Conference Information





Conference Information

Local Organising Committee

Chair: Assoc. Prof. Radomír Masaryk

Comenius University Bratislava, Slovakia

Prof. Andrea Madarászová Gecková

Comenius University Bratislava, Slovakia

& PJ Šafárik University Košice, Slovakia

Simona Šintalová

Comenius University Bratislava, Slovakia

Veronika Korim

Comenius University Bratislava, Slovakia

Dr. Lucia Reháčková

The London School of Hygiene & Tropical Medicine,

London, UK

Assoc. Prof. Lenka Sokolová

Comenius University Bratislava, Slovakia

Dr. Katarína Greškovičová

Comenius University Bratislava, Slovakia

Lujza Laudárová

Comenius University Bratislava, Slovakia

Laura Gašparová

Comenius University Bratislava, Slovakia

Scientific Committee

Chair: Professor Molly Byrne

National University of Ireland, Galway, Ireland

Co-Chair: Dr Felix Naughton

University of East Anglia, UK

Dr Julia Allan (EHPS EC liaison)

University of Aberdeen, Scotland

Dr Gudrun Sproesser (liaison EHPS 2023, Bremen)

University of Konstanz, Germany

Professor Claudio Nigg

University of Bern, Switzerland

Dr Alexandra Dima

Claude Bernard University Lyon, France

Dr Stephan Dombrowski

University of New Brunswick, Canada

Dr Miroslav Sirota

University of Essex, UK

Professor Rik Crutzen

Maastricht University/CAPHRI, The Netherlands

Venue

Conference Venue will take place at the Crown Plaza Hotel,

Hodzovo Namestie 2 816 25 Bratislava.

Registration Fee

Registration fee includes access to parallel and plenary sessions, conference material, daily coffee breaks, daily lunches (Tuesday to Saturday), welcome reception and access to the opening and closing ceremony. Conference Dinner is included in Full Registration Fees only.

Access to the conference

Wearing your conference badge is mandatory during all conference activities.

Conference Proceedings

Conference Proceedings are available for download.

Please check the conference website for more information.

Certificate of Attendance

A certificate of attendance and presentation will be available in digital form on request after the end of the conference.

Language

English is the official language of the conference.

No oral translation will be available.

WiFi

Free WiFi is available throughout the venue hotel. Connection procedure and code are available at the Registration Desk.

Pre-Conference Workshops

The pre-conference workshops will take place on Tuesday 23 of August at the Venue Hotel. See Scientific Programme for more details.

Opening Ceremony

The Opening Ceremony on **Tuesday, 23 August** will be held at the main building of the historical University of Comenius (Šafárikovo Námestie 6), building which appears on the university logo too.

The opening ceremony will take place from 18:00 - 19:30 and will be followed by a Welcome Reception, between 19:30 - 21:00. This will take place at Plaz Stare Mesto (Fajnorovo Nabrezie), a beautiful place on the river, a few steps opposite the Comenius University main building where the Opening will be.

Closing Ceremony

The closing ceremony will take place after the conclusion of the conference programme, on **Saturday, 27 August** at the "London" room, Crown Plaza Hotel, Bratislava, between 12:30 - 13:15.

Keynote Lectures

The keynote lectures will be held daily at the Crown Plaza, Bratislava. See Scientific Programme for more details.

Parallel Sessions

The parallel sessions will be held at the Venue. There will be 8 parallel sessions, 3 times a day (except Saturday).

Interactive Poster Sessions

Posters sessions will be held at the Crown Plaza Hotel, Bratislava (Rooms: Budapest, Prague and Lobby)

Authors are required to put their posters up the morning of the day on which their poster is scheduled (between 09:00-11:00). Authors must stay by their posters and give a 3-4 minutes presentation when instructed to, by the session chair. Posters must be taken down at the end of the day. Posters not taken down will be removed.

Vouchers

Participants need to present their vouchers (provided in the conference bag, at the registration desk) for all social activities (Daily Lunches, Welcome Reception and Conference Dinner).

Coffee Breaks & Lunches

All coffee breaks and lunches will be provided at the Crown Plaza Hotel, Bratislava.

Covid-19

Participants will be required to wear face masks in indoor public spaces.



Conference Information

EHPS Forum

The EHPS Forum will be held on Wednesday, 24 August between 08:30 - 09:30 at Crown Plaza Hotel, Bratislava.

EHPS National delegates meeting

The EHPS National Delegates Meeting will be held on Wednesday, 24 August 2022 between 18:00 - 19:00 Crown Plaza Hotel, Bratislava.

EHPS AGM Members meeting

The EHPS Members Meeting will be held on Thursday, 26 August between 8:15 - 9:30 at Crown Plaza Hotel, Bratislava.

Meet the Editors Forum

The Meet the Editors Forum will be held on Wednesday, 26 August between 18:00 - 19:00 at the Crown Plaza Hotel, Bratislava.

Meetings at lunch time

On Wednesday 24 August between 13:00 - 14:00, there will be BPS Meeting during lunch time (See Scientific Programme for more details). Delegates attending these meetings will be offered lunch-boxes instead of the regular lunch.

Awards & fellowships

The European Health Psychology Society has two Early Career Awards:

The **Herman Schaalma** award for an outstanding PhD thesis in health psychology is awarded annually to acknowledge a PhD dissertation in the field of health psychology of outstanding excellence in terms of originality, significance and rigour. The award aims to highlight excellence in PhD level research and to reinforce early career researchers to address key challenges in health psychology and adopt novel and rigorous theory and methodology. The award is named after Professor Herman Schaalma, in memory of an outstanding scholar and mentor in health psychology who sadly died on 25 July 2009.

The **Stan Maes Early Career Award** aims to recognise outstanding research excellence, contributions made to EHPS and/or contributions to professional practice, made by EHPS members within 5 years of their PhD. From this year on, this award has been renamed to honour the memory of late Professor Emeritus Stan Maes, the founder of EHPS, who sadly died on 15 October 2018. EHPS Honorary Fellowship: EHPS Fellowship is the highest grade of membership. EHPS Fellowship is awarded to EHPS members in recognition for their exceptional contribution to the advancement or dissemination of health psychology knowledge or practice either by research, training, publication or public service.

The Herman Schaalma Award, the Stan Maes Early Career Award, and the EHPS Honorary Fellowships will be awarded during the Opening Ceremony.

Poster Awards: All posters are eligible for nomination for the Best Poster.

Awards, provided they meet the requirements and guidelines of the EHPS. This year's Poster Awards will be announced during the closing ceremony.

Registration / support desk opening hours (Lobby area)

Tuesday, 23 August 08:00 - 13:00, 14:00 - 15:30

Wednesday, 24 August 07:45 - 13:00, 14:00 - 17:30

Thursday, 25 August 07:45 - 13:00, 14:00 - 17:30

Friday, 26 August 08:00 - 13:00, 14:00 - 17:30

Saturday, 27 August 09:00 - 12:30

Welcome reception

When: **Tuesday, 23 August 2022**, Plaz Stare Mesto (Fajnoro Nabrezie)

Time: 19:30

Conference Dinner: Thursday, 25 August 2022, will take place in the Flagship restaurant which is located a few steps down the road from the Venue hotel, on the left. This is one of the largest restaurants in Europe and it is considered one of the "must see" places in Bratislava. It includes specimens of the facades from original Bratislava building of 100 years ago. Traditional dishes are served and are accompanied by beers and wines of the restaurant's own breweries. It is said that if you have not been in Bratislava Flagship restaurant, you don't know Bratislava!

Conference Dinner is included only in Full Registration Fees. Dinner Cost: € 60.00



Conference Announcement Board

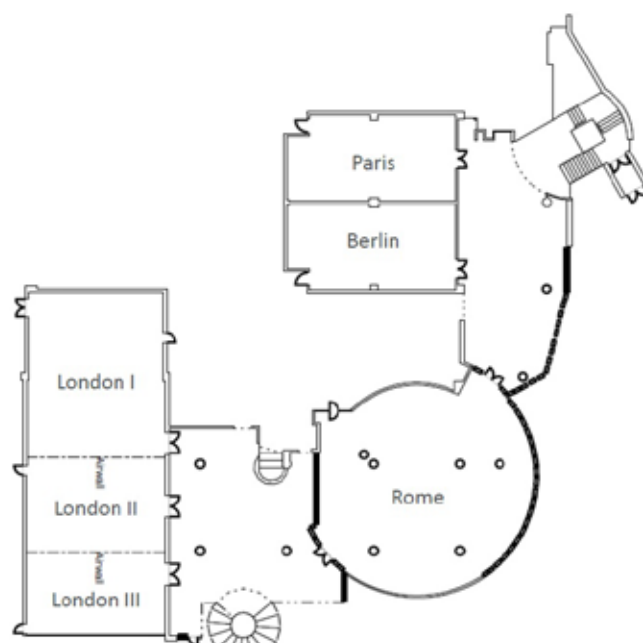


We have set up an online Conference Announcement Board, which is accessible through this QR code.

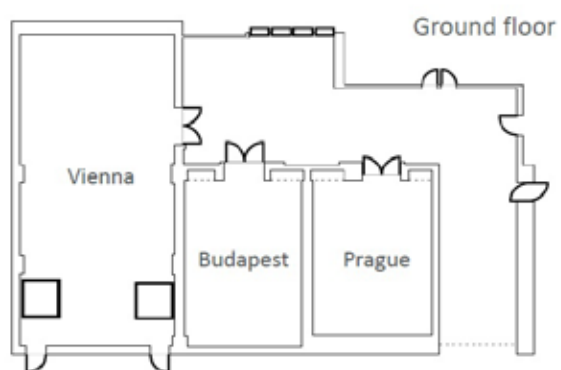
Any changes to the daily program, all general announcements to participants and any lost or found announcements will be made available on this page



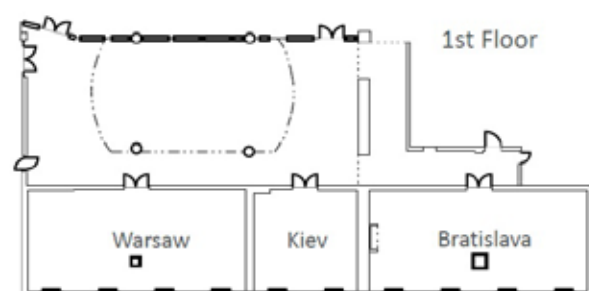
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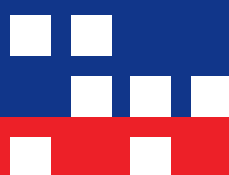
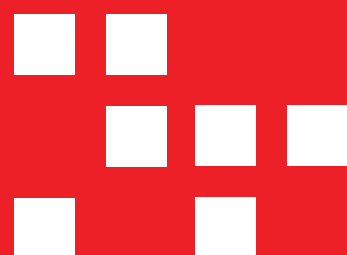


Ground Floor



First Floor





Overview Programme





	Tuesday, 23 August		
08:15 - 08:30			
08:30 - 09:00			
09:00 - 09:30	Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios	Preregistration for fun, profit, and exploration Part A	Interpretative phenomenological analysis - a skillbased introductory workshop and update
09:30 - 10:00			
10:00 - 10:30			
10:30 - 11:00			
11:00 - 11:30			
11:30 - 12:00			
12:00 - 12:30			
12:30 - 13:00			
13:00 - 13:15			
13:15 - 13:30			
13:30 - 14:00	Using the Person Based Approach to develop successful health behaviour change interventions	Preregistration for fun, profit, and exploration	
14:00 - 14:30			
14:30 - 15:00			
15:00 - 15:30			
15:30 - 16:00			
16:00 - 16:30			
16:30 - 17:00			
17:00 - 17:30			
17:30 - 18:00			
18:00 - 18:30	Opening Ceremony		
18:30 - 19:00			
19:00 - 19:30			
19:30 - 20:00	Welcome Reception		
20:00 - 20:30			
20:30 - 21:00			
21:00 - 21:30			
21:30 - 22:00			
22:00 - 22:30			
22:30 - 23:00			



Overview Programme

Wednesday, 24 August	Thursday, 25 August	Friday, 26 August	Saturday, 27 August
	EHPS AGM (Members Meeting)		
EHPS MEETING (Forum)		EHPS SIG Meetings	
Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions
Coffee Break	Coffee Break	Coffee Break	Coffee Break
Parallel Sessions	Parallel Sessions	Parallel Sessions	Keynote Lecture
Lunch BPS Meeting	Lunch	Lunch EHPS UN Committee	Closing Ceremony
			Reception for 2023
Parallel Sessions	Parallel Sessions	Parallel Sessions	
Poster Sessions	Poster Sessions	Poster Sessions	
Keynote Lecture	Keynote Lecture	Keynote Lecture	
National Delegates Meeting		Meet the Editors	
Celebrating EHPS Active Engagement	Conference Dinner		

○ Track Chairs



TRACK CHAIRS

HEALTH BEHAVIOUR AND THEORY

1 Health Behaviour Models

The application of theoretical models (e.g., social cognition models, dual process models) to the prediction of health behaviour and health behaviour change; research on health behaviours

Chairs: Paul Norman, Sascha Ketelhut

2 Health Behaviour Change Interventions

Theory-based interventions aimed at health behaviour change

Chairs: Gerry Molloy, Sarah Hotham

3 Self-Regulation in Health and Illness

Contributions related to goal or self-regulation theory, including self-determination theory, the common sense model and illness perceptions

Chairs: L. Alison Phillips, Maria João Figueiras

4 Individual Differences and Health

Individual difference variables in relation to health and illness

Chairs: Aleksandra Luszczynska, Christel Salewski

HEALTH PSYCHOLOGY AND ILLNESS/BIOLOGICAL PSYCHOLOGY

5 Coping with Chronic Disease

Coping with chronic disease and its consequences (except interventions, see “Interventions in Chronic Disease” track

Chairs: Walter Bierbauer, Gozde Ozakinci

6 Interventions in Chronic Disease

Interventions delivered to people diagnosed with chronic disease or high risk groups (e.g., hypertension, obesity), focused on quality of life and/or health behavior.

Chairs: Noa Vilchinsky, Alicia Hughes

7 Stress, Physiology & Health

The influence of psychosocial demands and resources on biological systems (including psychoneuroimmunology, endocrinology, cardio-vascular psychophysiology and neurophysiology), emotional distress, coping and health outcomes (except coping with chronic illness, see “Coping with Chronic Disease” track).

Chairs: Andreas Schwerdtfeger, Thomas Kubiak

8 Coping with Pain and Psychosomatic Issues

Health and illness related issues associated with pain or psychosomatic issues (except interventions, see “Interventions in Chronic Disease” track).

Chairs: Stefaan Van Damme, Annick De Paepe

HEALTH PSYCHOLOGY ACROSS THE LIFESPAN/FAMILY

9 Health, Families, and Children

Issues in health and illness associated with development of children and adolescents and with family relations

Chairs: Anthony Cassidy, Vivien Swanson

10 Well-being and Quality of Life Across the Lifespan

Health, illness and positive aspects such as positive emotions, life satisfaction, and functioning

Chairs: Lena Fleig, Emily Arden-Close

11 Health Psychology and Ageing

Issues in health and illness with a focus on older age and/or ageing (e.g., disability), including research on healthy ageing

Chairs: Diane Dixon, Jenny Groarke

12 Social Support, Caregiving, and Health

The influence of social support and caregiving on health outcomes (of recipients and/or providers).

Chairs: Efrat Neter, Andrea B. Horn

TRACK CHAIRS

HEALTH PSYCHOLOGY AND HEALTH SYSTEMS

13 Public Health and Health Promotion

Public health interventions delivered to a group or population, including environmental interventions and interventions at the worksite (for work and health, see “Occupational Health” track)

Chairs: Ann DeSmet, Olivier Luminet

14 Implementation & Health Services Research

Theory, methods, and evidence to promote the uptake of research findings into routine clinical work with patients and family members, and in organisational or policy contexts. Quality of health care, medical performance and medical mistakes in clinical practice.

Chairs: Jenny Mc Sharry, Gill ten Hoor

15 eHealth and mHealth

The use of information technology, social media, or mobile and wireless devices in health psychology research and interventions

Chairs: Laura König, Katie Newby

16 Occupational Health

Research on the influence of work and organisational factors and environments on health and disease

Chairs: Bram Fleuren, Anthony Montgomery

HEALTH PSYCHOLOGY IN CONTEXT

17 Health Care Communication, including Risk Perception

Communication with health professionals (e.g., doctor-patient), including perception and communication of health risk (e.g., genetic risk and procession of health-risk information).

Chairs: Alistair Thorpe, Sarah Peters

18 Culture, Social change and health

Cultural or socioeconomic aspects of health and illness, and health effects of social change; critical health psychology.

Chairs: Irina Todorova, Rizwana Roomaney

19 Health inequalities, climate change and sustainability

Psychosocial and health impact of climate change including exacerbating inequalities; behavior change for preserving the environment, mitigating negative consequences of climate change and ensuring sustainable development.

Chairs: Jennifer Inauen, Jo Hart

METHODOLOGY

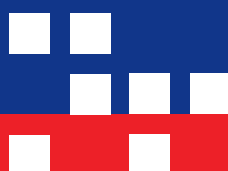
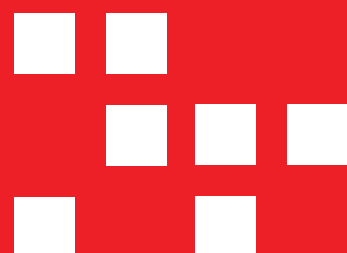
20 Methodology

Methodological issues in health psychology – techniques, analyses, and critiques, including research on recruitment, informed consent and retention.

Chairs: Gjalte-Jorn Peters, Marijn de Bruin

WORKSHOPS

Chairs: Green, James
Kotzur, Marie
Durand, Hannah
Van Dongen, Anne
Moylett, Sinéad



AWARD WINNERS

- **EHPS FELLOWSHIP AWARD WINNERS 2022**
- **STAN MAES EARLY CAREER AWARD 2022**
- **HERMAN SCHAALMA AWARD 2022**



Angel Marie Chater



Angel Marie Chater is the Co-Director of UCL's Centre for Behaviour Change and the Director of the Institute for Sport and Physical Activity Research at the University of Bedfordshire. Angel's research and practice centres around the interplay between health psychology and the public health system. She co-founded the Health Psychology in Public Health Network (HPPHN), which during her term as Chair, became the Behavioural Science and Public Health Network (BSPHN), hosting a national strategy that promotes the role of health psychology in improving population health and wellbeing.

She is the Past Chair of the British Psychological Society's (BPS) Division of Health Psychology (serving as Chair 2019-2021), leads the BPS COVID-19 Behavioural Science and Disease Prevention Taskforce and was the UK National Delegate for the European Health Psychology Society (EHPS) from 2011-2018. In these roles she has co-produced policy briefings, and championed funded training and career pathways in applied health psychology, co-producing recruitment materials that have been shared with European colleagues to advocate for roles in their respective countries. Her career has spanned over 20 years in health psychology, with a focus on optimising health and wellbeing through behaviour change and 'moving medicine'. Angel has authored over 170 peer-reviewed publications and reports, and has been awarded over £5million in research income, extending pragmatic science in physical activity interventions, weight management, and the application of the Behaviour Change Wheel in real-world practice.

<https://bit.ly/2uBQ0CA>



Sabrina Cipolletta



Sabrina Cipolletta is an associate professor in the Department of General Psychology at the University of Padua (Italy) and a clinical psychologist with a specialization in psychotherapy. She is the director of PsyMed, a research laboratory of health psychology, and of a clinical service for international students within the Center of clinical services of the University of Padua. She is the chair of the international bachelor degree in Psychological Science, a member of the PhD program in Brain, Mind and Computer Science and of the specialization school of Health Psychology. Her research interests are in the field of health psychology with a focus on caregivers, chronic illnesses, end of life, healthcare system, and eHealth.

Sabrina Cipolletta has a long experience in leading and participating in national and international projects, the most recent ones dealing with COVID-19 pandemic experiences. Her qualitative and mixed-method studies contributed to differentiate among people's experience of illness and COVID-19 pandemic, which may be useful to design personalized intervention strategies.

She has published about 90 scientific articles, 6 books and 17 book chapters. She is a member of the editorial board of several scientific journals such as the Journal of Health Psychology. She contributed to several national and international scientific congresses as speaker and organizer and since 2018 she has been a member of the Executive Committee of the European Health Psychology Society (EHPS).

<http://dpg.unipd.it/en/psymed>



Frank Doyle



Frank Doyle is a Senior Lecturer in Psychology in RCSI University of Medicine and Health Sciences, based in Dublin, Ireland. He coordinates and teaches behavioural sciences and statistics to health professionals at both undergraduate and postgraduate levels. His wide-ranging research interests include depression, psychometrics, health behaviours and complex interventions and he has published over 100 peer-reviewed articles in these areas. Dr Doyle has led the development of three new research methods and his work has impacted practice and policy.

Specifically, he has led collaborations to develop a novel metric for the assessment of medication adherence (patent pending), establish a 'hybrid' systematic review approach to enable faster systematic reviews for network meta-analyses and framework reviews, and develop a technique to assess sample size requirements for various parameters of Mokken scaling. His research has been supported by national and European funders.

Dr Doyle has contributed to policy by being an invited expert in numerous external bodies, including a National Stop Smoking Clinical Guideline group, the All-Island Institute of Hospice and Palliative Care (AIHPC), the World Health Organisation, and Writing Committees for the European Association of Preventive Cardiology. He was Chair of the Division of Health Psychology of the Psychological Society of Ireland from 2013-2015, and 2017-2018, and is also a Fellow of the Psychological Society of Ireland since 2019. His Editorial roles have included being the Associate Editor (2012-2016) and then Joint Editor-in-Chief of Health Psychology and Behavioural Medicine: An Open Access Journal (2016-2022); Associate Editor of the Journal of Behavioral and Cognitive Therapy (2019-now); a Consulting Editor for Health Psychology (2017-now); and an Editorial Board Member of the International Journal of Environmental Research and Public Health (2016-2021).

[My RCSI profile/summary CV](#)



Andrea Patey



Andrea Patey is a Senior Research Associate within the Centre for Implementation Research and the Psychology and Health Research Group at the Ottawa Hospital Research Institute, Ottawa, Canada. She completed her PhD in Health Psychology at City, University of London, UK. Her research interests include the intersection of health psychology and implementation research, specifically the application of psychological theory and methods to explain and change health professional behaviours across a range of clinical settings. Andrea's particular interest in behaviour change focuses around whether implementation (starting an evidence-based clinical practice behaviour) and de-implementation (stopping an ineffective or harmful clinical behaviour) differ, and correspondingly, whether interventions to target each should also differ.

In her current role as behavioural science lead, she oversees a Canadian Institutes of Health Research-funded, multi-provincial study developing and testing at scale (cluster-randomized trials) interventions to de-implement two low value practices (image ordering to manage low back pain and routine preoperative test ordering for low surgical procedures), wherein health psychological theory is embedded throughout. She is also a co-Principal Investigator on a Canadian Immunization Research Network-funded project to decrease vaccine hesitancy in pregnant people. Her work has been published in leading implementation research and clinical journals. Andrea has become an international expert in use of the Theoretical Domains Framework (TDF), having published one of the first TDF studies that is cited as a key exemplar of a theory and methodological-robust TDF study, she co-authored the germinal guide to using TDF and provides TDF training workshops to research groups both nationally and internationally.

Andrea is also an Adjunct Professor at the School of Epidemiology and Public Health, University of Ottawa, Canada and the School of Rehabilitation Sciences, Queen's University, Canada, where she teaches a graduate level course in the application of behavioural science theories and methods to support health care practitioner behaviour change. She is a keen attendee at EHPS conferences and an active advocate of advancing the application of behavioural theories to improve evidence-based practice, embedded as a health psychologist in international interdisciplinary teams.



Emma Norris



Emma Norris is a Lecturer at Brunel University London in the Department of Health Sciences, where she Co-chairs the Health Behaviour Change Research Group. She received her PhD in 2017 at University College London, assessing physically active lessons as behaviour change interventions for primary-school children. She undertook a three-year postdoctoral role on the Human Behaviour-Change Project working with Prof. Susan Michie. Her research focuses on improving evidence synthesis of behaviour change interventions using ontologies and machine learning, as well as the development and assessment of physical activity, smoking and digital interventions. She also has a growing research interest in using behaviour change approaches to increase Open Science in researchers.

Emma's work has been published in several key journals across the behavioural sciences and physical activity, such as *Nature Human Behaviour* and *British Journal of Sports Medicine*. She is also Course Director of Brunel's MSc Public Health and Behaviour Change and Chairs Brunel's Open Research Working Group.

Emma has been Co-Chair of EHPS' Open Science Special Interest Group since January 2020, developing initiatives to promote awareness and provide support for Open Science across members.

STAN MAES EARLY CAREER AWARD 2022



Laura M König



Laura M König is Junior Professor of Public Health Nutrition at the University of Bayreuth, Germany. She completed her PhD in Psychology under the supervision of Professor Britta Renner at the University of Konstanz in 2018. Prior to taking up her current position, she held a Research Fellowship from the German Research Foundation (DFG) to study reactivity to digital measurement of health behaviour at the University of Cambridge, UK. Her work has been published in leading journals such as *Health Psychology Review*.

Laura's research focuses on promoting health and well-being on a population level, e.g., using digital and choice architecture interventions.

Her work is highly interdisciplinary: she routinely integrates perspectives from Health Psychology with concepts from a range of disciplines including Nutritional and Computer Science. Furthermore, she collaborates with law scholars and biologists to investigate legal regulations of innovations in the food sector to promote health, safety and sustainability.

Laura is an active member of the international health psychology community. She served as secretary (2015-2017) and chair (2017-2019) of CREATE and was representative of early career researchers in the Health Psychology subdivision of the German Psychological Society (DGPs). Currently, she serves as co-chair of the EHPS special interest group "Digital Health & Computer-tailoring", National Delegate for Germany, and Associate Editor for the *European Health Psychologist Magazine*. She also is co-chair of the Health Psychology subdivision of the DGPs and Associate Editor for *PLOS Digital Health*. Finally, she makes findings of psychological research accessible to lay audiences. She regularly writes for the German In-Mind blog, serves as Associate Editor for the German In-Mind Magazine, and delivers science communication workshops.

HERMAN SCHAALMA AWARD 2022

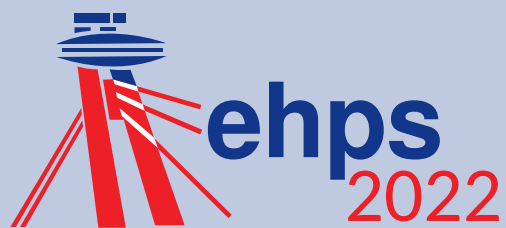


Marita Hennessy



Marita Hennessy is a Postdoctoral Researcher in the Pregnancy Loss Research Group, INFANT Centre at University College Cork and an Adjunct Lecturer with the MSc Public Health Programme at the School of Medicine, University of Limerick. She completed her PhD in the School of Psychology at NUI Galway in 2020, under the supervision of Dr Caroline Heary and Professor Molly Byrne (Health Behaviour Change Research Group), through the Health Research Board SPHeRE (Structured Population and Health-services Research Education) Programme.

For her doctoral studies, she examined behavioural interventions delivered by health professionals during the first 1,000 days to promote 'healthy' growth and associated behaviours, with particular emphasis on how such interventions can be optimised and integrated into routine care. During this time, she was also a member of the: Health Service Executive's Healthy Weight for Children Working Group, Association for the Study of Obesity on the island of Ireland Committee, Irish Heart Foundation Nutrition Council, and QUESTS (Qualitative Research In Trials) Centre at NUI Galway. She has served as Track Co-Chair (Health, Families and Children) for EHPS Conferences 2019-2021 and peer reviewer for *Psychology & Health*. Marita's research interests include maternal and child health, men's health, the commercial determinants of health, health behaviour change, and dissemination and implementation science. She is a passionate public health and social justice advocate.



SCIENTIFIC CONFERENCE PROGRAMME

Tuesday, 23 Aug 2022

9:00 - 16:00 Full-day Workshop

09:00 Interpretative phenomenological analysis - a skill - based introductory workshop and update - Room: Kiev
Paul Flowers

09:00 - 12:00 Morning Workshops

09:00 Challenges of teaching health psychology at Medical Universities Interactive approach with scenarios - Room: Warsaw
Elżbieta Wesołowska

09:00 Preregistration for fun, profit, and exploration – part A - Room: Bratislava
Chris Noone, Gjalt-Jorn Peters

13:00 - 16:00 Afternoon Workshops

13:00 Using the Person-Based Approach to develop successful health behaviour change interventions - Room: Warsaw
Katherine Bradbury, Kate Morton, Laura Dennison

13:00 Preregr for fun, profit, and adventure - Room: Bratislava
Gjalt-Jorn Peters, Chris Noone

18:00 - 19:30 Opening Ceremony - University of Comenius (Šafárikovo Námestie 6)

19:30 - 21:30 Welcome Reception - Plaz Stare Mesto (Fajnorovo Nabrezie)

Wednesday, 24 Aug 2022

8:30 - 9:30 EHPS Meeting (Forum) - Room London

9:30 - 11:00 Parallel Sessions

Oral Session	Oral Session	Roundtable	Symposium
Predicting COVID-19 Protective Behaviours	Adolescent health	Potential of new social approaches to study and influence health behaviors	Women's health in a cultural context: Identifying risks and opportunities for change
Chair: Paul Norman	Chair: Angela Rodrigues	Chair: Jutta Mata and Dolores Albarracin	Chair: Efrat Neter
Room London	Rome	Paris	Berlin
9:30 Predicting health behaviors during the COVID-19 pandemic: A longitudinal study from April to July 2021 Olivier Luminet	A participatory developed school-based intervention promoting healthy sleep in adolescents – a process evaluation Janneke de Boer	Potential of new social approaches to study and influence health behaviors Jutta Mata, Dolores Albarracin, Urte Scholz, Rebecca Band, Annie (Haesung) Jung	Pregnant women's pandemic-related stress, fear of childbirth, and postpartum post-traumatic stress symptoms Yael Benyamini
9:45 Protection Motivation Theory as a framework for understanding adherence to preventive behaviours during COVID-19 Gabriel Nudelman	How various forms of editing may affect adolescents' perception of health message credibility Katarina Greskovicova		The role of maternal depression symptoms and maternal-foetal attachment in predicting exclusive breastfeeding Adriana Baban
10:00 Applying an integrated social cognition model to explain Covid-19 protection behaviours Paul Norman	Understanding adolescent sleep health from a systems science perspective using a causal loop diagram Danique Heemskerck		Decision Coaching- Navigation Intervention for Cancer Genetic Risk Assessment: Large Effect Size but Room to Grow Anita Y. Kinney
10:15 Does autonomous motivation matter in COVID-19 prevention? Predicting personal protective behavior with motivation quality Meri Pietilä	Short videos to interrupt university students' sedentary behavior during online-lectures – a pilot study Sebastian Heller		Stresses of COVID-19 and future expectations among women: A cross-cultural analysis using the femininity-masculinity dimension Efrat Neter
10:30 Identifying Key Belief-Based Targets for Promoting Uptake of COVID-19 Vaccinations in Australia Jacob Keech	(Online) Identifying barriers and facilitators to physical activity in female adolescents in Germany: A photo-voice study Heide Busse		Participatory Action Research: Addressing Inequalities in Cervical Cancer Screening in Bulgaria Irina Todorova
10:45 Habit formation of physical distancing and hand washing during the COVID-19 pandemic in the Netherlands Marieke Adriaanse	Harnessing adolescents' values for food choices: Co-creating food determinants maps Sara Correia Simão		Discussion Karen Morgan

11:00 - 11:30

Coffee Break

9:30 - 11:00 Parallel Sessions - Wednesday, 24 2022

Symposium	Oral Session	Oral Session	Symposium
Impact of smartphone use on health-related outcomes: Do we need to worry about it? Chair: Jan Keller	Health behaviour in older adulthood Chair: Jenny Groarke	Stress, affect and well-being Chair: Ainslea Cross	Advancing habit research for health Chair: Sally Di Maio
Vienna	Warsaw	Bratislava	Kiev
Activity promotion vs increase in screen time in children – balancing intended and non-intended effects Jenny Frense	The acceptability of homebased exercise- and Tai-chi snacking in UK and Taiwanese older adults Ian Ju Liang	Different Associations of Post-Traumatic Growth and Well-Being among the Dutch General Population during COVID-19 Pandemic Denise Blom	The impact of individual differences on habit formation following a flossing intervention Gaby Judah
Constantly connected, constantly ignored. Systematic review and meta-analysis examining the associations between phubbing and well-being Tania Nunez	Older adults' barriers and facilitators when formulating implementation intentions for physical activity- A qualitative study Valérie Bösch	(Online) How does expecting positive events relate to event-related enjoyment, appraisals, and daily affect? Patrick Klaiber	Which factors drive the formation of a higher-order nutrition habit? An intensive longitudinal diary study Sarah Labudek
Digital Detox as Response to Information Overload? The Role of Smartphone Literacy and Nomophobia Desiree Schmuck	A qualitative study exploring music as a behaviour for managing older adult wellbeing during COVID19 Jenny Groarke	Do loneliness and depression mutually influence each other over time? Hannes Mayerl	Transmission effects in habit formation after planning to form two new handwashing habits Sally Di Maio
Take a break?! Effectiveness of digital detox on health-related outcomes – A systematic literature review Theda Radtke	A cognitively enriched walking program for older adults to boost cognitive functioning: a pilot study Pauline Hotterbeex	Substance use among middle school students: How does it relate to psychological and social well-being? Réka Dudok	Predictors of initiation and maintenance for a simple vs a complex health behaviour L. Alison Phillips
A mobile intervention for self-efficacious and goal-directed smartphone use: Randomized controlled trial Jan Keller	(Online) “With a little help I manage”: helpful support for residents with chronic-pain in long-term care Marta Matos		Advancing habit research for health Barbara Mullan
Discussion Felix Naughton	Integration of illness into caregivers' identity: Associations with burden, wellbeing, and attachment Karin Mashevich		Discussion Phillippa Lally

Coffee Break

11:30 - 13:00 Parallel Sessions - Wednesday, 24 Aug 2022

SOTA + Oral	Symposium	Roundtable	Oral Session
Session	Conducting behavior change intervention studies for infection prevention during an ongoing pandemic: Why and how	Exploring healthcare practitioners' perspective: How to best apply health psychology evidence in practice?	Tobacco use interventions
Chair: James Green	Chair: Jennifer Inauen	Chair: Dominika Kwasnicka	Chair: Robert West
Room London	Rome	Paris	Berlin
11:30 Health Psychology and climate change: Time to address humanity's most existential crisis Esther K. Papies	An accessibility nudge, but not risk-related information increases COVID vaccination-related behaviors in the unvaccinated Helge Giese	Exploring healthcare practitioners' perspective: How to best apply health psychology evidence in practice? Dominika Kwasnicka, Sebastian Potthoff, Keegan Knittle	The Effect of Self-Affirmation on Responses to Cigarette Warning Labels Among Daily Smokers in Turkey Meryem Kaynak Malatyali
11:45	A just-in-time but still planned intervention to promote COVID-19-vaccination in university students: Lessons learned Tugce Varol		Co-use of tobacco and cannabis: exploring the support provided by stop smoking practitioners Dayyanah Sumodhee
12:00	Multiphase optimization strategy to promote hand hygiene during a pandemic: Optimization of the Soapp app Jennifer Inauen		(Online) VR exposure to anti-tobacco posters: impact on memorization of messages, smoking attitudes and craving? Solenne Bonnetterre
12:15 (Online) Deliberate Ignorance- A Barrier for Information Interventions Targeting Reduced Meat Consumption? Philipp Kadel	Pandemic trajectory and hand hygiene interventions: results from the secondary analysis of the Soapp trial Dario Baretta		(Online) Systematic review and meta-analysis of volitional help sheet interventions for health behaviour change Ross Stewart
12:30 How experts perceive healthy and sustainable dietary behaviour: A qualitative study among an interdisciplinary panel Anouk Mesch	Daily diary-assessed hand washing during a 100-days hand washing challenge: Insights from the ERNA intervention Noemi Lorbeer		
12:45	Discussion Susan Michie		

13:00-14:00

Lunch

13:00-14:00

BPS DHP Meeting - Room London

Symposium	Symposium	Symposium	Oral Session
Making brief interventions work: multi-stakeholder perspectives on implementation and effective components of health behaviour conversations Chair: Oonagh Meade and Chris Keyworth	Consumption of sugar-sweetened beverages and water: Discussing health implications of drink choice and potential interventions Chair: Amy Rodger	Utility and applications of Bayesian methods in health psychology: theory building and evidence evolution Chair: Rens Van De Schoot	Sleep and self-enhancing behaviours Chair: Laura S. Belmon
Vienna	Warsaw	Bratislava	Kiev
Iterative development of a training program in Motivational Communication Anda I. Dragomir	From the fundamentals to the importance of hydration for health in the general population Tiphaine Vanhaecke	(Online) Bayes factors in health psychology to interpret statistically non-significant findings: is the p-value enough? Emma Beard	Individual differences in sense-of-purpose moderates link between sleep and next-day anticipation of positive events Jin Wen
(Online) Promoting healthy behaviours in adults in primary care: a systematic review and meta-analysis Sophie Sun	(Online) Cravings for non-alcoholic drinks including sugar-sweetened beverages Joshua McGreen	(Online) Expert Elicitation, Prior-Data Conflicts, Bayes Factors for Replication Effects, and the Bayes Truth Serum Rens Van De Schoot	Effects of Childhood Trauma on Sleep Quality and Stress-related Variables in Adulthood: Two Multilevel Studies Daryl O'Connor
Experiences of embedding brief interventions in an integrated care system Jo Hart	Increasing motivation for bottled water through advertisements Maria Almudena Claassen	(Online) Discussion Sarah Depaoli	Does social media use impact sleep quality? Moving beyond self-report methodology Thomas McAlpine
Barriers and enablers to implementing Making Every Contact Count brief behavioural interventions – a survey study Oonagh Meade	(Online) Reducing sugar-sweetened beverage consumption in children: a cluster randomized control trial in schools (Belgium) Katia Castetbon	Application of Bayesian approach in mixed methods reviews in health psychology Aliya Amirova	Promoting children's sleep health: Intervention Mapping meets Health in all Policies Laura S. Belmon
Patient perspectives and experiences of brief behavioural interventions Chris Keyworth	Can a simple plan change a complex behaviour? Implementation intentions and water drinking Amy Rodger	(Online) Reporting standards for studies applying Bayesian statistics: WAMBS checklist Sarah Depaoli	(Online) Does general and academic procrastination influence bedtime procrastination? The role of routines-related variables André Oliveira
Discussion Molly Byrne	Discussion Eva Kemps	(Online) Discussion Sarah Depaoli	The effect of a body scan intervention on interoceptive processes and the HEP Sandra Antonie Mai-Lippold

Lunch

14:00 - 15:30 Parallel Sessions - Wednesday, 24 Aug 2022

Oral Session	Roundtable	Oral Session	Symposium
Implementation in Mental Health and Social Exclusion	Mechanisms of action of behaviour change interventions: Challenges in definitions and measurement	Physical activity, sedentary behaviour and alcohol	Considerations for Development and Evaluation of Digital Health Projects
Chair: Emily Oliver	Chair: Marie Johnston	Chair: Richard Steel	Chair: Ann DeSmet
Room London	Rome	Paris	Berlin
14:00 Treating distress in long-term conditions: Outcomes for an Improving Access to Psychological Therapy service Natasha Seaton	(Online) Mechanisms of action of behaviour change interventions: Challenges in definitions and measurement Talea Cornelius, Susan Michie, Diane Dixon, Marie Johnston	The Longitudinal Associations Between Wearable Technology, Physical Activity and Self-Determined Motivation Richard Steel	The importance of contextual factors in smoking relapse: Ecological momentary assessment Mathis Elling
14:15 Co-location in community spaces increases access to public mental health services by neutralising psychological barriers Fiona Duncan		New-onset alcohol use disorder after bariatric surgery : an interpretative phenomenological analysis Esin Er	Acceptability and usability of low-cost activity trackers among adults of lower socio-economic status Ann DeSmet
14:30 Autonomy in co-located mental health services: impacts on staff and service users Emily Oliver		Identifying conducive contexts and mechanisms of sedentary behavior interventions in older adults: a realist review Laura Van de Velde	Determinants of patients' (decision to use) online access to general practice medical records Rosa Thielmann
14:45 Barriers of the care system for adolescents with emotional and behavioural problems: care providers' perspectives Lucia Bosakova		(Online) Within-person predictors of moderate-to-vigorous physical activity: Systematic review of Ecological Momentary Assessment studies Verena Schneider	Making sense of the impact of sexual health website Sense.info: results from a think-aloud study Gido Metz
15:00 Mutual communication and relationship between health care providers and socially excluded Roma Daniela Filakovska Bobakova		The relation between physical activity and executive functions in childhood: an inter- and intraindividual approach Anne Eppinger Ruiz de Zarate	(Online) Wrapped digital fRCT: Working with young people to develop a recruitment and retention strategy Katie Newby
15:15		(Online) Appearance-schema, trait physical anxiety and contextual online exposure increase body dissatisfaction and body anxiety Mihaela Boza	Discussion Rosa Thielmann

15:30 -17:00

Poster Sessions

Symposium	Oral Session	Oral Session	
Research on cancer screening participation: from a specific approach to an integrated model Chair: Ronan O'Carroll	Health psychology methods: systems approaches, machine-learning, attrition, and intervention fidelity Chair: Thomas Gültzow	Family Health and Wellbeing Chair: Evangelos Karademas	
Vienna	Warsaw	Kiev	
Exploring reasons for non-participation in colorectal cancer screening: a systematic review of qualitative studies Alice Le Bonniec	Applying systems methodologies in designing health interventions in complex systems Maartje van Stralen	Resilience in Military Families Alla Skomorovsky	
(Online) A decision aid on mammography screening: Do knowledge and attitude mediate the effect on intention? Maren Reder	Applying machine-learning to rapidly analyse large qualitative text datasets: Comparing human and machine-assisted analysis techniques Ben Ainsworth	A discursive examination of how pregnant women navigate and manage their position on physical activity Rebecca Livingston	
(Online) Exploring the implementation of text message reminders for cervical screening in Ireland Jenny Mc Sharry	(Online) Assessing fidelity of receipt of a gait rehabilitation behaviour change intervention Mandeep Sekhon	Development of mothers' health literacy: Findings from the KUNO-Kids study Maja Pawellek	
Using the Integrated Screening Action Model (I-SAM) to guide intervention development in cancer screening programmes Katie Robb	(Online) Resilience and Coping in Oncology Nurses During the COVID-19 Pandemic; An Interpretative Phenomenological Analysis Courtney Atkins	The interplay between self-efficacy and self-regulation indicators of child food intake among parent-child dyads Anna Banik	
Including people of all abilities in screening research Marie Kotzur, Astryd Jamieson	(Online) Ethical dilemmas and well-being in teachers' work: A three-way, two-year longitudinal study Mikko Heikkilä	The development of evidence-based guidance for parents on talking to children about weight Fiona Gillison	
Discussion Ronan O'Carroll	(Online) Longitudinal changes in personal resources during the first COVID-19 lockdown: A moderation role of anxiety Zuzanna Kwissa-Gajewska	Psychomotor development in early childhood: marginalized Roma children score worse in all domains Stanislava Kováčová	

P01 PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR
Chair: Jane Walsh

- **Self-efficacy, sedentary behaviour, and sedentary habits: A longitudinal general population study**
Dominika Wietrzykowska
- **Sedentary behavior and physical activity in the context of daily activities, contexts, and environments**
Pam ten Broeke
- **Sitting is not a meaningful behaviour: Goal prioritisation and sitting**
Benjamin Gardner
- **Insights into mechanisms of planning interventions: the effects on self-reported habit and collaborative social control**
Ewa Kulis
- **Designing for active office work**
Ida Damen

P02 MOTIVES, ADHERENCE AND PSYCHOSOCIAL INFLUENCES ON BEHAVIOUR
Chair: Angelos Kassinis

- **What if it doesn't go as planned? Adherence to physical rehabilitation following knee surgery**
Shu M. Yu
- **(Online) Psychosocial factors influencing adherence to statins after acute coronary events. A multicenter follow-up study**
István Tiringier
- **(Online) An integrated theory of planned behaviour model to understand cancer screening attendance**
Marcella Bianchi
- **(Online) Vaccination intentions against COVID-19: Findings from three representative samples of the Portuguese population**
Cristina Albuquerque Godinho
- **Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review**
Maria Karekla
- **How does context affect psychological predictors of alcohol consumption?**
Richard Cooke
- **How is daily social control related to physical activity and affect in romantic partners?**
Pascal Küng
- **Are we (m)eating like our friends? How social friendship networks influence meat consumption**
Ira Elisa Herwig
- **(Online) The importance of psychosocial factors on health behaviour in pregnancy and postpartum: A systematic review**
Erika Varnagiryte
- **A computational model of health behaviour choice in couples**
James Allen
- **(Online) Condom use across different casual and committed relationships: The role of relationship characteristics**
Cristina Albuquerque Godinho

P03 HEALTH BEHAVIOUR
Chair: Barbara Mullan

- **(Online) Socio-cognitive and emotional determinants of edible insect consumption in the Kongo Central province (D.R. Congo)**
Emmanuel Mopendo Mwisomi
- **(Online) Young Men in Chile: Porn consumption 's impact on Sexual Risk Behaviors**
Margarita Bernales
- **Re-examining the associations between sleep hygiene behaviours and sleep: An exploratory investigation**
Thomas McAlpine
- **Effective behavioral theories in interventions promoting condom use among heterosexual youth: a systematic review**
Alcira de Vries

P04 DEVELOPING HEALTH BEHAVIOUR CHANGE INTERVENTIONS
Chair: Oonagh Meade

- **Developing an intervention to enhance medication adherence and minimise clinical inertia in hypertension: MIAMI study**
Gerry Molloy
- **Individual pathways of changing interaction habits: Qualitative process evaluation of a training intervention**
Elina Renko
- **Adapted Personal Project Analysis to measure inter-goal relations on physical activity and diet**
Sara Kassas
- **Developing a digital intervention (iPREPWELL) using the behaviour change wheel to prepare patients for surgery**
Rebecca Livingston
- **(Online) AIMS-AET: Promising adherence intervention for endocrine therapy after breast cancer – a randomized pilot design**
Anna Janssen
- **Creation and evaluation of adolescent food choice prevention intervention based on a supermarket simulation**
Florian Lec tre

P05 HEALTH BEHAVIOUR CHANGE INTERVENTIONS
Chair: Alison Divine

- **Encouraging tooth-kind behaviours in children: evaluation of e-training for dental practitioners**
Joanna Goldthorpe
- **(Online) Psychologically informed oral health interventions in pregnancy and type 2 diabetes: a scoping review**
Camilla Kristensen
- **Why do people struggle to be self-compassionate to health goal lapses? A social cognitive perspective**
Fuschia Sirois
- **Preliminary evidence for a combined intervention using implementation intentions and imagery for physical activity habits**
Alison Divine
- **A systematic review of multiple health behaviour change interventions in healthcare**
Carolina C. Silva
- **Effects of smoking cessation school – results**
Latinka Basara
- **(Online) Positive Psychology intervention in promoting safe sex among Chinese men who have sex with men**
Meiqi Xin

P06 PSYCHOSOCIAL APPROACHES TO HEALTH BEHAVIOR
Chair: Márcia Filipa Carvalho

- **Children's and young peoples' beliefs about chronic musculoskeletal pain: a scoping review**
Danielle Mountain
- **The relationship between self-efficacy and sedentary behaviors in people with overweight and obesity**
Hanna Zaleśkiewicz
- **(Online) Sleep routines and bedtime procrastination in the times of COVID-19 lockdown**
André Oliveira
- **Development of the Inclusion of Illness in the Self Scale: Theoretical foundations and initial validation**
Hodaya Wolf
- **(Online) Overcoming obstacles in achieving health-related goals**
Monika Hricová
- **Roles of predictors and moderators in engagement in healthy lifestyle behaviours in BRCA1/2 alteration carriers**
Nikolett Warner

P07 CONTEMPORARY TOPICS IN SELF-REGULATION
Chair: Catherine Grenier

- **(Online) The role of Self-Evaluation and Perceived Social Support in Adult's Problematic Smartphone Use**
Sándor Csibi
- **Social identification and binge drinking practices: The impact of student vs. future professional identities**
Catherine Grenier

P08 INFORMAL CARETAKERS
Chair: Pierre Géraïn

- **Why don't informal caregivers use respite care services? A cluster-based study in Belgium**
Pierre Géraïn
- **(Online) Looking after the informal cancer caregiver's quality of life**
Carolina Blom
- **The experiences of caregivers of children with respiratory illnesses during the COVID-19 pandemic**
Michaile G. Anthony
- **(Online) A systematic review investigating the impact of a significant physical health event in informal caregivers**
Prof Val Morrison
- **"We live two lives separately": an interpretative phenomenological analysis of spouses' experience facing Huntington's disease**
Charlotte Manceau

P09 SOCIAL SUPPORT IN HEALTH BEHAVIOR CHANGE

Chair: Heather Tulloch

- **Weight Loss Surgery Saboteurs: A Qualitative Exploration of Online Weight Loss Surgery Support Forums**
Sophia Quirke-McFarlane
- **Relationship satisfaction, perceived social control, and a reduction of sedentary behavior: a longitudinal dyadic study**
Maria Siwa
- **The role of companionship for physical activity: A dyadic longitudinal analysis**
Patrick Stefan Höhener
- **The use of virtual reality in training professionals to understand ADHD and develop their competences**
Annamária Antalová
- **Social support to diminish gender-based barriers to health behaviour: Testing the enabling hypothesis in Nepal**
Vica Tomberge
- **Two of hearts: Relationship quality appraisals and cardiac patients' and spouses' functional health**
Heather Tulloch

P10 NON-COVID VACCINATION UPTAKE

Chair: Aurélie Gauchet

- **An umbrella review of interventions that aim to improve HPV vaccine uptake**
Susan M Sherman
- **Psychological antecedents of HPV vaccine intention among French adolescents and their parents**
Damien Oudin Doglioni
- **Exploring parents' willingness and preferences for the introduction of routine varicella vaccination in the UK**
Susan M Sherman
- **How improve acceptability of vaccination against HPV? Focus groups with parents and school staff**
Aurélie Gauchet
- **(Online) Italian Adaptation of the Vaccination Attitudes Examination (VAX) Scale: A Reliability and Validity Study**
Renato Pisanti

P11 MENTAL HEALTH AND EMOTION

Chair: Masha Remskar

- **(Online) Trajectory of mental health during COVID-19 pandemic in Spain: risk and protective factors**
Paula Collazo-Castiñeira
- **Emotional experience of the COVID-19 pandemic and lockdowns among college students**
Dylan Muccia
- **University students' attitudes and understanding of (mental) health maintenance through physical activity and mindfulness meditation**
Masha Remskar
- **Repeated listening to natural sounds at home may improve our mental health**
Yasushi Suko
- **(Online) Psychometric properties and measurement invariance of a European Portuguese version of fear of COVID-19 scale**
Margarida Jarego
- **Exploring responses to a fear-based COVID-19 vaccination advertisement**
Jessica Charlesworth

P12 COVID-19
Chair: Gerry Molloy

- **Effects of life changes by COVID-19 pandemic on eating behaviors in general population in Japan**
Mika Omori
- **(Online) Nutrition and health during the first months of the COVID-19 in Italy: a qualitative study**
Francesca Brivio
- **(Online) Protecting others vs. the self: a diary manipulation targeting COVID-19 preventive behaviors**
Celia Naivar Sen
- **Motivations to get Covid-19 vaccinations: A cross-sectional lifespan analysis of an Irish iCare study sample**
Gerry Molloy
- **How Slovak people perceive vaccination against SARS-CoV-2**
Veronika Korim
- **The effects of psychological resilience on recognition of life recovery from the COVID-19 calamity**
Shoji Ohtomo

P13 DIETARY BEHAVIOURS
Chair: Anila Allmeta

- **A scoping review of outdoor food marketing: exposure, power and impacts on behaviour and health**
Amy Finlay
- **(Online) Facilitators and barriers influencing weight management behaviours during pregnancy: a meta-synthesis of qualitative research**
Tamara Escanuela Sanchez
- **(Online) Nudging healthier choices from a café style menu using traffic light labels**
Cherie Sim
- **Easy or difficult? Investigating perceived ease to change aspects of eating behaviour and physical activity**
Anila Allmeta
- **The impact of a cooking intervention on food literacy skills and cooking behaviour**
Lisa Harms
- **(Online) Attentional Bias for High Calorie Food Cue by the Level of Hunger in Binge Eater**
Jang-Han Lee

P14 INTERVENTIONS IN CLINICAL OR AT-RISK POPULATIONS

- **(Online) Predictors of UV-protection behaviours among people diagnosed with melanoma [WORK IN PROGRESS STREAM]**
Caroline Charlton
- **(Online) Public information on medication safety: sources, perceived reliability and the influence of educational level**
Graça Andrade
- **Video games and activities for money among adult gamblers**
Samantha Tessier
- **The CRESCENDO program (inCRease physical Exercise and Sport to Combat ENDOMETRIOSIS)**
Géraldine Escriva-Boulley
- **The impact of nurse-led ambulatory care point on wellbeing in patients with heart failure**
Katarzyna Piotrowicz

P15 e-/m HEALTH INTERVENTIONS

Chair: Neil Coulson

- **Do online support groups help individuals affected by HIV/AIDS? A scoping review of the literature**
Neil Coulson
- **An eHealth intervention for French diabetic's patients: "Slow Diabetes"**
Celine Hehn
- **(Online) An intervention research about telemedicine human factor: healthcare professionals and patients' perspectives and satisfaction**
Irene Aiolfi
- **Which factors influence practitioners' intention to use a robot with their clients with autism?**
Louise Charpiot
- **(Online) The use of humanoid robots for health education in diabetes – a feasibility study**
Leona Ryan

P16 E-MENTAL HEALTH

Chair: Hannah Durand

- **Introducing the Tele-QoL index – a brief measure for quality of life assessment in telemedicine**
Klara Greffin
- **Stress reduction in distance-learning students through digital mental health interventions**
Andrea Haberstroh
- **Understanding fatigue across different conditions using remote monitoring technologies**
Laura Dennison

P17 eHEALTH ACROSS THE LIFE SPAN

Chair: David Healy

- **(Online) Relationship between neutral and problematic adolescents' photo self-disclosure and privacy concerns: does the paradox exist?**
Kristina Žardeckaitė-Matulaitienė
- **A systematic review of behaviour change techniques in digital health interventions with midlife women**
Hana Sediva
- **Encouraging elders with eHealth: promoting an active lifestyle among senior citizens, a randomized field- experiment**
Anna Nilstomt
- **Older Adults' Experiences and Perceptions of Immersive Virtual Reality: A Systematic Review and Thematic Synthesis**
David Healy
- **(Online) A digital health platform to support aging in place: Experiences of people with dementia**
Christian Wrede

P18 DIGITAL HEALTH PROMOTION
Chair: Eanna Kenny

- **Eliciting preferences for the uptake of smoking cessation apps: A Discrete Choice Experiment**
Dorothy Szinay
- **How can apps help me move more? A Group Concept Mapping study in inactive adults**
Maya Braun
- **Stressed! Grab a bite? An EMA study assessing stress and food intake in daily life**
Alea Ruf
- **Mobile Phone Apps to Promote Sun Protection Behaviours: A Content Analysis**
Angela Rodrigues

P19 HEALTH PSYCHOLOGY METHODS: INTERVENTIONS AND MEASUREMENT
Chair: Eimear Morrissey

- **Diffusion of effective behavior change strategies: The distillation and dissemination approach (DADA)**
Paschal Sheeran
- **A new resource for behavioural science - Developing tools for understanding the relationship between behaviours**
Alexander Scott
- **Understanding and improving facilitation in the IMP2ART implementation trial: developing and using the FACE Instrument**
Liz Steed
- **D1Now intervention for young adults with type 1 diabetes: Lessons learned from a pilot RCT**
Eimear Morrissey
- **Health-related quality of life measures for children with Duchenne muscular dystrophy: A content analysis**
Moritz Ilan Truninger
- **(Online) Feasibility and acceptability of the photo-voice methodology when working with female adolescents on physical activity**
Heide Busse
- **Implicit measure of goal conflict in the promotion of a healthy diet and physical activity**
Catherine Culot

17:00 - 18:00 Keynote Lecture: **Falko Sniehotta**
Developing and applying behavioural science to inform government policy - Room London

18:00 - 19:00 National Delegates Meeting - Room London

19:00 - 21:00 Celebrating EHPS Active Engagement, sponsored by Taylor & Francis - Room London



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Our mission is to translate research to practice, one blog post at a time. Our National Editors are recruited through the EHPS Society. They provide their expertise and translate the blog posts. We aim to distribute findings from health psychology research to the practitioners using several European languages. If your first language is different than English, feel free to distribute it among your colleagues who may benefit from the translation. We cover English, Bulgarian, Czech, Danish, Dutch, Finnish, French, German, Greek, Hebrew, Hungarian, Latvian, Lithuanian, Polish, Portuguese, Romanian, Russian, Slovak and Ukrainian. We would like to encourage you to check out our blog and to sign-up for our monthly posts.

Many thanks and warm greetings from the Editorial Team of the Practical Health Psychology Blog!



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9:30 - 11:00 Parallel Sessions

Symposium	Symposium	Roundtable	Oral Session
Health Inequalities – why do they matter and how can we tackle them? Chair: Wendy Stainton Rogers	Specifying all dimensions of behaviour change interventions: The Behaviour Change Intervention Ontology Chair: Alison Wright	Personalized context-aware digital health interventions: crossing boundaries between data science, geoscience and health psychology Chair: Monique Simons	Impact of Covid Chair: Andrea B. Horn
Room London	Rome	Paris	Berlin
9:30 “Why do poor people behave so poorly?”: Shifting the blame to class-based injustice Bridgette Rickett	Overview of the Behaviour Change Intervention Ontology Susan Michie	Personalized context-aware digital health interventions: crossing boundaries between data science, geoscience and health psychology Monique Simons, Susan Murphy, Felix Naughton, Laura König, Arend Ligtenberg	Exposure to images showing (non)adherence to physical distance rules: Effect on adherence and perceived norms Sanne Raghoobar
9:45 Box for the tallest man? Researching the effect of behaviour change interventions on health inequalities Joanna Goldthorpe	Specifying the potentially active content of interventions: the Behaviour Change Technique Ontology Marie Johnston		A longitudinal study on personality determinants of post-traumatic growth during the COVID-19 pandemic Serena Petrocchi
10:00 (Online) Mapping pathways to better healthcare for Brighton’s homeless population – the value of co-production Emma Anderson	Specifying theoretical processes of change: the Mechanisms of Action Ontology Alison Wright		Depression, stigma, and emotional support during COVID-19 pandemic among people with HIV/AIDS: no protective effects? Ewa Gruszczynska
10:15 The case of orphan diseases in Chile: Health decisions in contexts of precarity and inequality Nicolás Schöngut-Grollmus	Specifying the behaviours targeted by interventions: development of the Human Behaviour Ontology Robert West		Interpersonal emotion regulation is associated with mental health during the Covid-19 pandemic across four countries Olenka Dworakowski
10:30 The role of cultural representation in presenting health information to underserved communities Tushna Vandrevale	(Online) Development of BCIOVocab and BCIOVisual, online tools enabling researchers to browse and visualise the BCIO Janna Hastings		(Online) Social interactions and health during the COVID-19 pandemic. The mediating role of perceived social support Alexandra Zancu
10:45 Discussion Wendy Stainton Rogers	Discussion Marta Marques		

9:30 - 11:00 Parallel Sessions - Thursday, 25 Aug 2022

Oral Session	Oral Session	Oral Session	Oral Session
Implementation in Practice: Frameworks and Perspectives	Vaccination, Covid 19 and quarantine	Age Related Challenges to Quality of Life	Health care professionals
Chair: Lucie Byrne-Davis	Chair: Susan M Sherman	Chair: Teresa Corbett	Chair: Sarah Cotterill
Vienna	Warsaw	Bratislava	Kiev
A realist evaluation of the sustainable implementation of the Healthy School Canteen program Roos van Wijngaarden	Predictors for Human Papillomavirus Vaccination Intent in European Parents: A Systematic Review and Meta-Analysis Nicoleta Monica Jiboc	(Online) Dementia may diminish interdependence in quality of life and carer burden among married couples Samuel Nyman	How and why was a digital diabetes self-management intervention changed during national roll-out? Mixed-methods study David P French
Applying Health Psychology to Advance the Science of De-implementation Andrea Patey	How to facilitate quarantine adherence and psychosocial wellbeing: different approaches for different kinds of quarantine? Antje Bühler	Socio-economic inequalities and trajectories of a new biopsychosocial metric of Active and Healthy Ageing (AHA) Olivia Malkowski	Fidelity of behaviour change technique delivery in a nationally implemented digital diabetes prevention programme Rhiannon Hawkes
Exploring Antimicrobial Stewardship education and training interventions in the UK: an interview study Lucie Byrne-Davis	Healthcare workers' acceptability of influenza vaccination nudges: Evaluation of a real-world intervention Rachelle de Vries	Self-management by older people living with cancer and multi-morbidity: a qualitative study Teresa Corbett	Receipt and enactment of behaviour change technique content of a nationally-implemented digital diabetes prevention programme Lisa Miles
Facing organ donation request in emerging donation procedures: the experience of bereaved relatives María Soria-Oliver	Vaccine Public Health messaging: three studies targeting the role of autonomy, source and content Vera Araújo-Soares	Psychosocial adaptive capacity and survival in very old persons Jasminka Despot Lučanin	Comparing face-to-face and digital delivery of the English NHS diabetes prevention programme: a non-inferiority study Sarah Cotterill
Healthcare professional practices when requesting family consent for emergent organ donation procedures: a qualitative study Jorge S. López Martínez	Determinants of vaccine willingness among the general population: a systematic review Kristin Konnyu	(Online) Exploring older farmers' perspectives on machine-related accidents and factors influencing behaviour change -A focus group study Aswathi Surendran	Can we prepare UK Critical Care Nurses for, and aid recovery after, stressful events? Katharina Vogt
Temporal changes in attitudes towards adopting new biomedical HIV-prevention strategies: An Attitude Network Analysis Hanne Zimmermann	(Online) Rates and determinants of parental COVID 19 vaccine hesitancy for children in Singapore Konstadina Griva	(Online) Development and evaluation of a co-production course for caregiver interventions for people living with dementia Gulcan Garip	

Coffee Break

11:30 - 13:00 Parallel Sessions - Thursday, 25 Aug 2022

SOTA + Oral Session	Oral Session	Roundtable	Symposium
COVID-19 related research	Communicating about health and risks	The EHPS in international health policy initiatives: current contributions and future opportunities	Embedding Open Science within Health Psychology research, methods and tools
Chair: Molly Byrne	Chair: Rebecca Lee	Chair: Vera Araujo Soares	Chair: James Green and Gjalt-Jorn Peters
Room London	Rome	Paris	Berlin
11:30 Psychology in policy and in practice: Advising government in the time of Covid19 Susan Michie	Investigating children and young peoples' experiences and perceptions of pain communication in paediatric rheumatology Rebecca Lee	The EHPS in international health policy initiatives: current contributions and future opportunities Alexandra Dima, Jo Hart, Vera Araujo Soares, Lucie Byrne-Davis, Adriana Baban, Marie Johnston	Establishing Open Science Research Priorities in Health Psychology: A research prioritisation Delphi exercise Emma Norris
11:45	Using signal detection theory to understand people's antibiotic expectations Andriana Theodoropoulou		An open science approach to study misinformation sharing on social media Christopher Martin Jones
12:00	(Online) How Do Young Women Interpret the Cervical Screening Leaflet in England? A Mixed Methods Approach Caroline Charlton		OpenDrawer: A project to document unpublished research James Green
12:15 (Online) What are the key behavioural factors associated with COVID-19 vaccination acceptance among healthcare workers? Jacob Crawshaw	"I don't know what I'm looking for": A qualitative study examining young women's breast awareness Sarah Hindmarch		After the End of Construct Validity: Thinking About and Studying How Psychological Measurement Instruments Work Gjalt-Jorn Ygram Peters
12:30 COVID-19 quarantine behavior and expected vs. experienced stigma Sarah Eitze	Psychophysiological stress responses of doctors and patients during cancer consultations Marta Vigier		Embedding Registered Reports within Health Psychology: Reflections as Author and Recommender of Peer Community In Charlotte Pennington
12:45 (Online) Healthcare professionals' barriers and enablers to delivering behaviour change interventions during COVID-19: a qualitative study Katharina Vogt	Circulating tumour DNA monitoring and early treatment for relapse: views from patients with early-stage melanoma Victoria Woof		Discussion Charlotte Pennington
13:00-14:00 Lunch			

Symposium	Oral Session	Oral Session	Oral Session
Doctor knows best? Qualitative perspectives on interactions and relationships with healthcare workers from four countries Chair: Rachael Fox	eHealth intervention development & optimisation Chair: Claire Reidy	Adherence and Quality of Life in Chronic Disease Chair: Emily Arden-Close	eHealth in cancer treatment & care Chair: Paula Voorheis
Vienna	Warsaw	Bratislava	Kiev
Doctor-patient relationship in an Italian emergency department during the COVID-19 pandemic: an ethnographic study Sabrina Cipolletta	Adaptation of cardiovascular disease prevention programmes for digital delivery during the COVID-19 pandemic Lisa Hynes	Impact, coping and development challenges among perinatally HIV-infected adolescents Filipa Teixeira	Preliminary Efficacy of ImmunOncoTool: An Immune Checkpoint Inhibitors Adverse Event Management and Reporting eHealth Program Chloe Taub
(Online) Family and domestic violence in remote Australian Emergency Departments: A critical analysis of institutional discourse Sheree Moore	Patient, staff and stakeholder experiences with the national NHS App in general practice: Qualitative evaluation Claire Reidy	Medication adherence in Behcet's disease during COVID-19: cross-sectional study Emily Arden-Close	A process evaluation of a digital intervention for improving quality of life in cancer survivors Katherine Bradbury
You can push them a little bit': Provider accounts of contraceptive care and long-acting contraception Tracy Morison	A digital health program in bariatric surgery: a mixed method process evaluation Charlene Wright	Identifying different profiles of people with a stoma and their relationship with quality of life William Goodman	Effect of a digital health intervention to support total-skin-self-examination on psychological well-being of melanoma survivors Peter Murchie
(Online) Receiving bad news: cancer family carers managing initial interactions with healthcare services Gianina-Ioana Postavaru	Psychological need satisfaction through an online intervention for diabetic patients Coline Hehn	An exploration of quality of life and treatment decision-making in men with benign prostatic hyperplasia Margaret Husted	(Online) Telehealth interventions for people with cancer that cannot be cured: systematic review and meta-analysis Laura Ashley
Moving forward with online interventions and therapeutic relationship online, Italian professionals' experiences from the pandemic Silvia Caterina Maria Tomaino	Experiences and acceptability of an online theory-based intervention to prevent and reduce self-harm Chris Keyworth	Multidimensional relationships between medication beliefs and adherence to medications among older adults living with multimorbidity Louise Foley	Integrating insights from behavioral science and design thinking to develop mHealth interventions: Systematic scoping review Paula Voorheis
Discussion Tracy Morison		Designing an intervention for young people with asthma and testing acceptability and feasibility Pamela Rackow	

Lunch

14:00 - 15:30 Parallel Sessions - Thursday, 25 Aug 2022

Oral Session	Oral Session	Roundtable	Symposium
Understanding COVID-19 Vaccine Hesitancy Chair: Ewa Gruszczynska	Health behavior change across the lifespan Chair: Gerry Molloy	Ontologies of behaviour – current perspectives and future potential in health psychology Chairs: Thomas Webb, Susan Michie	The effectiveness of labelling interventions to improve population and planetary health Chair: James Reynolds
Room London	Rome	Paris	Berlin
14:00 (Online) Predicting COVID-19 vaccination intention among young adults using the theory of planned behavior Celia Naivar Sen	(Online) Using a co-design approach to promote awareness of preconception health in central Scotland Hannah Welshman	Ontologies of behaviour – current perspectives and future potential in health psychology Thomas Webb, Susan Michie	Calorie labelling in the out-of-home food sector and socioeconomic position Megan Polden
14:15 Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal and demographic determinants Angelos Kassinios	Effects and acceptability of an online decision aid (DA) about maternal pertussis vaccination (MPV) Charlotte Anraad		Effect of PACE labels on energy purchased in cafeterias: a stepped-wedge randomised controlled trial James Reynolds
14:30 (Online) Psychosocial factors associated with COVID-19 vaccine hesitancy in Romania Irina Crumpei-Tanasă	How does a school-based intervention impact students' social cognitions on reducing sedentary behavior? Matthias Aulbach		Impact of health warning labels and calorie information on selection and purchasing of alcohol Natasha Clarke
14:45 Conspiracy beliefs and motivation to get vaccinated against COVID-19 in Costa Rica Benjamin Reyes Fernandez	Dyadic behavior change techniques in health behavior change interventions with romantic couples: A systematic review Karoline Villinger		(Online) Effect of environmental labelling on food choices: A randomised controlled trial in a virtual supermarket Lucile Marty
15:00 (Online) Conspiracy beliefs and COVID-19 vaccination intention: examining the mediating effects of trust and attitude Miriam Capasso	(Online) Utilizing narrative persuasion to improve risky sexual behaviors among men who have sex with men Meiqi Xin		(Online) The impact of ecolabels on the environmental impact of cafeteria purchases: A randomised controlled trial Rachel Pechey
15:15	Self-efficacy and action control as predictors of physical activity among patients with knee osteoarthritis Ralf Schwarzer		Discussion James Reynolds

Symposium	Oral Session	Oral Session	Oral Session
The role of interpersonal dynamics for health behavior and well-being using intensive longitudinal designs Chair: Janina Lüscher and Corina Berli	Temporal Aspects of Health Attitudes and Habits Chair: Barbara Mullan	Quality of life Chair: Tracy Epton	eHealth for diet, physical activity, and smoking Chair: Olga Perski
Vienna	Warsaw	Bratislava	Kiev
(Online) Reciprocal association between social support and psychological distress in chronic health conditions Caroline Debnar	(Online) Predictors of Attitude Strength as Determinants of Attitude Stability and Attitude-Behaviour Relationships Mark Conner	Intervening to enhance quality of life during a pandemic: a pilot study Tracy Epton	(Online) Evaluation of digital interventions for physical activity promotion: Scoping review of reviews Karina Karolina De Santis
Interpersonal affective Dynamics in Daily Life as a core process of wellbeing over the lifespan Andrea B. Horn	Describing, predicting and explaining adherence to total skin self-examination (TSSE) in people with melanoma Julia Allan	Individual Rituals Increase the Effects of Non-Deceptive Placebos on Wellbeing Marco Valerio	Exploring the content of the STAND-VR intervention: a qualitative interview study David Healy
Daily perceived buddy responsiveness in the context of smoking cessation Janina Lüscher	Differential importance of intentional and non-intentional factors of behaviour across behavioural attributes and contexts Indita Dorina	(Online) Body appreciation in young adulthood: A new challenge in positive health psychology? Hedvig Kiss	Towards more personalized digital health interventions: impact of emotions and physical complaints on action&coping plans Helene Schroë
Resource Activation in Peer Dyads 65+: Impact on Social Connection and Well-being Zilla Marie Huber	“Look, a streaker!” – Examining streaking as a habit formation technique for recreational running behaviour Stephan Dombrowski	Quality of Life of Pediatric and Adult Osteogenesis Imperfecta Patients: A Systematic Review and Meta- Analysis Susanne Wehrli	Predicting lapses in smokers attempting to stop with a popular smartphone app using machine learning Olga Perski
Interpersonal processes of a dyadic smoking cessation app intervention in daily life Corina Berli	Comparing Computational Models of Habit Formation: A Study on Handwashing Behavior during COVID-19 with Sensors Chao Zhang	Caregivers’ perspectives on health-related quality of life for young children with tuberculosis and respiratory illnesses Michaile G. Anthony	Public self-monitoring of eating via social media – effects on eating and underlying mechanisms Michael Kilb
Discussion Jutta Mata		(Online) Exploring perceptions of living with obesity and the prospect of having bariatric surgery Rebecca Keyte	(Online) eHealth guidelines for people with low socioeconomic position: recommendations via Delphi methodology Isra Al-Dhahir

P01 PERSONALITY AND HEALTH
Chair: Ioana Podina

- **(Online) Specificity in the relationships between emotional intelligence and quality of life with ischemic heart disease**
Irina Tarasova
- **Core Fear of Cancer Recurrence Symptoms in Cancer Survivors: A network approach**
Ioana Podina
- **(Online) Psychological distress in individuals with Rosacea: the interplay between trait emotional intelligence and social phobia**
Nadia Barberis
- **Cognitive impairment and mental health outcomes among treatment-naïve women with breast cancer**
Snaefridur Gudmundsdottir Aspelund
- **(Online) Eating Behaviours and Food-Related Emotional Regulation among Adults with Varying Levels of Depression and Anxiety**
Justyna Modrzejewska
- **Trauma Type Clusters and mental health: examining the role of gender differences**
Martha Schneider
- **Role of body mass index, perfectionism, and emotional regulation difficulties in eating disorders**
Alessandra Pokrajac-Bulian
- **(Online) Key dimensions of interoceptive sensitivity in relation to alexithymia, emotion regulation, and depressive symptoms**
Lorena Desdentado
- **The relationship of the heartbeat-evoked potential (HEP) to interoception and emotion in adolescents**
Lorenz Rapp
- **(Online) Examining Health Anxiety from the Perspective of Self-Evaluation, Coherence and Social Support in Hungarian adults**
Sándor Csibi
- **(Online) Developmental trajectories of depression and predictive associations with personality traits: A six-wave longitudinal study**
Yusuke Takahashi
- **Cognitive reserve predicts false memory paradigm effect in Latvian adults**
Kristine Sneidere
- **(Online) Sense of coherence and social support profiles: Associations with Demographic, wellbeing and Lifestyle Indicators**
Francesca Brivio
- **(Online) Health-protecting role of the intellectual activity in the stressful conditions of life**
Eleonora Nosenko

P02 PERSONALITY AND HEALTH-COMPROMISING BEHAVIOR
Chair: Leonie Aßmann

- **Medical decision making beyond evidence: correlates of belief in complementary and alternative medicine and homeopathy**
Leonie Aßmann
- **(Online) Reducing blurred boundaries: results of a systematic review of correlates of workaholism and work addiction**
Modesta Morkevičiūtė
- **(Online) Narcissism, Fear of Missing Out and Social Capital as predictors of Social Media Usage**
Corina Rugina
- **Smartphone and social media addiction: are college students with attention deficit hyperactivity disorder at risk?**
Vanessa Müller
- **Examining the social contagion of attitudes towards childhood vaccination in parental networks: Work in Progress**
Angelos Kassianos
- **(Online) Effect of perceived social self-efficacy on attentional bias for game stimuli in multiplayer online games**
Jang-Han Lee

P03

COPING WITH CANCER

Chair: Phillippa Lally

- **Meaning-making process in cancer: the role of psychological flexibility**
Aleksandra Kroemeke
- **Physical activity and well being among those living with and beyond cancer**
Phillippa Lally
- **Acceptance and Commitment Therapy processes and distress in cancer– a systematic review and meta-analysis**
Sophie Fawson
- **Profiles of mindfulness in cancer patients and associations with psychological outcomes and coping strategies**
Jun Wang
- **Self-efficacy and intention mediate the association between barriers and physical activity after a cancer diagnosis**
Johanna Depenbusch
- **Perceived Cognitive Impairment in Patients With Cancer in Croatia**
Ivona Poljak
- **The impact of COVID-19 on health behaviours of people living with and beyond cancer**
Phillippa Lally

P04

LIVING WITH LONG TERM CONDITIONS

Chair: Pamela Rackow

- **(Online) Coping strategies predicting post-traumatic growth in Multiple Sclerosis patients and caregivers**
Irene Gil-González
- **Coping strategies of Slovak university students with and without special educational needs**
Karin Černickája
- **(Online) Psychological distress, illness perceptions, coping and quality of life in women with Premature Ovarian Insufficiency**
Vassiliki Siafaka
- **(Online) Biopsychosocial predictors of mortality in patients with lymphedema: a longitudinal study**
Katharina Traußnig
- **Determinants of physical activity in cancer survivors: an EMA study**
Marie Van de Velde
- **A Qualitative Thematic Analysis on the Experiences of Living with Lynch Syndrome**
Nikolett Warner
- **An investigation into social cognition and executive function in Multiple Sclerosis (MS)**
Daniel Shaw
- **(Online) Subjective Cognitive Complaints in End-Stage Renal Disease: A Systematic Review**
Frederick Hui Fei Chan

P05 SUBJECTIVE BELIEFS IN CHRONIC DISEASE
Chair: Konstantin Schenkel

- **Irritable bowel syndrome in inflammatory bowel disease: distinct, intertwined, unhelpful? Views and experiences of patients**
Danielle Huisman
- **Weight loss-related beliefs and behaviours among adults with psoriasis and obesity: a qualitative interview study**
Neli Pavlova
- **(Online) Help-seeking toward mental health professionals among patients with epilepsy**
Kento Takahashi
- **Current Evidence in Psychodermatology on the Stigmatizing Experience of Visible Skin Diseases: A Meta-analysis Review**
Caroline F. Z. Stuhlmann
- **Combining the SIA to Health with the ICF – participation experiences of people with MS**
Elise-Marie Dilger

P06 COPING WITH COVID-19 STRESS AND FATIGUE
Chair: Márcia Filipa Carvalho

- **Long-term fatigue due to COVID-19: the role of goal flexibility**
Sarah Maes
- **A discriminant content validity study of fatigue assessment items in a transdiagnostic chronic medical population**
Sarah Maes
- **(Online) Quality of Life and Medication Adherence Among People With Diabetes During the COVID-19 Pandemic**
Evelyn Heckenberger-Nagy
- **Fatigue as symptom of long-COVID in relation to sleep quality and daily activities**
Christina Bode
- **Men living alone during the COVID-19 pandemic report lower need satisfaction and wellbeing**
Fanny Lalot

P07 NOVEL INTERVENTIONS IN THE CONTEXT OF ILLNESS
Chair: James Reynolds

- **(Online) Psychological impacts of an online genetic counselling narrative group intervention in people with hereditary ataxia**
Maria Barbosa
- **(Online) HED-Start: A positive skills intervention to improve psychological adjustment in incident haemodialysis patients**
Phoebe Lim
- **Hernia Active Living Trial: Feasibility study of an exercise intervention for people with parastomal bulging**
William Goodman
- **Delivery of supported self-management in asthma reviews: an observational study nested in the IMP2ART programme**
Emma Kinley
- **Optimising well-being and promoting wound healing in DFU: Psychological perspectives and patient informed intervention strategies**
Michelle Hanlon

P08 **BIOPSYCHOLOGY OF STRESS AND COPING**
Chair: Melanie Bamert

- **How do we regulate stress in daily life? An ambulatory heart rate variability study**
Melanie Bamert
- **Cardiovascular reactivity during couple conflict: The influence of relationship quality and emotion regulation**
Katharina Salo
- **Squeeze the beat: Enhancing cardiac vagal activity during resonance breathing via coherent pelvic floor recruitment**
Josef Martin Tatschl
- **The coping heart: Vagal reactivity moderates the relation between cognitive reappraisal and advantageous decision-making**
Valentin Magnon
- **Should we use the inverse movement to detect psychologically meaningful non-metabolic heart rate variability reductions**
Andreas Schwerdtfeger

P09 **STRESS AND COPING IN PANDEMIC TIMES**
Chair: Chantal den Daas

- **Well-being in Children and Adolescents with Hearing Impairment During the COVID-19 Pandemic**
Vera Gillé
- **Covid-19-vulnerable students are highly psychologically distressed**
Gabriele Helga Franke
- **COVID-19-related stress in students, examination of the CSSQ - a pilot study**
Melanie Jagla-Franke
- **(Online) Post-Acute Sequelae of COVID-19-Checklist (PASC-C): new screening tool for long-COVID physical, psychological, and cognitive symptoms**
Marina Maffoni
- **(Online) How have we been dealing with the COVID-19? Findings from a longitudinal study in Portugal**
Maria José Ferreira
- **Which factors have affected anxiety during COVID-19 outbreak?- a longitudinal study**
Gabriel Angelo Otesanu
- **(Online) Peculiarities of responses to the pandemic of local and foreign students at an Ukrainian university**
Olena Lutsenko

P10 **SPECIAL POPULATIONS**
Chair: Chris Noone

- **Seasonal trends in depressive symptoms among women newly diagnosed with breast cancer**
Snaefridur Gudmundsdottir Aspelund
- **PTSD symptoms, driving stress, and anxious driving behavior at novice drivers**
Cornelia Mairean
- **Merging psychology and technology to develop an early warning system for driver stress and fatigue**
Rory Coyne
- **(Online) Relationships between distancing strategies, perspective taking, and forgiveness in anger-inducing events**
Megumi Oikawa
- **Attachment, shame and depersonalization mediate the relationship between Childhood maltreatment and physical and psychological wellbeing**
Jonathan Egan
- **(Online) The potential of an online mindfulness-based stress reduction intervention for police officers**
Erika Varnagiryte

- **(Online) The impact of interpersonal traumas in Portuguese women's psychological wellbeing**
Eleonora C. V. Costa
- **Examining the trajectories of burnout symptoms in Gaelic games players across two seasons**
Siobhán Woods
- **Alcohol and pregnancy: A cultural perspective**
Agnieszka Kosla

P11 PAIN: PSYCHOSOCIAL MECHANISMS AND INTERVENTIONS
Chair: Gabriele Helga Franke

- **Cluster of coping with pain and their differences in personality and distress**
Gabriele Helga Franke
- **The role of perfectionism in explaining different chronic pain coping patterns**
Marina Njegovan
- **The role of attention bias malleability in predicting pain and disability**
Dimitri Van Ryckeghem

P12 RESPONSES TO CRITICAL STRESSORS IN A CROSS-CULTURAL CONTEXT
Chair: Wendy Maltinsky

- **Cross-border differences in HIV-testing: data from a EuRegion in Belgium, Germany, and The Netherlands**
Hanne Zimmermann
- **Interaction between age and country of origin predicts subjective well-being in unaccompanied refugee minors (URM)**
Laura Scholaske
- **(Online) Psychological factors associated with conspiracy mentality during the COVID-19 pandemic**
Irina Crumpei-Tanasă
- **Is conspiracy mentality a risk factor for the psychosocial wellbeing of informal caregivers?**
Larissa Zwar
- **Vaccine Hesitancy of Parents for Their Children: Meaning Given to Health Practices in Switzerland**
Chloé Michoud

P13 GENDER AND SEXUALITIES: INEQUITIES AND RESILIENCE
Chair: Maria del Rio Carral

- **Navigating through a postfeminist social media culture: Young females' experiences of health and wellbeing (MeStories)**
Eileen Jasmina Rabel
- **Using vignettes to explore how youth use sexual scripts to make sense of sexual consent**
Siobhán Healy-Cullen
- **Experiences of Excised Women in Switzerland in the Digital Age**
Yasmina Lotfi
- **FOREST: a qualitative study exploring health and sexuality of transmasculine individuals in France**
Xavier Mabire
- **(Online) From parental victimization and internalized homophobia to LGBTQ+ resilience: mediating effect of outness and support**
Mihaela Boza
- **Understanding how gay men construct 'good' chemsex participation through interpretative repertoires and discursive devices**
Chris Noone

P14 PREGNANCY, HEALTH BEHAVIOURS AND LOSS

- **(Online) Pregnant Smoking Women and Stigma Perpetrators**
Deborah Loyal
- **(Online) Assessing Self-stigma in Pregnant Smoking Women**
Deborah Loyal
- **(Online) Exploring first time mothers' experiences and knowledge about modifiable risk factors for stillbirth**
Tamara Escanuela Sanchez

P15 SUSTAINABLE AND HEALTHY DIET
Chair: Hanna Konttinen

- **Experts' perceptions on motivators and barriers of healthy and sustainable dietary behaviour among adolescents**
Sanne Raghoobar
- **Socioeconomic position and the impact of increasing availability of lower energy meals on energy intake**
Tess Langfield
- **How values relate to the consumption of red meat and plant-based alternatives for meat?**
Hanna Konttinen
- **One's meat another's poison? Different social norm perceptions across meat consumers**
Sofia Wolfswinkel
- **What's in a (Dish) Name? Greater use of Consumption Simulation Language for Diet-Congruent Foods**
Tess Davis
- **Socioeconomic position and the effect of portion size reduction: a 1-day dietary behaviour experimental study**
Katie Clarke

P16 ENVIRONMENTAL HEALTH BEHAVIOR
Chair: Ann DeSmet

- **Positive and negative spill-over effects within and between health-promoting and pro-environmental behaviours**
Ann DeSmet
- **(Online) Similarities in determinants of health and climate mitigation behaviour; repertory grid study with international experts**
Nienke Beerlage-de Jong
- **(Online) Geographic, sociodemographic and psychological factors related to active and Sustainable mobility**
Claudia Teran Escobar
- **ISCycle: Planning for an intervention to promote inclusive and sustainable ebike uptake and use**
James Green

17:00 - 18:00 Keynote Lecture: **Zuzana Dankulincová**

How to implement what we know from health psychology into practice? - Room London

20:00 - 23:00 Conference Dinner

08:30 - 9:30 EHPS SIG Meetings - Friday, 26 Aug 2022

09:30 - 11:00 Parallel Sessions

Oral Session	Symposium	Oral Session	Oral Session
Understanding Health Behaviour: Distinguishing Constructs	Innovative research approaches to developing social support interventions for chronic illness and changing health behaviors	Cardiovascular and psychosocial antecedents and consequences of health	Food and diet
Chair: Marta Marques	Chair: Christine Rini	Chair: Jo Hart	Chair: Julia Allan
Room London	Rome	Paris	Berlin
9:30 Determinants of recovery behaviours in Olympic swimmers: A qualitative investigation using the Reasoned Action Approach Mathilde Poignard	Patients' individualized, changing written peer support needs throughout stem cell transplant: A longitudinal, mixed-methods study Christine Rini	Systematic review of behaviour change and cardiovascular disease self-management interventions on cardiovascular stress reactivity Ainslea Cross	(Online) Descriptive versus evaluative nutrition labelling on food choices from an online supermarket Eva Kempes
9:45 Sedentary behavior after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence Tania Bermudez	Social support and hindrance for completing a behavioral pain intervention: Implications for intervention outcomes Alyssa Van Denburg	Vagal nerve activity moderates relationships between life events and cancer onset: Making things less vague Laura Caton	The use of item placement techniques to nudge healthy food choices from extended online menus Indah Gynell
10:00 (Online) The role of autonomous motivation in predicting the adherence to the Mediterranean diet Luigina Canova	Intra-individual received support for leisure-time physical activity in workers: An ambulatory assessment, observational N-of-1 study Lea O. Wilhelm	Cardiac interoception in everyday life: The novel Graz ambulatory interoception task (GRAIT) Christian Rominger	Process evaluation of a Mediterranean diet and exercise intervention among an older at-risk UK-based population Stephanie T Jong
10:15 Contrasting constructs or continuum? Examining the dimensionality of body appreciation and body dissatisfaction Kimberly More	Supporting the dyadic partner to make plans: Randomized control trial explaining physical activity in dyads Aleksandra Luszczynska	Predictors of resilience of university students to stressors during the Covid-19 pandemic: a longitudinal study Jennifer L. Reichel	Developing a complex intervention to engage adolescents in eating better and moving more: EACH-B Programme Wendy Lawrence
10:30 Rash impulsivity and sensitivity to reward predict soft drink consumption Max Kulbida	Discussion Tracey Revenson		(Online) Instagram priming: nudging beverage choices from vending machines Enola Kay
10:45 Same construct, different names?: The jangle fallacy in evaluative and feasibility judgments of physical activity Alexander Rothman	Discussion Tracey Revenson		

11:00 - 11:30

Coffee Break

09:30 - 11:00 Parallel Sessions - Friday, 26 Aug 2022

Symposium	Symposium	Oral Session	Oral Session
Trust and equality in blood donation across different populations: an international perspective Chair: Elisabeth Vesnaver	Innovative approaches in informal care research: exploring new determinants, methods, and frameworks Chair: Val Morrison	Mental health, social support and health-enhancing behaviours Chair: Hannah Durand	Interventions to improve self-management and treatment adherence Chair: Imogen Skene
Vienna	Warsaw	Bratislava	Kiev
How public trust and healthcare quality shape blood donation behavior: Comparative evidence Eva-Maria Merz	Introduction Val Morrison	Individual Differences in Spontaneous Self-Affirmation and Mental Health Peter Harris	(Online) A Cochrane review of interventions for improving medication adherence in solid organ transplant recipients Lisa Mellon
(Online) Exploring trust, distrust and socio-political context on donation decisions in ethnic minority communities Eamonn Ferguson	Personal and geographical determinants of willingness to care and caregiver outcomes Eva Bei	The effect of discrimination on mental health: A meta-analysis of the causal evidence Christine Emmer	Developing a theory-driven, evidence-based, complex intervention to improve treatment adherence in tuberculosis: the IMPACT study Annie Jones
(Online) FAIR: how the UK moved to a more individualised blood donation policy Claire Reynolds	The role of perceived responsiveness in a multinational group of caregivers: a moderated mediation model Giulia Ferraris	The role of self-compassion in palatable eating motives and choices Fuschia Sirois	Effectiveness of an mHealth intervention targeting treatment adherence in breast cancer: a randomized controlled trial Lyndsay Hughes
(Online) Staff challenges to implementing new plasma donation criteria for men who have sex with men Terrie Butler-Foster	The use of psychological network analysis in informal care: an empirical illustration Pierre Gérain	Coping with primary dysmenorrhea: A qualitative analysis of period pain management among students who menstruate Hannah Durand	Sustaining self-management behaviours after attending type 2 diabetes self-management support intervention: A qualitative evidence synthesis Márcia Carvalho
Co-developing theory-informed interventions promoting plasma donation by newly eligible men who have sex with men Elisabeth Vesnaver	(Online) Using Photovoice and Interpretative Phenomenological Analysis to explore caregiving motivations Mikolaj Zarzycki	The role of social support in a couple-based weight loss intervention for improving fertility Emma Hunter	Exploring attitudes towards financial incentives to design a medication adherence intervention for children with asthma Jasmine Hine
Discussion Ronan O'Carroll	Discussion Evangellos Karademas	(Online) Preventing loneliness: Exploring students' desire for social distance from autistic peers of both genders Indrė Muraškaitė	A systematic review of Emergency Department interventions to improve long-term management of asthma Imogen Skene

Coffee Break

11:30 - 13:00 Parallel Sessions - Friday, 26 Aug 2022

SOTA + Oral Session	Oral Session	Roundtable	Symposium
Health psychology methods: measurement and validity Chair: Thomas Webb	Preventive health behaviours Chair: Ben Gardner	Mind the digital divide: How to reduce social inequalities in digital health promotion? Chair: Laura König and Max Western	Novel psycho-technological solutions for alleviating caregivers' distress: The good, the bad, and the robot... Chair: Noa Vilchinsky
Room London	Rome	Paris	Berlin
11:30 (Online) What we Measure Matters: Core Outcome Sets and Health Psychology Karen Matvienko-Sikar	(Online) Experimental evidence of gender differences regarding the unintended effects of treatability information on cancer prevention Yingqiu Wu	Mind the digital divide: How to reduce social inequalities in digital health promotion? Laura König, Max Western, Eline Smit, Efrat Neter, Falko Sniehotta	Introduction Noa Vilchinsky
11:45	SOFTPEERS: Peer-to-peer prevention program of binge-drinking in adolescents. A pilot experimental study Florence Cousson-Gélie		AnhörigCoach: Role of culture in persuasive design of e-coaching application in the Swedish context Shweta Premanandan
12:00	Understanding the impact of motivational interviewing-supported behaviour change on caries prevention in high-risk children Marc Edwards		Needs and issues towards an eHealth tool to support young adult caregivers: A usability study Srishti Dang
12:15 Can we trust in self-reported average daily fruit and vegetable intake? Sometimes! Viktoria Egele	Nasal sprays for respiratory tract infection prevention; intervention development using the Person-Based Approach Laura Dennison		Internet-based interventions for alleviating caregivers' distress: from drafts to interventions Michelle Semonella
12:30 A systematic review of how existing ontologies characterise behaviour Harriet Baird	(Online) The Challenges for Preventing Childhood Obesity in Vulnerable Population during the COVID-19 Pandemic in Korea Jiyoung Park		(Online) Robots to the rescue: Informal Caregivers Disclose Increasingly More to a Social Robot Over Time Guy Laban
12:45 Improving postal survey response using behavioural science: a nested randomised control trial Emily McBride			Discussion Noa Vilchinsky
13:00-14:00	Lunch		
13:00-13:30	EHPS UN Committee - Room Kiev		

Symposium	Oral Session	Oral Session	Oral Session
The process of investigating a new infections: description, prediction, and intervention to reduce COVID-19 transmission Chair: Marie Johnston	Cultural Contexts of Health Chair: Irina Todorova	Health behavior change in diverse contexts Chair: Neil Coulson	Self-regulatory approaches to chronic conditions and health behavior Chair: Christel Salewski
Vienna	Warsaw	Bratislava	Kiev
Introduction Marie Johnston	Lower socioeconomic position and obesity: examining the roles of executive function and health motivation Eric Robinson	(Online) A case study on safe drinking water through evidence-based interventions in the Rohingya refugee camps Miriam Harter	A trans-diagnostic model of psychological adjustment to long-term conditions: Development and applications in clinical practice Rona Moss-Morris
Using readily available social media data to describe transmission-reducing behavioural sentiments during the Covid pandemic Wendy Maltinsky	Awareness, understanding and HIV stigma in response to Undetectable = Untransmittable messages Rory Coyne	(Online) Improving Hand Hygiene Adherence in Small Animal Hospitals: A Social Marketing Approach Bettina Höchli	Benefits from autonomy support in patient-caregiver dyads facing cancer treatment Aleksandra Kroemeke
(Online) Describing the late response to COVID-19; transmission-reducing behaviours from the CHARIS representative national project Mona Maier	Exploring professional lifestyle YouTubers' health-related videos: Healthism and postfeminism at play Maria del Rio Carral	The effectiveness of nudging healthy food choices across different dimensions of socio-economic status Laurens van Gestel	(Online) Relationships between motivational-related factors and healthy eating: A project to prevent childhood obesity Beatriz Pereira
(Online) Using three theories to understand adherence to COVID transmission-reducing behaviours Diane Dixon	How youth make meaning of the ways gender and sexuality are portrayed in Internet pornography Siobhan Healy-Cullen	(Online) Effects of traffic light labelling and increased healthy range on beverage choices from vending machines Ryan Calabro	Rehabilitation in a Covid-19 Hospital: Beliefs and Challenges perceived by the Multidisciplinary Healthcare Teams Paulina Fernandez
Time to test: Using a messaging intervention to increase self-efficacy for PCR-testing when symptomatic Chantal den Daas	(Online) Experiences of Living Through The COVID-19 Pandemic in Malaysia: A Qualitative Study Jeevanisha Suresh		Sleep priority as a predictor of sleep behavior Liesemarie Albers
Discussion Gerry Molloy	Does vaccination elicit risk compensation? Insights from the COVID-19 vaccination campaign in France Kathleen McColl		(Online) Illness perception schemas and psychosocial dimensions are associated with attitudes towards vaccines: a cluster analysis Renato Pisanti

Lunch

EHPS UN Committee - Room Kiev

14:00 - 15:30 Parallel Sessions - Friday, 26 Aug 2022

Oral Session	Symposium	Roundtable	Symposium
eHealth feasibility studies and trials Chair: Felix Naughton	Which research designs to use when optimising behavioural interventions? Examples, challenges and a way forward Chair: Angela Pfammatter	How can we close the gender and diversity data gap in health psychology? Chair: Gertraud (Turu) Stadler	Novel perspectives on distress, well-being and self-management in psychocardiology research Chair: Jonathan Journiac
Room London	Rome	Paris	Berlin
14:00 Self-regulation techniques, narrative videos and a chatbot for promoting lifestyles and mental health in adolescents Carmen Peuters	Building expert-consulted guidance for the selection of research designs for optimising behavioural interventions Marta Marques	How can we close the gender and diversity data gap in health psychology? Gertraud (Turu) Stadler, Efrat Neter, Jennifer Inauen, Mariët Hagedoorn, Marie Johnston	Mental health and adherence of adults under 45 years old facing a cardiac illness Jonathan Journiac
14:15 Online social reference intervention to reduce misinformation sharing behaviour on social media Benjamin Schüz	(Online) Refining and Optimizing a behavioural intervention to Support Endocrine Therapy Adherence using a factorial trial Samuel Smith		Depression and anxiety among patients with and without Spontaneous Coronary Artery Dissection attending cardiac rehabilitation Heather Tulloch
14:30 Randomised Controlled Trial of the New Fourteen-day Online Emotion focused training for compassion satisfaction Júlia Halamová	Sequential Multiple Assignment Randomized Trials to Answer Questions about How to Adapt Behavioral Treatments Angela Pfammatter		(Online) Understanding cardiac distress: A study of prevalence, severity and risk factors Barbara Murphy
14:45 Does an explicit value clarification method increase a web-based smoking cessation decision aid's effectiveness? Thomas Gültzow	(Online) Optimizing a Just-in-Time Adaptive Intervention using a Micro-Randomized Trial design: The Sense2Stop trial Sam Battalio		(Online) Psychological functioning in couples after left ventricular assist device implantation Tanja Zimmermann
15:00 A randomised controlled trial of a just-in-time adaptive smoking cessation app (Quit Sense) Felix Naughton	Identifying research questions and match them to research designs Jillian Strayhorn		Interventions and eHealth interventions in psychocardiology: what can we do? Jonathan Journiac
15:15 Interdisciplinary consensus on describing behaviour change features of medication adherence technologies: a European Delphi consultation Alexandra Dima	Discussion Linda Collins		Discussion Noa Vilchinsky

Oral Session	Symposium	Oral Session	Oral Session
Methods and interventions	Towards a Better Understanding of Antibiotics Expectations and Use	Child Health and Wellbeing	Coping with Cancer
Chair: Dominika Kwasnicka	Chair: Miroslav Sirota	Chair: Tony Cassidy	Chair: Evangelos Karademas
Vienna	Warsaw	Bratislava	Kiev
Systematic review and meta-analysis of Ecological Momentary Assessment studies of five public health behaviours Dominika Kwasnicka	(Online) Respiratory Tract Infection Incidences, Health-Seeking Behaviours & Antibiotic Use Across England: A Comparison to Pre-Lockdown Brieze Read	Psychosocial determinants of adolescents' sleeping behavior – A longitudinal study Lea Rahel Delfmann	The relation of changes in self-efficacy to cope with breast cancer across time to well-being Evangelos Karademas
A systematic review of physical activity ontologies: Content and Quality Maya Braun	(Online) Patients' views of point-of-care tests when consulting for respiratory infections in European primary care Sarah Tonkin-Crine	Children's anxiety, academic self-efficacy, and intergenerational transmission of worries regarding transition to middle school Cornelia Mairean	Coping with medication-related side effects: a daily diary study in women surviving breast cancer Walter Bierbauer
Evaluating the effects of symptom monitoring on menopausal health outcomes: a randomised controlled trial Robin Andrews	How to reframe antimicrobial resistance: Pronounceability of health terminology predicts public's memory and risk perception Eva Krockow	Stress perception of 5th graders in Germany during the CoViD-19 pandemic Lena Fellbaum	Acceptance and Commitment Therapy processes, distress and physical symptoms in women with breast cancer Sophie Fawson
Social Antecedents of Depressive Symptoms: Early Findings of Swiss Federal Survey of Young Adults (CHX-YASS) Anahita Mehrpour	Social feedback and intergenerational conflicts in the social dilemma of antibiotic intake Robert Böhm	(Online) Health-related quality of life in children during hospitalization after burn injuries Martim Santos	Does the paradigm of being physically active resonate with cancer patients' attitudes? Alexander Haussmann
	The intuitive desire for antibiotics: Wanting what we (don't) know we should not want? Miroslav Sirota	Support for siblings of chronically ill children - First results from the project "Strong Siblings!" Melanie Jagla-Franke	The looming cancer: A qualitative study on living with Chronic Lymphocytic Leukemia (CLL) without treatment Dimitrios Kyrou
	Discussion Lucie Byrne-Davis	Experiences and Post Traumatic Growth in siblings of cancer childhood survivors Margarida Santos	Prehabilitation to improve physical fitness and recovery from cancer surgery: Experiences of patients and clinicians Rachael Powell

P01 FAMILY HEALTH AND WELLBEING
Chair: Ronja Runge

- **The quality of the parent-child relationship and social functioning in deaf or hard-of-hearing children**
Shannon Yuen
- **German adolescents' mental health, family cohesion and family conflict before and during the SARS- CoV2 pandemic**
Ronja Runge
- **Adolescent exposure to coronavirus disease (COVID-19): associations with mental health and family relationships**
Anna Alexandrova-Karamanova
- **Effects of an online health promotion program using indoor nature therapy for unmarried mothers**
Kyung-Sook Bang

P02 QUALITY OF LIFE, MENTAL HEALTH AND WELLBEING
Chair: Dominika Ochnik

- **(Online) Determining work addiction of adult children: the effect of addicted parents and work motivation**
Modesta Morkevičiūtė
- **Sense of coherence, coping strategies and life satisfaction among parents of children with heart defects**
Patrycja Stawiarska
- **A prospective study of parents' experiences with prenatal genomic testing after an abnormal ultrasound (PreGen)**
Lauren Kelada
- **(Online) Risk Perception, Mental Health Problems and Sleep Disturbances in University students during the COVID-19 pandemic**
Omama Tariq
- **(Online) Mental health condition of first-year college students during the COVID-19 pandemic in Japan**
Etsuyo Nishigaki
- **(Online) Relationship between vulnerability and suicidal ideation among Japanese university students**
Shinji Yamaguchi
- **Mental health and well-being education in schools across Europe: The role of psychology teachers**
Lenka Sokolová
- **(Online) The appreciation of body functionality affects life satisfaction through body trust: a mediated pathway**
Lorena Desdentado
- **(Online) Longitudinal Assessment of Posttraumatic Growth during a pandemic: COVID-19's inheritance**
Paula Collazo-Castiñeira
- **(Online) Predicting Situational and Global Meaning through Meaning-Making Processes following Bereavement**
Deniz Okay
- **(Online) The experience of loneliness, hardiness and psychological well-being of adults in a changing life situation**
Inna Murtazina
- **Mental Health in Young Adults from Four Countries during the COVID-19 Pandemic: A Longitudinal Study**
Dominika Ochnik

P03 ISSUES IN CHILD & ADOLESCENT HEALTH AND WELLBEING
Chair: Matthias Aulbach

- **Autonomy in children with chronic diseases: a systematic literature review of the conceptualization and evaluation**
Zoé Mallien
- **Empathy, Sympathy, and Self-Esteem: The link with Preadolescents' Attitudes towards Children with Disabilities**
Maftei Alexandra
- **(Online) Resilience and depression in adolescents with adverse childhood experiences**
Dimitrinka Jordanova Peshevska

- **(Online) Impact of having a sibling with celiac disease on life dimensions: A systematic review**
Gabriela Figueiredo
- **Risk factors during development in children with intellectual disability in institutional care**
Margaréta Hapčová
- **Mental Health Problems and Psychiatric Morbidity of Transgender Adolescents**
Petra Orehovec

P04 FAMILY HEALTH AND RELATIONSHIPS Chair: John Bogue

- **“Have they brushed their teeth this morning?” How did COVID-19 affect children’s oral health behaviours?**
Jo Hart
- **“Enjoy your meal! “But how? Considering mealtime atmosphere in a more systematic way**
Vanessa Knobl
- **Somatic complaints, sedentary behavior and relatedness in adolescents during the second year of COVID-19 pandemic**
Roma Jusiene
- **Affective relationship, identity positioning and caregiving experience: An interpretative phenomenological analysis on spouse caregivers**
Nicolas Westrelin

P05 SUBJECTIVE HEALTH AND WELLBEING ACROSS THE LIFESPAN Chair: Yael Benyamini

- **A standard set of outcome measures for adolescent and adult Marfan Syndrome patients**
Susanne Wehrli
- **Role models for successful aging**
Anna Kashina
- **Mapping global variation in self-rated health across the lifespan**
Maria Blöchl
- **Emotion regulation, negative affect, and somatic symptoms in daily life: a dyadic intensive longitudinal study**
Julia Roseman

P06 HEALTH PSYCHOLOGY AND AGING Chair: Kevin McKee

- **(Online) The ASPIDA project: Physical activity, physical function, falls and quality of life in older adults**
Archontissa Kanavaki
- **Preventing accidents and injuries: older adults’ experiences, worries, and preventive measures regarding home hazards**
Kevin McKee
- **(Online) Subjective and objective cognitive decline in old adults**
Radka Massaldjieva
- **Relationship between cognitive reserve and memory in non-demented older adults**
Kristine Sneidere
- **(Online) MASCoD - Multidimensional Assessment of Subjective Cognitive Decline: a new screening for subjective cognitive decline**
Marina Maffoni
- **(Online) Frailty and rehabilitation outcome in older patients with cardiorespiratory disease: preliminary multidimensional data**
Nicolò Granata
- **(Online) Middle-aged and older adults’ intentions to participate in community-based walking sports: A social- ecological mixed-methods approach**
Hamsini Sivaramakrishnan

- **(Online) Older People with Dementia's Adherence to a Tai Chi Exercise Intervention**
Iram Bibi
- **(Online) Development of a COM-B based sexual health model for mid-life and older adults**
Victoria Giacomelli
- **(Online) The effects of ageism on mental illness in the elderly during the Covid-19 pandemic**
Anna Rosa Donizzetti
- **Relationship of some psychosocial and biological factors with the life expectancy of older adults**
Damir Lucanin

P07 HEALTHCARE DELIVERY AND MEDICAL DECISION MAKING
Chair: Joanna Goldthorpe

- **(Online) Differences in compassion in response to acute v. chronic clinical presentations: an experimental study**
Alina Pavlova
- **(Online) Impact of uncertainty intolerance on clinical reasoning: a systematic review of the 21st century literature**
Clémence Brun
- **(Online) Systematic review of the effects of decision fatigue in healthcare professionals on medical decision making**
Mona Maier
- **(Online) Using a model of behaviour to conceptualise ethical preparedness in healthcare and health research settings**
Lisa Ballard
- **Integration of the biopsychosocial approach in primary health care in Burundi: facilitating and impeding factors**
Bonaventure Nikoyandoye
- **The effect of negative emotions on framing effect and overconfidence among medical students**
Miroslava Galasová

P08 HEALTHCARE PROFESSIONALS: PERSPECTIVES AND RELATIONSHIPS
Chair: Chris Keyworth

- **(Online) Barriers to care and presenteeism among Canadian Armed Forces healthcare providers**
Jennifer Born
- **(Online) Perspectives of healthcare professionals in Northern Cyprus on psychosocial care needs of patients receiving dialysis**
Buse Keskindag
- **Impact of COVID-19 pandemic on high-risk prostate cancer treatment in the UK**
Jennifer Dunsmore
- **Exploring healthcare professionals communication about children and young people with pain in paediatric rheumatology**
Rebecca Lee
- **Contributors to a trusting physician-patient relationship - a critical review using a systematic search strategy**
Seraina Lerch

P09 MENTAL HEALTH, DRUG USE AND ADDICTION
Chair: Jonathan Egan

- **Barriers and facilitators to the design and delivery of social prescribing services for mental health**
Matthew Cooper
- **(Online) Secondary traumatization associated to the treatment of patients with maxillofacial trauma caused by police repression**
Gonzalo Rojas-Alcayaga

- **Attitudes and Beliefs about the Therapeutic Use of Psychedelic Drugs among Portuguese Mental Health Practitioners**
Jorge Encantado
- **A Systematic Review of the Effects of Psychedelic Experiences in Naturalistic Settings**
Laura Carvalho
- **Understanding the implementation strategy for a secondary care tobacco addiction treatment pathway: A behavioural analysis**
Angela Rodrigues

P10 IMPLEMENTATION IN CHRONIC CONDITION SELF-MANAGEMENT
Chair: Milou Fredrix

- **Exploring perspectives of people with type-1 diabetes on goal-setting strategies within self-management education and care**
Milou Fredrix
- **Barriers and facilitators of healthcare professionals supporting heart failure patients to increase physical activity levels**
Kirsten Ashley
- **Identifying barriers and facilitators of heart failure patients becoming more physically active**
Cara Jordan
- **Development of a patient-centred asthma review template to improve self-management in UK primary care**
Kirstie McClatchey
- **IMplementing IMProved Asthma self-management as RouTine (IMP2ART): a cluster randomised controlled trial protocol**
Kirstie McClatchey
- **Exploring psychological factors associated with perceived food intolerance**
Lyndsay D. Hughes

P11 TECHNOLOGY AND IMPLEMENTATION

- **Successfully implemented eHealth technologies to support informal care: a multiple case study**
Sofia Bastoni
- **(Online) Development of an implementation strategy for a complex eHealth intervention within routine cardiac care**
Renee IJzerman
- **Identifying determinants of adoption of new antibacterial technologies in patient care: An interview study**
Lieve Vonken
- **Using validated measures to assess self-management, patient-centred care, and behaviour change delivery in implementation research**
Emma Kinley

P12 IMPLEMENTATION AT SCALE AND ACROSS CONTEXTS
Chair: Aleksandra Luszczynska

- **A systematic review of frameworks for implementation of policies promoting healthy nutrition and physical activity**
Aleksandra Luszczynska
- **Adapting a Dutch participatory action research project with children to another context in Spain**
Laura S. Belmon
- **Validating Patient Safety Culture instruments and a Patient-Reported Incident Measure into the Estonian context**
Signe Asi
- **(Online) DecidHealth: Psychometric validation of the IUS-12 and IUS-12-H scales on French healthcare professionals**
Clémence Brun

P13 OCCUPATIONAL HEALTH AMONG HEALTH CARE WORKERS DURING THE COVID-19 PANDEMIC
Chair: Jean-Baptiste Fassier

- **(Online) “I didn’t feel like I was a doctor”: Covid-19 experiences of occupational compassion and self-care**
Helen Egan
- **Mental health, posttraumatic growth and protective factors in healthcare professionals during the COVID-19 pandemic**
Marta Guerra Corral
- **Psychological support for hospital workers at the University Medical Center Ljubljana during the COVID-19 pandemic**
Nataša Dermovšek Hafner
- **(Online) Personality and mental health among long-term care home staff during the pandemic in southern Switzerland**
Anna Maria Annoni
- **PTSD Symptoms Among ICU Personnel During the Pandemic: Role of Sleep, Experience, Anxiety and Depression**
Paula Repetto
- **Survey of SARS-CoV-2 vaccine hesitancy among French healthcare workers in a university hospital**
Jean-Baptiste Fassier

P14 OCCUPATIONAL HEALTH ACROSS SECTORS DURING THE COVID-19 PANDEMIC
Chair: Inge Brechan

- **Post-traumatic stress symptoms and predictors among Spanish Security Forces during the COVID-19 pandemic in Spain**
Marta Guerra Corral
- **How has the pandemic impacted the mental health of clinical psychologists?**
David Preciado Rodríguez
- **Psychological impact of the SARS-CoV-2 pandemic on teachers - Results of a German-wide survey**
Clemens Köstner
- **“Remote presenteeism” A survey of employees on presenteeism and detachment in remote working**
Henrike Urbic
- **Relationship between job design, occupational health, and absenteeism**
Inge Brechan

P15 THE BREADTH OF OCCUPATIONAL HEALTH
Chair: Kevin Roche

- **Inequality in context of work. A study about social inclusion of people with disabilities**
Isabell Lülfi
- **Illegitimate tasks: make you feel insecure, exhausted, and hurt!**
Maria U. Kottwitz
- **(Online) Does (in)congruence between personal and perceived organisational values predict burnout or compassion in healthcare?**
Alina Pavlova
- **Health behaviours of partners of Fly-in Fly-out workers in Australia: a cross-sectional study**
Bernard Asare
- **Health psychological factors influencing the adoption of digital technologies in agriculture by farm managers**
Linda Reissig

P16 DEVELOPING TOOLS AND TRAINING TOWARDS BETTER HEALTHCARE
Chair: Vivien Swanson

- **(Online) Measuring psycho-social perspective of Value-Based HealthCare: construction and initial validation of a new measure**
Leda Marino
- **(Online) A virtual reality education and training tool to reduce weight stigma in primary practice**
Leona Ryan
- **Does professional training in behaviour change last? A follow-up in St Helena**
Vivien Swanson
- **Development of the Health Communication Orientations Scale: a questionnaire measuring health communication style preferences**
Eline Smit
- **Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios**
Elżbieta Wesółowska

P17 SHARED DECISION MAKING AND PATIENT-PHYSICIAN COMMUNICATION
Chair: Heather Buchanan

- **Doctor-Patient Communication in cancer care in China: A qualitative study**
Heather Buchanan
- **(Online) Perceptions of Genetically Oriented Physicians Among Black and White Americans with Obesity**
Matthew Lebowitz
- **Parent involvement in end-of-life care and decision making in NICU: neonatologists' self-reported practices and attitudes**
Ana Bogdanic
- **(Online) Perceived risks, medical self-efficacy, patient-centered communication style, and SDM involvement on general public's treatment satisfaction**
Ju-Chun Chien
- **(Online) Congruence in treatment decision-making models among the general public: Does one size fit all?**
Ju-Chun Chien

P18 PERCEPTIONS OF ILLNESS, TREATMENT AND RISKS
Chair: Nicola Cogan

- **(Online) Understanding and addressing COVID-19 Booster vaccine hesitancy: Rates, determinants and implications for health communication**
Konstadina Griva
- **A preference for personally experienced status-quo affects vaccine-like decisions under risk**
Miriam Kachelmann
- **Understanding COVID-19 vaccine hesitancy among health and social care workers during mass vaccination in Scotland**
Nicola Cogan
- **Co-development of risk communication resources for people with a genetic predisposition to cancer**
Kate Morton
- **How do women at increased risk of breast cancer appraise their risk? A systematic review**
Victoria Woof

17:00 - 18:00 Keynote Lecture: **Susan A. Murphy**
Data, Personalization, Digital Health! - Room London

18:00 - 19:00 **Meet the Editors** - Room London

09:30 - 11:00 Parallel Sessions - Saturday, 27 Aug 2022

Oral Session	Oral Session	Symposium	Oral Session
Embedding health behavior change in healthcare Chair: Molly Byrne	Physical activity interventions Chair: David French	Broadening the focus: Examples of non-WEIRD research in health psychology Chair: Gudrun Sproesser	Health services research applications Chair: Laura König
Room London	Rome	Paris	Berlin
9:30 Developing an animation using the Behaviour Change Wheel to facilitate breast screening amongst under-represented groups Amish Acharya	Using the health action process approach to improve physical activity in adolescents Konstantin Schenkel	Exploring psycho-social motives of health care seeking among Nicaraguan migrants in Costa Rica Benjamin Reyes Fernandez	Does the health belief model predict patients' uptake of therapeutic patient education programs? Sophie Lelorain
9:45 Are macro-level changes required to implement and embed CMV education into routine antenatal care? Amy Montague	Do physical activity plans help to reduce sedentary behavior? A randomized controlled trial involving dyads Zofia Szczuka	(Online) The effectiveness of Naluri app on clinical and psychological outcomes of cardiac patients in Malaysia Darlina Fadil Azim	(Online) Clustering the cognitive status indicators in cardiac surgery patients to assess the cognitive disorders risk Irina Tarasova
10:00 The Choosing Health process evaluation: feasibility and acceptability of a tailored weight loss intervention Iga Palacz-Poborczyk	Older adults' intervention engagement and functional status are related to physical activity and social participation Robin Rinn	Increasing handwashing infrastructure functionality through increased psychological ownership in a refugee camp in Bangladesh Nadja Contzen	«Doctor, doctor, please»: Evidence for more frequent doctor visits as a reaction to social exclusion Christiane M. Büttner
10:15 Enhancing Communication and Patient Safety in Obstetrics: Application of the Health Action Process Approach Christina Derksen	(Online) Increasing the uptake of deposit contracts for physical activity behavior change using a smartphone intervention David de Buissonjé	Perceived distributive fairness and acceptance of decentralised wastewater treatment systems in Bangalore, India Josianne Kollmann	A systematic review and meta-analysis of studies of reactivity to in-time-moment measurement of health behaviours Laura König
10:30 (Online) Health Psychology in Industry: Applying behavioural-science to develop a patient support programme for multiple sclerosis Kate Hamilton-West	Which 'self' makes us exercise more? An online RCT on future-best-possible, future-worst-possible and past-successful exercise-self Lisa Marie Warner	Traditional and modern eating in a sample of older adults from Gujarat, Western India Gudrun Sproesser	What people think about medicines and its prescription by doctors _ a study in Portugal Margarida Santos
10:45 Psychosocial predictors of Physical Activity Adherence in Cancer Survivors: A Systematic Review and Meta-Analysis Jorge Encantado	(Online) Effectiveness of the Let's Move It intervention on physical activity and sedentary behavior: Cluster-randomised trial Nelli Hankonen	Discussion Jo Hart	

11:00 - 11:30

Coffee Break

11:30 - 12:30 Keynote Lecture: **Urte Scholz**

Better together? The role of others in health behavior change - Room London

12:30 - 13:15 Closing Ceremony - Room London

13:15 - 14:00 Reception for EHPS 2023 - Room London

Oral Session	Oral Session	
Stress management interventions	Technological and digital solutions in the context of illness	
Chair: Liz Steed	Chair: Efrat Neter	
Vienna	Warsaw	
Stress-management interventions for the irritable bowel syndrome: a systematic review and meta-analysis Anna Horn	Clinical efficacy of COMPASS, a digital therapeutic for treating anxiety/depression in long-term conditions: randomised-controlled trial Rona Moss-Morris	
Mindfulness-Based Cognitive Therapy for fatigue in patients with Inflammatory Bowel Disease: A randomized controlled trial Quirine Bredero	A mixed-methods real-world evaluation of a novel transdiagnostic digital therapeutic designed to treat anxiety and depression related to living with a long-term condition Natasha Seaton	
Feasibility Study of a three-week Chatbot-based Intervention for Stress Reduction and Health Improvement Christine Schillings	(Online) Robot-assisted and Virtual Reality-based Neuromotor Rehabilitation: Evidence on Devices Experience of Use and Effectiveness Francesco Zanatta	
Which Cognitive Behavioural Therapy interventions show most promise for treating Diabetes-related distress: A systematic review Emma Jenkinson	Behaviour change techniques and intervention characteristics in digital cardiac rehabilitation: A systematic review Eanna Kenny	
RCT of a cognitive behavioural intervention (TANDEM) for individuals with COPD. Cost and effectiveness results Liz Steed	Usability, cybersickness and working mechanisms of virtual reality for chronic pain in Rheumatoid Arthritis Anna de Jong	

Coffee Break



About Bratislava

Bratislava has always been a flourishing and prosperous town, which has made the most of its strategic position on the Danube and at the intersections of important European trade routes. In the Mediaeval period and later in the 18th century, it was a significant economic centre and later, a cultural and political centre of Central Europe. It was thanks to its location that in the 16th Century, Bratislava became the capital and coronation town of the Hungarian Kingdom and the place, where its crown jewels were kept. For one thing, it was remote from the invading Turks, yet close to imperial Vienna, from where the whole of the Austro-Hungarian Empire was governed for almost the following 500 years.

For a long time, Vienna and Bratislava were very closely connected economically, culturally and politically. In the 18th century, the Castle was rebuilt and served as a summer residence for Queen Maria Theresa who visited the town frequently. The main reason for her regular visits was the fact, that her favourite daughter, Maria Christine, lived here for almost 20 years.

The strategic location of the town had been considered a long-term advantage but suddenly in the middle of the 20th century it became a major disadvantage, when Bratislava had to pay heavily for its unique position. After the communists came to power in 1948, an Iron Curtain, visible from the city centre, was drawn. It brutally divided what had once been a single economic and cultural region.

Following the fall of communism in 1989, Bratislava could at last develop as a free town and re-establish its close relations with Vienna. Now, paradoxically, it was Vienna which held the excluded region back from its more rapid growth. Although much was resolved once Slovakia became a member of the European Union in 2004, the final impediment to the rapid development of the cross-border Euro-region was removed as late as 2007 when a motorway on the Austrian side came into operation and Slovakia became part of the Schengen group.

Bratislava Main Attractions

If you are planning a trip to Slovakia's capital, you definitely do not want to miss the top sites and places of interest that make Bratislava remarkable. Stroll the streets of the city from the historic Old Town Hall to the modern UFO Bridge. No visit to Bratislava would be complete without taking in all these attractions. Some of them have free admission while others charge a small entrance fee and accept discount passes.

BRATISLAVA CASTLE

The former seat of the rulers, today the symbol of Bratislava and the seat of the Museum of History. There is a wonderful view of the city and the neighboring countries from its 47-metre-high crown tower in which royal coronation jewels used to be deposited.

ST. MARTIN'S CATHEDRAL

A three-nave Gothic church from the 15th century and the former coronation church. A gilded replica of the coronation crown fixed on the top of the cathedral tower at a height of 85 metres and weighing 150 kg reminds of this glorious age.



PRIMATE'S PALACE

OLD TOWN HALL

The former seat of the city self-government is since 1868 the seat of the Bratislava City Museum, the oldest museum in Slovakia. After climbing up the narrow stairs leading to its 45-metre-high tower you will be rewarded with a beautiful panoramic view of the Old Town.

PRIMATE'S PALACE

A Classicist palace built in the 18th century in which the Peace of Pressburg was signed after Napoleon's victory at the Battle of Austerlitz between the representatives of the French and Austrian emperors. The Palace houses a gallery depositing a unique collection of six English tapestries from the 17th century and also serves as the seat of the Mayor of Bratislava.

MICHAEL'S GATE

The only preserved gate of the city fortification system dates back to the 14th century. The upper terrace of its 51-metre-high tower provides an enchanting view of the Bratislava Castle and the Old Town. The tower houses the Museum of Arms.

GRASSALKOVICH PALACE

A Rococo summer palace from the 18th century used to be known for its rich social life and a famous composer Joseph Haydn also performed here. Since 1996 it serves as the seat of the President of the Slovak Republic.

BLUE CHURCH

The St. Elizabeth's church built in the Art Nouveau style at the beginning of the 20th century is remarkable for the blue colour of its façade made with attention to detail with often use of mosaic. It is a popular place for weddings and baptisms.

SLAVÍN

The largest war memorial in Central Europe is thanks to its height of 52 metres one of the dominating features of the city skyline. It is the burial ground of 6845 soldiers of the Soviet army who died during the liberation of Bratislava in World War II.

UFO

A unique observation deck on the pylons of the SNP Bridge at a height of 95 metres with amazing views of the city and visibility of up to 100 km. It offers the most beautiful sunset combined with a culinary experience.



Local Information

Info

- **MONEY:** Slovakia is a member of the European Union and uses the Euro currency.
- **ELECTRICITY:** Slovakia uses the Type E electric plug ("French"), 230V/50 Hz.
- **WEATHER:** High temperatures in Bratislava in August are at around 27 Celsius (80 Fahrenheit), lows at around 15 Celsius (60 Fahrenheit). The hotel is air-conditioned.
- **PHONE COUNTRY CODE:** +421; cell phone operators: Orange, Slovak Telekom (Deutsche Telekom), Telefónica O2.
- **SAFETY:** The situation in Slovakia is similar to all European neighboring countries. Please watch your belongings in places with high tourist concentration. Exercise caution on Friday and Saturday night around groups of drunk people.
- **TAX AND CUSTOM REGULATIONS:** For detailed information, see the customs administration on <https://www.financnasprava.sk/en/homepage>.
- **LANGUAGES SPOKEN:** Slovak is the main language but English and German are the most commonly used foreign languages. Knowledge of French, Spanish, Italian or Russian is less frequent in Slovakia.
- **SMOKING:** Smoking is prohibited in restaurants and public buildings; it is only allowed in bars, designated spaces, and outside.
- **DRINKING WATER:** Tap water is safe to drink.
- **HEALTH SERVICES:** When needing emergency health care please call 112.
- **TIPPING:** Although not necessarily expected, a tip of around 10% is usually appreciated by service staff if you are satisfied with the service.
- **TAXIS:** Never enter a taxi waiting on the street outside an airport or a station, and never try to hail a taxi! Call a taxi by phone, or use an app. More information on this at <https://2022.ehps.net/travel/>.
- **COVID-19:** From the 6th of April, 2022 Slovakia will no longer have any Covid-19 related restrictions for incoming visitors.

More information at <https://www.minv.sk/?entry-of-foreigners-in-to-the-territory-of-the-slovak-republic-during-an-emergency-situation> If you are traveling from the UK please see the information here: <https://www.gov.uk/foreign-travel-advice/slovakia>. Updated COVID information is available at <https://korona.gov.sk/en/>.

Places to eat

The Local Organizing Committee would like you to enjoy both the proceedings of the conference and your stay in Bratislava. So we got together and compiled a list of our recommendations for places to eat. We hope that this list, though being far from definitive will offer everyone choices of their taste and budget.

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Lacinka Palacinka, Šancová 18

Offering sweet or savoury options of traditional Slovak palacinky (halfway between crêpes and pancakes), the small and shabby bistro close to the Central Train Station does not do websites or social networks, but there is no need, every resident of Bratislava knows the place that tastes like a childhood weekend at grandma's.

Fabrika The Beer Pub, Štefánikova 4

Close to Crowne Plaza, this restaurant brews its own beer but they also have Pilsner Urquell on tap. This is the only place in town where my friend, an over-critical professional beer-brewer, ever ordered a second glass. The food is also nice. And peanuts, there is always a basket of peanuts on the table.

By showing your conference name badge you will get a large F12 Lager beer or soft drink free of charge, with every order

Zylinder, Hviezdoslavovo námestie 19

This is the real taste of Bratislava: a menu where Austrian schnitzels, Czech broths, Hungarian goulash and pörkölt coexist side by side with Slovak halušky or even items introduced by Napoleon's soldiers. Check out the Tafelspitz Beef Round: this is the true taste of Central Europe. Warning: avoid if feeling vegan.

Lenka's tips:

BISTRO SOHO, Laurinská St.

Not far from the main university building at Šafárikovo námestie, this bistro offers Thai food, including vegan and gluten-free options and is a great place for project planning. I come here mostly with psychologists and educators, and the lunch is often followed by a great project idea.

U SRNČÍKA, Devín

Visit the outlying boroughs of Bratislava (by bus, bike, boat or on foot). Devín is one of them, a village incorporated into Bratislava, lying at the Austrian border and the former iron curtain. It's draw is a combination of history and nature. A lunch at Srnčík's, enjoyed under a chestnut tree makes one think of a Sunday family outing from a century ago. You can try traditional Slovak cuisine like bean soup, venison goulash or fried smoked cheese, or go for something "less exotic" (and also vegetarian friendly).

LUCULUS, Ice Saloon at Hviezdoslavovo námestie

Simply a must go for ice-cream lovers in August. Enough said.



MICHAEL'S GATE



Local Information

Slovak Pub, Obchodná 62

Squeaky wooden floors, dim lights, traditional food and decor, crowded but cosy rooms dedicated to prominent figures of Slovak history, culture and folklore. Their famous garlic soup in a loaf of bread will certainly keep the vampires away.

Horáreň, Lesná 1 or Nekrasovova 2059/12

What used to be a hunters' lodge is now a café with a terrace, set in Horský Park (which Google translates as a "Mountain Park" even though there are no mountains, except a mountain of steps). This is a good place to visit with kids because there is a playground, a community centre, and an outdoor art installation. I always stop by on my walk from the Slavín WWII memorial to Horský Park.

Bufet Horná Stanica, Cesta na Kamzík

Kamzík is a forest recreation area in the Little Carpathians, which I visit every single time I'm in Bratislava. It's great for hiking, cycling, and running, if you're after a hilly trail, and there's a nice outdoor playground for kids at the very top. There are several places I'd recommend for a meal. The Bufet Horná Stanica cafeteria is a hidden gem. It is not the easiest to find if you don't know your way around, but the sound of the cable car will guide you to it – if the car happens to be operating, that is. Horná stanica translates as "Summit Station", which means you can get a lift here if you'd rather avoid the lengthy climb from the Železná Studnička valley – itself a fantastic recreational area with amenities for families with kids, and also a great spot for hiking! You may need to do some planning though. Another way to reach Kamzík is by bus from the Central Train Station area, plus a short walk. This place is very popular and often crowded, but the Koliba Expo and Shoppa restaurants are good options offering traditional food and decor, if you don't mind paying a bit more. The Attitude restaurant up the iconic TV Tower offers great views, but it will also take your wallet for a hike.

Dobrodruh, Vajnorská 1306/3

Someone's already mentioned the Kruh Bakery (I second that!), so I'll add café Dobrodruh further down the street. One of my favourites for great atmosphere, fruit wines, tasty "bratislavské rožky" pastries, and travel inspiration. Dobrodruh means "adventurer", and the café frequently hosts travellers talking about their experiences from traveling around the globe. Anyone can give a talk, so if you've had enough of the formal conference presentations and want to talk to people about the exciting places you've visited, these folks would love to have you!

Domček Medická, Poľná ulica

This is a sweet and cosy cafe within walking distance from the city centre for those who like to chill in a park setting and/or anyone with kids. There is a playground and a dedicated outdoor "Čítareň" – a place to read, often with a few books available.

By showing your conference name badge you will get an espresso, espresso lungo, americano for a discounted price of 1€, cappuccino for 1,50€ or affogatto for 2€ after your order.

Kalifornian, Tobručská 5

Kalifornian offers flavours of the world in a bowl, and is like California itself – the ultimate "melting pot". Here, though, you can mix and match the ingredients that go into your meal.

The meats and vegetables are all sourced from local, sustainably managed farms. Kalifornian cooperates with local farmers to get the best quality at the best price. What's more, you can also make your bowl completely vegetarian or vegan.

WERK, Bottova 1

Werk boasts a distinctive experience in an extraordinary setting. The space offers breakfast, lunch, dinner or drinks. The menu varies during the day, so you can always expect a unique gastronomic experience.

What's more, it is situated in the 'Jurkovič Heating Plant', which is one of the last remaining historic buildings from the golden era of industry in Bratislava. The building was likely designed by the father of modern Slovak architecture, Dušan Jurkovič. Although it was bombed during World War II, it was later renovated and its historic significance preserved.

MINT, Svätoplukova 2a

Mint Pradiareň is located in a newly developed area of Nivy, in the renovated industrial historic building named Pradiareň 1900. Mint offers coffee, artisanal bakery products and traditionally prepared food and drinks. Do try the takeaway fresh sourdough focaccia. Mint makes its own coffee, croissants, sourdough pizza, pasta and sells artisanal products in its own shop. You can either enjoy the indoor seating in a modern, renovated space, or bask in the sun on the outdoor terrace.

Balans Bistro, Jozefská 2989/23

This vegan bistro offers a wide variety of vegan dishes that could easily convince even a die-hard carnivore to forgo the meat-based diet. Try the classic Balans burger and let the great flavours enchant you, while doing something for the planet. You can also try the craft beers or vegan desserts. In addition to the fresh interior, seating is available in the courtyard garden.

Vegan kiosk, Grösslingová 11

Located close to the main building of the university, in a quiet side-street near the Blue Church, this vegan kiosk offers food made from local and seasonal ingredients. It is the first vegan street food establishment in Slovakia and has daily specials and vegan desserts.

By showing your conference name badge you will get a welcome drink: 1dl draught prosecco or presso/lungo for free after your order

Foodblogger recommends: Daniel Feranec a.k.a. Čoje is a popular local food blogger who compiled a few tips for eating out in Bratislava. If you want to read more, check out his suggestions at [instagram.com/cojebratislava/](https://www.instagram.com/cojebratislava/) or <https://www.facebook.com/cojebratislava/>.

Riverbank, Dvořákovo nábrežie 6

A high-end restaurant run by Jaroslav Židek, a top Slovak chef, serves the traditional cuisine of Central Europe with a fresh, modern twist and great plating. Slovak, Czech, Austrian and Hungarian dishes can be enjoyed here, including amazing traditional desserts.

More complete list can be found on the website at:
www.2022.ehps.net/places-to-eat/





About the Bratislava CARD

The Bratislava CARD is the official tourist destination card helping you get to know and experience the best that Bratislava and the Bratislava Region have to offer. You can choose between the card with or without public transport. Enjoy unlimited use of public transport, free access to 18 museums & galleries, free guided walking tour and more than 100 other attractive discounts of up to 50 %.

BRATISLAVA CARD

Bratislava Tourist Board offers you 20% discount for BRATISLAVA CARD

Booking: show your conference badge to apply for discounts

Website and description: <https://card.visitbratislava.com>

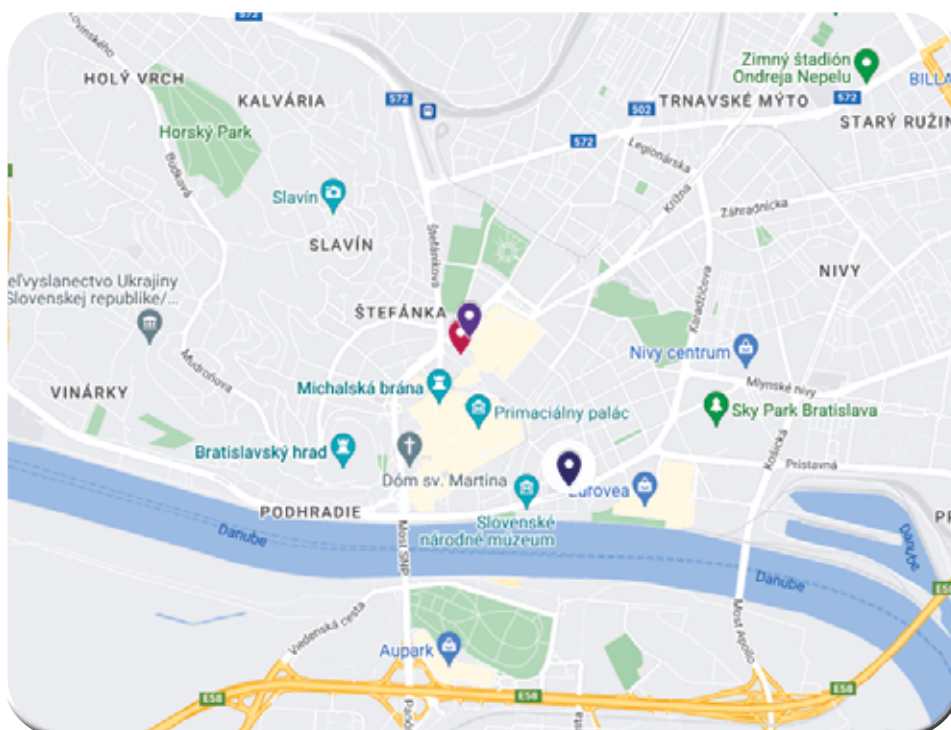
Selling point: TIC, Klobučnícka 2, Bratislava

Opening hours: <https://card.visitbratislava.com/contact>



Conference Venue Map

Scan for the Map





Below are suggestions on how to reduce the environmental impact of the conference as individuals and a community.

More details are available in a recent publication of the special interest group in Equity, Global health, and Sustainability on “How to make EHPS conferences more climate-friendly” accessible here: <https://ehps.net/ehp/index.php/contents/article/view/3390/1273>

Travel

Around 200 delegates will attend the EHPS conference remotely this year, which will enable us to pilot a hybrid model of the conference and get feedback from the EHPS community. Those attending in person may want to consider the travel options below. The geographical position of Bratislava makes it ideal to try other options than air travel.

Carbon footprint: See how much CO₂ you can save by switching to ground travel instead of flying where this is possible: EcoPassenger or TravelClimate. If flying is unavoidable, choosing the most direct flight to the nearest airport on the continent and taking a train to Bratislava should reduce emissions.

Trains: These travel search engines may assist in searching and booking a train to Bratislava: Seat 61, Omio, German Railway, Trainline, Rail Europe, NightJet-Trains

Cycling: The EuroVelo network connects Bratislava with many other cities via cycling paths (routes 6, 9, or 13).

Ferry from Vienna to Bratislava: CityLiner

Carpools: From some destinations the best idea would be to fill up a car. Talk to your colleagues or lab-mates if this could be an option. The best way to get around Bratislava is by foot or using public transport which is generally cheap and reliable (<https://imhd.sk/ba/public-transport>)

Accommodation

The locations of the conference venues have been chosen to make it easy to walk between them for most people, with the farthest one being Comenius University's auditorium at 1000 meters from Crowne Plaza. Booking accommodation close to the city centre reduces commuting.

More eco-friendly accommodation can be found using common search tools with eco-filters: Booking, TripAdvisor

Catering

All catering services are advised to avoid single-use plastics and source their ingredients as locally as possible. Lunch will be served as a buffet at the hotel to reduce waste and packaging. Our goal is to serve all food and drink on ceramic plates and in glasses.

Lunches for delegates attending meetings during lunchtime will be packed as eco-friendly as possible.

Tap water in Bratislava is of good quality, and there are drinking fountains available around the city. We will provide a number of reusable glass bottles to participants, but everyone is also welcome to bring their own bottles.

We have planned one completely plant-based lunch menu on Thursday (all meals will have plant-based options, but this one will be completely plant-based). If the response is positive, EHPS may try more plant-based lunches at the next conference.

Conference bags and other material

We have purchased conference bags specifically designed to be reusable (non-obtrusive branding), and as multi-purpose as possible. We will reduce the number of printed copies of the conference program, and the abstract books will be published online only. Delegates will be asked to leave their conference name badges at the site to be re-used. We have given special attention to reducing waste in terms of paper or plastic pens.

Contact us with further ideas

If you have any further ideas on how to reduce the environmental impact of the conference or tips for other delegates on how to travel more sustainably (e.g. planning bike journeys, or taking the train), tag us on Twitter to share them!

#sustainableEHPS & Special Interest Group @Ehps4G

Both the EHPS and the Local Organizing Committee of the EHPS 2022 conference encourage green, sustainable travel. We would like to help you make the best decisions regarding the environment when planning your trip to Bratislava this year, so we encourage you to use the third-party application below. It is an easy-to-use calculator which will show you the most environmentally friendly ways to get to this year's conference.



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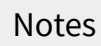


**37th Annual Conference of the
European Health Psychology Society**

**4-9 September 2023
Bremen, Germany**

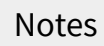
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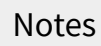
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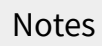
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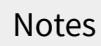
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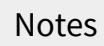
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Notes

[illegible]

ORGANISERS:



EUROPEAN HEALTH
PSYCHOLOGY
SOCIETY



COMENIUS
UNIVERSITY
BRATISLAVA

SPONSORS:



COORDINATOR:

