

# **EHPS 2022**

*36th Annual Conference of the European Health Psychology Society*

## **Final programme**

**All times in this document are in CEST, GMT+2**

For conversion, please check the Overview program, or visit [this website](#)

## Tuesday, 23 Aug

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9:00 - 12:00 Morning Workshops

Workshop Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios  
Room: Warsaw

9:00 Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios.  
*Elżbieta Wesolowska*

Workshop Preregistration for fun, profit, and exploration – part A  
Room: Bratislava

9:00 Preregistration for fun, profit, and exploration  
*Chris Noone, Gjalt-Jorn Peters*

9:00 - 16:00 Full-day Workshop

Workshop Interpretative phenomenological analysis- a skill-based introductory workshop and update  
Room: Kiev

9:00 Interpretative phenomenological analysis- a skill-based introductory workshop and update  
*Paul Flowers*

13:00 - 16:00 Afternoon Workshops

Workshop Using the Person-Based Approach to develop successful health behaviour change interventions  
Room: Warsaw

13:00 Using the Person-Based Approach to develop successful health behaviour change interventions  
*Katherine Bradbury, Kate Morton, Laura Dennison*

Workshop Preregr for fun, profit, and adventure  
Room: Bratislava

13:00 Preregr for fun, profit, and adventure  
*Gjalt-Jorn Peters, Chris Noone*

18:00 - 19:30 Opening Ceremony  
Room: London

19:30 - 21:30 Welcome Reception  
Room: London

## Wednesday, 24 Aug

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8:30 - 9:30 EHPS Meeting (Forum)  
Room: London

9:30 - 11:00 Parallel Sessions

### Oral Session Predicting COVID-19 Protective Behaviours

Chair: Paul Norman

Room: London

- 9:30 Predicting health behaviors during the COVID-19 pandemic: A longitudinal study from April to July 2021  
*Olivier Luminet*
- 9:45 Protection Motivation Theory as a framework for understanding adherence to preventive behaviours during COVID-19  
*Gabriel Nudelman*
- 10:00 Applying an integrated social cognition model to explain Covid-19 protection behaviours  
*Paul Norman*
- 10:15 Does autonomous motivation matter in COVID-19 prevention? Predicting personal protective behavior with motivation quality  
*Meri Pietilä*
- 10:30 Identifying Key Belief-Based Targets for Promoting Uptake of COVID-19 Vaccinations in Australia  
*Jacob Keech*
- 10:45 Habit formation of physical distancing and hand washing during the COVID-19 pandemic in the Netherlands  
*Marieke Adriaanse*

### Oral Session Adolescent health

Chair: Angela Rodrigues

Room: Rome

- 9:30 A participatory developed school-based intervention promoting healthy sleep in adolescents – a process evaluation  
*Janneke de Boer*
- 9:45 How various forms of editing may affect adolescents' perception of health message credibility  
*Katarina Greskovicova*
- 10:00 Understanding adolescent sleep health from a systems science perspective using a causal loop diagram  
*Danique Heemskerk*
- 10:15 Short videos to interrupt university students' sedentary behavior during online-lectures – a pilot study  
*Sebastian Heller*
- Online 10:30 Identifying barriers and facilitators to physical activity in female adolescents in Germany: A photo-voice study  
*Heide Busse*
- 10:45 Harnessing adolescents' values for food choices: Co-creating food determinants maps  
*Sara Correia Simão*

### Roundtable Potential of new social approaches to study and influence health behaviors

Chair: Jutta Mata and Dolores Albarracin

Room: Paris

- 9:30 Potential of new social approaches to study and influence health behaviors  
*Jutta Mata, Dolores Albarracin, Urte Scholz, Rebecca Band, Annie (Haesung) Jung*

**Symposium Women's health in a cultural context: Identifying risks and opportunities for change**

**Chair: Efrat Neter**

**Room: Berlin**

- 9:30 Pregnant women's pandemic-related stress, fear of childbirth, and postpartum post-traumatic stress symptoms  
*Yael Benyamini*
- 9:45 The role of maternal depression symptoms and maternal-foetal attachment in predicting exclusive breastfeeding  
*Adriana Baban*
- 10:00 Decision Coaching-Navigation Intervention for Cancer Genetic Risk Assessment: Large Effect Size but Room to Grow  
*Anita Y. Kinney*
- 10:15 Stresses of COVID-19 and future expectations among women: A cross-cultural analysis using the femininity-masculinity dimension  
*Efrat Neter*
- 10:30 Participatory Action Research: Addressing Inequalities in Cervical Cancer Screening in Bulgaria  
*Irina Todorova*
- 10:45 Discussion  
*Karen Morgan*

**Symposium Impact of smartphone use on health-related outcomes: Do we need to worry about it?**

**Chair: Jan Keller**

**Room: Vienna**

- 9:30 Activity promotion vs increase in screen time in children – balancing intended and non-intended effects  
*Jenny Frense*
- 9:45 Constantly connected, constantly ignored. Systematic review and meta-analysis examining the associations between phubbing and well-being  
*Tania Nunez*
- 10:00 Digital Detox as Response to Information Overload? The Role of Smartphone Literacy and Nomophobia  
*Desiree Schmuck*
- 10:15 Take a break?! Effectiveness of digital detox on health-related outcomes – A systematic literature review  
*Theda Radtke*
- 10:30 A mobile intervention for self-efficacious and goal-directed smartphone use: Randomized controlled trial  
*Jan Keller*
- 10:45 Discussion  
*Felix Naughton*

**Oral Session Health behaviour in older adulthood**

**Chair: Jenny Groarke**

**Room: Warsaw**

- 9:30 The acceptability of homebased exercise- and Tai-chi snacking in UK and Taiwanese older adults  
*Ian Ju Liang*
- 9:45 Older adults' barriers and facilitators when formulating implementation intentions for physical activity- A qualitative study  
*Valérie Bösch*
- 10:00 A qualitative study exploring music as a behaviour for managing older adult wellbeing during COVID19  
*Jenny Groarke*

10:15 A cognitively enriched walking program for older adults to boost cognitive functioning: a pilot study  
*Pauline Hotterbeex*

Online 10:30 "With a little help I manage": helpful support for residents with chronic-pain in long-term care  
*Marta Matos*

10:45 Integration of illness into caregivers' identity: Associations with burden, wellbeing, and attachment  
*Karin Mashevich*

## Oral Session Stress, affect and well-being

Chair: Ainslea Cross

Room: Bratislava

9:30 Different Associations of Post-Traumatic Growth and Well-Being among the Dutch General Population during COVID-19 Pandemic  
*Denise Blom*

Online 9:45 How does expecting positive events relate to event-related enjoyment, appraisals, and daily affect?  
*Patrick Klaiber*

10:00 Do loneliness and depression mutually influence each other over time?  
*Hannes Mayerl*

10:15 Substance use among middle school students: How does is related to psychological and social well-being?  
*Réka Dudok*

## Symposium Advancing habit research for health

Chair: Sally Di Maio

Room: Kiev

9:30 The impact of individual differences on habit formation following a flossing intervention  
*Gaby Judah*

9:45 Which factors drive the formation of a higher-order nutrition habit? An intensive longitudinal diary study  
*Sarah Labudek*

10:00 Transmission effects in habit formation after planning to form two new handwashing habits  
*Sally Di Maio*

10:15 Predictors of initiation and maintenance for a simple vs a complex health behaviour  
*L. Alison Phillips*

10:30 Advancing habit research for health  
*Barbara Mullan*

10:45 Discussion  
*Phillippa Lally*

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

## SOTA + Oral Climate change and sustainable diet

Session Chair: James Green

Room: London

11:30 Health Psychology and climate change: Time to address humanity's most existential crisis  
*Esther K. Papiés*

Online 12:15 Deliberate Ignorance—A Barrier for Information Interventions Targeting Reduced Meat Consumption?  
*Philipp Kadel*

12:30 How experts perceive healthy and sustainable dietary behaviour: A qualitative study among an interdisciplinary panel  
*Anouk Mesch*

**Symposium** Conducting behavior change intervention studies for infection prevention during an ongoing pandemic: Why and how

Chair: Jennifer Inauen

Room: Rome

- 11:30 An accessibility nudge, but not risk-related information increases COVID vaccination-related behaviors in the unvaccinated  
*Helge Giese*
- 11:45 A just-in-time but still planned intervention to promote COVID-19-vaccination in university students: Lessons learned  
*Tugce Varol*
- 12:00 Multiphase optimization strategy to promote hand hygiene during a pandemic: Optimization of the Soapp app  
*Jennifer Inauen*
- 12:15 Pandemic trajectory and hand hygiene interventions: results from the secondary analysis of the Soapp trial  
*Dario Baretta*
- 12:30 Daily diary-assessed hand washing during a 100-days hand washing challenge: Insights from the ERNA intervention  
*Noemi Lorbeer*
- 12:45 Discussion  
*Susan Michie*

**Roundtable** Exploring healthcare practitioners' perspective: How to best apply health psychology evidence in practice?

Chair: Dominika Kwasnicka

Room: Paris

- 11:30 Exploring healthcare practitioners' perspective: How to best apply health psychology evidence in practice?  
*Dominika Kwasnicka, Sebastian Pothhoff, Keegan Knittle*

**Oral Session** Tobacco use interventions

Chair: Robert West

Room: Berlin

- 11:30 The Effect of Self-Affirmation on Responses to Cigarette Warning Labels Among Daily Smokers in Turkey  
*Meryem Kaynak Malatyali*
- 11:45 Co-use of tobacco and cannabis: exploring the support provided by stop smoking practitioners  
*Dayyanah Sumodhee*
- Online 12:00 VR exposure to anti-tobacco posters : impact on memorization of messages, smoking attitudes and craving?  
*Solenne Bonneterre*
- Online 12:15 Systematic review and meta-analysis of volitional help sheet interventions for health behaviour change  
*Ross Stewart*

**Symposium** Making brief interventions work: multi-stakeholder perspectives on implementation and effective components of health behaviour conversations

Chair: Oonagh Meade and Chris Keyworth

Room: Vienna

- 11:30 Iterative development of a training program in Motivational Communication  
*Anda I. Dragomir*
- Online 11:45 Promoting healthy behaviours in adults in primary care: a systematic review and meta-analysis  
*Sophie Sun*

- 12:00 Experiences of embedding brief interventions in an integrated care system  
*Jo Hart*
- 12:15 Barriers and enablers to implementing Making Every Contact Count brief behavioural interventions– a survey study  
*Oonagh Meade*
- 12:30 Patient perspectives and experiences of brief behavioural interventions  
*Chris Keyworth*
- 12:45 Discussion  
*Molly Byrne*

**Symposium** Consumption of sugar-sweetened beverages and water: Discussing health implications of drink choice and potential interventions

**Chair:** Amy Rodger

**Room:** Warsaw

- 11:30 From the fundamentals to the importance of hydration for health in the general population  
*Tiphaine Vanhaecke*
- Online 11:45 Cravings for non-alcoholic drinks including sugar-sweetened beverages  
*Joshua McGreen*
- 12:00 Increasing motivation for bottled water through advertisements  
*Maria Almudena Claassen*
- Online 12:15 Reducing sugar-sweetened beverage consumption in children: a cluster randomized control trial in schools (Belgium)  
*Katia Castetbon*
- 12:30 Can a simple plan change a complex behaviour? Implementation intentions and water drinking  
*Amy Rodger*
- 12:45 Discussion  
*Eva Kemps*

**Symposium** Utility and applications of Bayesian methods in health psychology: theory building and evidence evolution

**Chair:** Rens Van De Schoot

**Room:** Bratislava

- Online 11:30 Bayes factors in health psychology to interpret statistically non-significant findings: is the p-value enough?  
*Emma Beard*
- Online 11:45 Expert Elicitation, Prior-Data Conflicts, Bayes Factors for Replication Effects, and the Bayes Truth Serum  
*Rens Van De Schoot*
- 12:00 Discussion  
*Sarah Depaoli*
- 12:15 Application of Bayesian approach in mixed methods reviews in health psychology  
*Aliya Amirova*
- Online 12:30 Reporting standards for studies applying Bayesian statistics: WAMBS checklist  
*Sarah Depaoli*
- 12:45 Discussion  
*Sarah Depaoli*

**Oral Session** Sleep and self-enhancing behaviours

**Chair:** Laura S. Belmon

**Room:** Kiev

- 11:30 Individual differences in sense-of-purpose moderates link between sleep and next-day anticipation of positive events  
*Jin Wen*

11:45 Effects of Childhood Trauma on Sleep Quality and Stress-related Variables in Adulthood: Two Multilevel Studies  
*Daryl O'Connor*

12:00 Does social media use impact sleep quality? Moving beyond self-report methodology  
*Thomas McAlpine*

12:15 Promoting children's sleep health: Intervention Mapping meets Health in all Policies  
*Laura S. Belmon*

Online 12:30 Does general and academic procrastination influence bedtime procrastination? The role of routines-related variables  
*André Oliveira*

12:45 The effect of a body scan intervention on interoceptive processes and the HEP  
*Sandra Antonie Mai-Lippold*

13:00 - 14:00 Lunch

13:00 - 14:00 BPS DHP Meeting  
Room: London

14:00 - 15:30 Parallel Sessions

Oral Session Implementation in Mental Health and Social Exclusion

Chair: Emily Oliver

Room: London

14:00 Treating distress in long-term conditions: Outcomes for an Improving Access to Psychological Therapy service  
*Natasha Seaton*

14:15 Co-location in community spaces increases access to public mental health services by neutralising psychological barriers  
*Fiona Duncan*

14:30 Autonomy in co-located mental health services: impacts on staff and service users  
*Emily Oliver*

14:45 Barriers of the care system for adolescents with emotional and behavioural problems: care providers' perspectives  
*Lucia Bosakova*

15:00 Mutual communication and relationship between health care providers and socially excluded Roma  
*Daniela Filakovska Bobakova*

Roundtable Mechanisms of action of behaviour change interventions: Challenges in definitions and measurement

Chair: Marie Johnston

Room: Rome

Online 14:00 Mechanisms of action of behaviour change interventions: Challenges in definitions and measurement  
*Talea Cornelius, Susan Michie, Diane Dixon, Marie Johnston*

Oral Session Physical activity, sedentary behaviour and alcohol

Chair: Richard Steel

Room: Paris

14:00 The Longitudinal Associations Between Wearable Technology, Physical Activity and Self-Determined Motivation  
*Richard Steel*

14:15 New-onset alcohol use disorder after bariatric surgery : an interpretative phenomenological analysis  
*Esin ER*



14:30 Identifying conducive contexts and mechanisms of sedentary behavior interventions in older adults: a realist review  
*Laura Van de Velde*

Online 14:45 Within-person predictors of moderate-to-vigorous physical activity: Systematic review of Ecological Momentary Assessment studies  
*Verena Schneider*

15:00 The relation between physical activity and executive functions in childhood: an inter- and intraindividual approach  
*Anne Eppinger Ruiz de Zarate*

Online 15:15 Appearance-schema, trait physical anxiety and contextual online exposure increase body dissatisfaction and body anxiety  
*Mihaela Boza*

**Symposium Considerations for Development and Evaluation of Digital Health Projects**

**Chair: Ann DeSmet**

**Room: Berlin**

14:00 The importance of contextual factors in smoking relapse: Ecological momentary assessment  
*Mathis Elling*

14:15 Acceptability and usability of low-cost activity trackers among adults of lower socio-economic status  
*Ann DeSmet*

14:30 Determinants of patients' (decision to use) online access to general practice medical records  
*Rosa Thielmann*

14:45 Making sense of the impact of sexual health website Sense.info: results from a think-aloud study  
*Gido Metz*

Online 15:00 Wrapped digital fRCT: Working with young people to develop a recruitment and retention strategy  
*Katie Newby*

15:15 Discussion  
*Rosa Thielmann*

**Symposium Research on cancer screening participation: from a specific approach to an integrated model**

**Chair: Ronan O'Carroll**

**Room: Vienna**

14:00 Exploring reasons for non-participation in colorectal cancer screening: a systematic review of qualitative studies  
*Alice Le Bonniec*

Online 14:15 A decision aid on mammography screening: Do knowledge and attitude mediate the effect on intention?  
*Maren Reder*

Online 14:30 Exploring the implementation of text message reminders for cervical screening in Ireland  
*Jenny Mc Sharry*

14:45 Using the Integrated Screening Action Model (I-SAM) to guide intervention development in cancer screening programmes  
*Katie Robb*

15:00 Including people of all abilities in screening research  
*Marie Kotzur, Astryd Jamieson*

15:15 Discussion  
*Ronan O'Carroll*

**Oral Session Health psychology methods: systems approaches, machine-learning, attrition, and intervention fidelity**

**Chair: Thomas Gültzow**

**Room: Warsaw**

- 14:00 Applying systems methodologies in designing health interventions in complex systems  
*Maartje van Stralen*
- 14:15 Applying machine-learning to rapidly analyse large qualitative text datasets: Comparing human and machine-assisted analysis techniques  
*Ben Ainsworth*
- Online 14:30 Assessing fidelity of receipt of a gait rehabilitation behaviour change intervention  
*Mandeep Sekhon*
- Online 14:45 Resilience and Coping in Oncology Nurses During the COVID-19 Pandemic; An Interpretative Phenomenological Analysis  
*Courtney Atkins*
- Online 15:00 Ethical dilemmas and well-being in teachers' work: A three-way, two-year longitudinal study  
*Mikko Heikkilä*
- Online 15:15 Longitudinal changes in personal resources during the first COVID-19 lockdown: A moderation role of anxiety  
*Zuzanna Kwissa-Gajewska*

**Oral Session Family Health and Wellbeing**  
**Chair: Evangelos Karademas**  
**Room: Kiev**

- 14:00 Resilience in Military Families  
*Alla Skomorovsky*
- 14:15 A discursive examination of how pregnant women navigate and manage their position on physical activity  
*Rebecca Livingston*
- 14:30 Development of mothers' health literacy: Findings from the KUNO-Kids study  
*Maja Pawellek*
- 14:45 The interplay between self-efficacy and self-regulation indicators of child food intake among parent-child dyads  
*Anna Banik*
- 15:00 The development of evidence-based guidance for parents on talking to children about weight  
*Fiona Gillison*
- 15:15 Psychomotor development in early childhood: marginalized Roma children score worse in all domains  
*Stanislava Kováčová*

**15:30 - 17:00 Poster Sessions**

**P01 Physical Activity and Sedentary Behaviour**  
**Chair: Jane Walsh**

Self-efficacy, sedentary behaviour, and sedentary habits: A longitudinal general population study  
*Dominika Wietrzykowska*

Sedentary behavior and physical activity in the context of daily activities, contexts, and environments  
*Pam ten Broeke*

Sitting is not a meaningful behaviour: Goal prioritisation and sitting  
*Benjamin Gardner*

Insights into mechanisms of planning interventions: the effects on self-reported habit and collaborative social control  
*Ewa Kulis*

Designing for active office work  
*Ida Damen*

**P02 Motives, adherence and psychosocial influences on behaviour**  
**Chair: Angelos Kassianos**

What if it doesn't go as planned? Adherence to physical rehabilitation following knee surgery  
*Shu M. Yu*

- Online Psychosocial factors influencing adherence to statins after acute coronary events. A multicenter follow-up study  
*István Tiringier*
- Online An integrated theory of planned behaviour model to understand cancer screening attendance  
*Marcella Bianchi*
- Online Vaccination intentions against COVID-19: Findings from three representative samples of the Portuguese population  
*Cristina Albuquerque Godinho*
- Transmission of vaccination attitudes and uptake based on Social Contagion Theory: A scoping review  
*Maria Karekla*
- How does context affect psychological predictors of alcohol consumption?  
*Richard Cooke*
- How is daily social control related to physical activity and affect in romantic partners?  
*Pascal Küng*
- Are we (m)eating like our friends? How social friendship networks influence meat consumption  
*Ira Elisa Herwig*
- Online The importance of psychosocial factors on health behaviour in pregnancy and postpartum: A systematic review  
*Erika Varnagiryté*
- A computational model of health behaviour choice in couples  
*James Allen*
- Online Condom use across different casual and committed relationships: The role of relationship characteristics  
*Cristina Albuquerque Godinho*

### **P03 Health Behaviour** **Chair: Barbara Mullan**

- Online Socio-cognitive and emotional determinants of edible insect consumption in the Kongo Central province (D.R. Congo)  
*Emmanuel Mopendo Mwisomi*
- Online Young Men in Chile: Porn consumption's impact on Sexual Risk Behaviors  
*Margarita Bernales*
- Re-examining the associations between sleep hygiene behaviours and sleep: An exploratory investigation  
*Thomas McAlpine*
- Effective behavioral theories in interventions promoting condom use among heterosexual youth: a systematic review  
*Alcira de Vries*

### **P04 Developing health behaviour change interventions** **Chair: Oonagh Meade**

- Developing an intervention to enhance medication adherence and minimise clinical inertia in hypertension: MIAMI study  
*Gerry Molloy*
- Individual pathways of changing interaction habits: Qualitative process evaluation of a training intervention  
*Elina Renko*
- Adapted Personal Project Analysis to measure inter-goal relations on physical activity and diet  
*Sara Kassas*
- Developing a digital intervention (iPREPWELL) using the behaviour change wheel to prepare patients for surgery  
*Rebecca Livingston*
- Online AIMS-AET: Promising adherence intervention for endocrine therapy after breast cancer – a randomized pilot design  
*Anna Janssen*

Creation and evaluation of adolescent food choice prevention intervention based on a supermarket simulation  
*Florian Lecêtre*

## **P05 Health behaviour change interventions**

**Chair: Alison Divine**

Encouraging tooth-kind behaviours in children: evaluation of e-training for dental practitioners  
*Joanna Goldthorpe*

Online Psychologically informed oral health interventions in pregnancy and type 2 diabetes: a scoping review  
*Camilla Kristensen*

Why do people struggle to be self-compassionate to health goal lapses? A social cognitive perspective  
*Fuschia Sirois*

Preliminary evidence for a combined intervention using implementation intentions and imagery for physical activity habits  
*Alison Divine*

A systematic review of multiple health behaviour change interventions in healthcare  
*Carolina C. Silva*

Effects of smoking cessation school – results  
*Latinka Basara*

Online Positive Psychology Intervention in promoting safe sex among Chinese men who have sex with men  
*Meiqi Xin*

## **P06 Psychosocial approaches to health behavior**

**Chair: Márcia Filipa Carvalho**

Children's and young peoples' beliefs about chronic musculoskeletal pain: a scoping review  
*Danielle Mountain*

The relationship between self-efficacy and sedentary behaviors in people with overweight and obesity  
*Hanna Zaleśkiewicz*

Online Sleep routines and bedtime procrastination in the times of COVID-19 lockdown  
*André Oliveira*

Online Overcoming obstacles in achieving health-related goals  
*Monika Hricová*

Roles of predictors and moderators in engagement in healthy lifestyle behaviours in BRCA1/2 alteration carriers  
*Nikolett Warner*

## **P07 Contemporary Topics in Self-Regulation**

**Chair: Catherine Grenier**

Online The role of Self-Evaluation and Perceived Social Support in Adult's Problematic Smartphone Use  
*Sándor Csibi*

Social identification and binge drinking practices: The impact of student vs. future professional identities  
*Catherine Grenier*

## **P08 Informal caretakers**

**Chair: Pierre Gérard**

Why don't informal caregivers use respite care services? A cluster-based study in Belgium  
*Pierre Gérard*

Online Looking after the informal cancer caregiver's quality of life  
*Carolina Blom*

The experiences of caregivers of children with respiratory illnesses during the COVID-19 pandemic  
*Michaile G. Anthony*

Online A systematic review investigating the impact of a significant physical health event in informal caregivers  
*Prof Val Morrison*

“We live two lives separately”: an interpretative phenomenological analysis of spouses’ experience facing Huntington’s disease  
*Charlotte Manceau*

## **P09 Social support in health behavior change**

**Chair: Heather Tulloch**

Weight Loss Surgery Saboteurs: A Qualitative Exploration of Online Weight Loss Surgery Support Forums  
*Sophia Quirke-McFarlane*

Relationship satisfaction, perceived social control, and a reduction of sedentary behavior: a longitudinal dyadic study  
*Maria Siwa*

The role of companionship for physical activity: A dyadic longitudinal analysis  
*Patrick Stefan Höhener*

The use of virtual reality in training professionals to understand ADHD and develop their competences  
*Annamária Antalová*

Social support to diminish gender-based barriers to health behaviour: Testing the enabling hypothesis in Nepal  
*Vica Tomberge*

Two of hearts: Relationship quality appraisals and cardiac patients’ and spouses’ functional health  
*Heather Tulloch*

## **P10 Non-COVID vaccination uptake**

**Chair: Aurélie Gauchet**

An umbrella review of interventions that aim to improve HPV vaccine uptake  
*Susan M Sherman*

Psychological antecedents of HPV vaccine intention among French adolescents and their parents  
*Damien Oudin Doglioni*

Exploring parents’ willingness and preferences for the introduction of routine varicella vaccination in the UK  
*Susan M Sherman*

How improve acceptability of vaccination against HPV? Focus groups with parents and school staff  
*Aurélie Gauchet*

Online Italian Adaptation of the Vaccination Attitudes Examination (VAX) Scale: A Reliability and Validity Study  
*Renato Pisanti*

## **P11 Mental health and emotion**

**Chair: Masha Remskar**

Online Trajectory of mental health during COVID-19 pandemic in Spain: risk and protective factors  
*Paula Collazo-Castiñeira*

Emotional experience of the COVID-19 pandemic and lockdowns among college students  
*Dylan Muccia*

University students’ attitudes and understanding of (mental) health maintenance through physical activity and mindfulness meditation  
*Masha Remskar*

Repeated listening to natural sounds at home may improve our mental health  
*Yasushi Suko*

Online Psychometric properties and measurement invariance of a European Portuguese version of fear of COVID-19 scale  
*Margarida Jarego*

## P12 COVID-19

Chair: Gerry Molloy

Effects of life changes by COVID-19 pandemic on eating behaviors in general population in Japan  
*Mika Omori*

Online Nutrition and health during the first months of the COVID-19 in Italy: a qualitative study  
*Francesca Brivio*

Online Protecting others vs. the self: a diary manipulation targeting COVID-19 preventive behaviors  
*Celia Naivar Sen*

Motivations to get Covid-19 vaccinations: A cross-sectional lifespan analysis of an Irish iCare study sample  
*Gerry Molloy*

How Slovak people perceive vaccination against SARS-CoV-2  
*Veronika Korim*

The effects of psychological resilience on recognition of life recovery from the COVID-19 calamity  
*Shoji Ohtomo*

## P13 Dietary behaviours

Chair: Anila Allmeta

A scoping review of outdoor food marketing: exposure, power and impacts on behaviour and health  
*Amy Finlay*

Online Facilitators and barriers influencing weight management behaviours during pregnancy: a meta-synthesis of qualitative research  
*Tamara Escanuela Sanchez*

Online Nudging healthier choices from a café style menu using traffic light labels  
*Cherie Sim*

Easy or difficult? Investigating perceived ease to change aspects of eating behaviour and physical activity  
*Anila Allmeta*

The impact of a cooking intervention on food literacy skills and cooking behaviour  
*Lisa Harms*

Online Attentional Bias for High Calorie Food Cue by the Level of Hunger in Binge Eater  
*Jang-Han Lee*

## P14 Interventions in clinical or at-risk populations

Chair: Olivier Luminet

Online Predictors of UV-protection behaviours among people diagnosed with melanoma [WORK IN PROGRESS STREAM]  
*Caroline Charlton*

Online Public information on medication safety: sources, perceived reliability and the influence of educational level  
*Graça Andrade*

Video games and activities for money among adult gamblers  
*Samantha TESSIER*

The CRESCENDO program (inCREASE physical Exercise and Sport to Combat ENDOmetriosis)  
*Géraldine Escriva-Boulley*

The impact of nurse-led ambulatory care point on wellbeing in patients with heart failure  
*Katarzyna Piotrowicz*

## P15 e-/mHealth interventions

Chair: Neil Coulson

Do online support groups help individuals affected by HIV/AIDS? A scoping review of the literature  
*Neil Coulson*

An eHealth intervention for French diabetic's patients: "Slow Diabetes"  
*Coline Hehn*

Online An intervention research about telemedicine human factor: healthcare professionals and patients' perspectives and satisfaction  
*Irene Aiolfi*

Which factors influence practitioners' intention to use a robot with their clients with autism?  
*Louise Charpiot*

Online The use of humanoid robots for health education in diabetes – a feasibility study  
*Leona Ryan*

## P16 e-mental health Chair: Hannah Durand

Introducing the Tele-QoL index – a brief measure for quality of life assessment in telemedicine  
*Klara Greffin*

Understanding fatigue across different conditions using remote monitoring technologies  
*Laura Dennison*

Stress reduction in distance-learning students through digital mental health interventions  
*Andrea Haberstroh*

## P17 eHealth across the life span Chair: David Healy

Online Relationship between neutral and problematic adolescents' photo self-disclosure and privacy concerns: does the paradox exist?  
*Kristina Žardeckaitė-Matulaitienė*

A systematic review of behaviour change techniques in digital health interventions with midlife women  
*Hana Sediva*

Encouraging elders with eHealth: promoting an active lifestyle among senior citizens, a randomized field-experiment  
*Anna Nilstomt*

Older Adults' Experiences and Perceptions of Immersive Virtual Reality: A Systematic Review and Thematic Synthesis  
*David Healy*

Online A digital health platform to support aging in place: Experiences of people with dementia  
*Christian Wrede*

## P18 Digital health promotion Chair: Eanna Kenny

Eliciting preferences for the uptake of smoking cessation apps: A Discrete Choice Experiment  
*Dorothy Szinay*

How can apps help me move more? A Group Concept Mapping study in inactive adults  
*Maya Braun*

Stressed! Grab a bite? An EMA study assessing stress and food intake in daily life  
*Alea Ruf*

Mobile Phone Apps to Promote Sun Protection Behaviours: A Content Analysis  
*Angela Rodrigues*

## P19 Health psychology methods: Interventions and measurement Chair: Eimear Morrissey

Diffusion of effective behavior change strategies: The distillation and dissemination approach (DADA)  
*Paschal Sheeran*

A new resource for behavioural science - Developing tools for understanding the relationship between behaviours  
*Alexander Scott*

Understanding and improving facilitation in the IMP2ART implementation trial: developing and using the FACE Instrument  
*Liz Steed*

D1Now intervention for young adults with type 1 diabetes: Lessons learned from a pilot RCT  
*Eimear Morrissey*

Health-related quality of life measures for children with Duchenne muscular dystrophy: A content analysis  
*Moritz Ilan Truninger*

Online Feasibility and acceptability of the photo-voice methodology when working with female adolescents on physical activity  
*Heide Busse*

Implicit measure of goal conflict in the promotion of a healthy diet and physical activity  
*Catherine Culot*

17:00 - 18:00 **Keynote Lecture: Falko Sniehotta**  
 Chair: Susan Michie  
 Room: London  
 Developing and applying behavioural science to inform government policy

18:00 - 19:00 **National Delegates Meeting**  
 Room: London

19:00 - 21:00 **Celebrating EHPS Active Engagement sponsored by Taylor & Francis**  
 Room: The Information Center of Comenius University



## Thursday, 25 Aug

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8:15 - 9:30 EHPS AGM  
Room: London

9:30 - 11:00 Parallel Sessions

Symposium Health Inequalities – why do they matter and how can we tackle them?  
Chair: Wendy Stainton Rogers  
Room: London

9:30 Title: “Why do poor people behave so poorly?”: Shifting the blame to class-based injustice  
*Bridgette Rickett*

9:45 Box for the tallest man? Researching the effect of behaviour change interventions on health inequalities  
*Joanna Goldthorpe*

Online 10:00 Mapping pathways to better healthcare for Brighton's homeless population – the value of co-production  
*Emma Anderson*

10:15 The case of orphan diseases in Chile: Health decisions in contexts of precarity and inequality  
*Nicolás Schöngut-Grollmus*

10:30 The role of cultural representation in presenting health information to underserved communities  
*Tushna Vandrevala*

10:45 Discussion  
*Wendy Stainton Rogers*

Symposium Specifying all dimensions of behaviour change interventions: The Behaviour Change Intervention Ontology  
Chair: Alison Wright  
Room: Rome

9:30 Overview of the Behaviour Change Intervention Ontology  
*Susan Michie*

9:45 Specifying the potentially active content of interventions: the Behaviour Change Technique Ontology  
*Marie Johnston*

10:00 Specifying theoretical processes of change: the Mechanisms of Action Ontology  
*Alison Wright*

10:15 Specifying the behaviours targeted by interventions: development of the Human Behaviour Ontology  
*Robert West*

Online 10:30 Development of BCIOVocab and BCIOVisual, online tools enabling researchers to browse and visualise the BCIO  
*Janna Hastings*

10:45 Discussion  
*Marta Marques*

Roundtable Personalized context-aware digital health interventions: crossing boundaries between data science, geoscience and health psychology  
Chair: Monique Simons  
Room: Paris

- 9:30 Personalized context-aware digital health interventions: crossing boundaries between data science, geoscience and health psychology  
*Monique Simons, Susan Murphy, Felix Naughton, Laura König, Arend Ligtenberg*

### Oral Session Impact of Covid

Chair: Andrea B. Horn

Room: Berlin

- 9:30 Exposure to images showing (non)adherence to physical distance rules: Effect on adherence and perceived norms  
*Sanne Raghoobar*
- 9:45 A longitudinal study on personality determinants of post-traumatic growth during the COVID-19 pandemic  
*Serena Petrocchi*
- 10:00 Depression, stigma, and emotional support during COVID-19 pandemic among people with HIV/AIDS: no protective effects?  
*Ewa Gruszczynska*
- 10:15 Interpersonal emotion regulation is associated with mental health during the Covid-19 pandemic across four countries  
*Olenka Dworakowski*
- Online 10:30 Social interactions and health during the COVID-19 pandemic. The mediating role of perceived social support  
*Alexandra Zancu*

### Oral Session Implementation in Practice: Frameworks and Perspectives

Chair: Lucie Byrne-Davis

Room: Vienna

- 9:30 A realist evaluation of the sustainable implementation of the Healthy School Canteen program  
*Roos van Wijngaarden*
- 9:45 Applying Health Psychology to Advance the Science of De-implementation  
*Andrea Patey*
- 10:00 Exploring Antimicrobial Stewardship education and training interventions in the UK: an interview study  
*Lucie Byrne-Davis*
- 10:15 Facing organ donation request in emerging donation procedures: the experience of bereaved relatives  
*María Soria-Oliver*
- 10:30 Healthcare professional practices when requesting family consent for emergent organ donation procedures: a qualitative study  
*Jorge S. López Martínez*
- 10:45 Temporal changes in attitudes towards adopting new biomedical HIV-prevention strategies: An Attitude Network Analysis  
*Hanne Zimmermann*

### Oral Session Vaccination, Covid 19 and quarantine

Chair: Susan M Sherman

Room: Warsaw

- 9:30 Predictors for Human Papillomavirus Vaccination Intent in European Parents: A Systematic Review and Meta-Analysis  
*Nicoleta Monica Jiboc*
- 9:45 How to facilitate quarantine adherence and psychosocial wellbeing: different approaches for different kinds of quarantine?  
*Antje Bühler*
- 10:00 Healthcare workers' acceptability of influenza vaccination nudges: Evaluation of a real-world intervention  
*Rachelle de Vries*
- 10:15 Vaccine Public Health messaging: three studies targeting the role of autonomy, source and content  
*Vera Araújo-Soares*

10:30 Determinants of vaccine willingness among the general population: a systematic review  
*Kristin Konnyu*

Online 10:45 Rates and determinants of parental COVID 19 vaccine hesitancy for children in Singapore  
*Konstadina Griva*

### Oral Session Age Related Challenges to Quality of Life

Chair: Teresa Corbett

Room: Bratislava

Online 9:30 Dementia may diminish interdependence in quality of life and carer burden among married couples  
*Samuel Nyman*

9:45 Socio-economic inequalities and trajectories of a new biopsychosocial metric of Active and Healthy Ageing (AHA)  
*Olivia Malkowski*

10:00 Self-management by older people living with cancer and multi-morbidity: a qualitative study  
*Teresa Corbett*

10:15 Psychosocial adaptive capacity and survival in very old persons  
*Jasminka Despot Lučanin*

Online 10:30 Exploring older farmers' perspectives on machine-related accidents and factors influencing behaviour change-A focus group study  
*Aswathi Surendran*

Online 10:45 Development and evaluation of a co-production course for caregiver interventions for people living with dementia  
*Gulcan Garip*

### Oral Session Health care professionals

Chair: Sarah Cotterill

Room: Kiev

9:30 How and why was a digital diabetes self-management intervention changed during national roll-out? Mixed-methods study  
*David P French*

9:45 Fidelity of behaviour change technique delivery in a nationally implemented digital diabetes prevention programme  
*Rhiannon Hawkes*

10:00 Receipt and enactment of behaviour change technique content of a nationally-implemented digital diabetes prevention programme  
*Lisa Miles*

10:15 Comparing face-to-face and digital delivery of the English NHS diabetes prevention programme: a non-inferiority study  
*Sarah Cotterill*

10:30 Can we prepare UK Critical Care Nurses for, and aid recovery after, stressful events?  
*Katharina Vogt*

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

### SOTA + Oral COVID-19 related research

Session Chair: Molly Byrne

Room: London

11:30 Psychology in policy and in practice: Advising government in the time of Covid19  
*Susan Michie*

Online 12:15 What are the key behavioural factors associated with COVID-19 vaccination acceptance among healthcare workers?  
*Jacob Crawshaw*

12:30 COVID-19 quarantine behavior and expected vs. experienced stigma  
*Sarah Eitze*

Online 12:45 Healthcare professionals' barriers and enablers to delivering behaviour change interventions during COVID-19: a qualitative study  
*Katharina Vogt*

## Oral Session Communicating about health and risks

Chair: Rebecca Lee

Room: Rome

11:30 Investigating children and young peoples' experiences and perceptions of pain communication in paediatric rheumatology  
*Rebecca Lee*

11:45 Using signal detection theory to understand people's antibiotic expectations  
*Andriana Theodoropoulou*

Online 12:00 How Do Young Women Interpret the Cervical Screening Leaflet in England? A Mixed Methods Approach  
*Caroline Charlton*

12:15 "I don't know what I'm looking for": A qualitative study examining young women's breast awareness  
*Sarah Hindmarch*

12:45 Circulating tumour DNA monitoring and early treatment for relapse: views from patients with early-stage melanoma  
*Victoria Woof*

## Roundtable The EHPS in international health policy initiatives: current contributions and future opportunities

Chair: Vera Araujo Soares

Room: Paris

11:30 The EHPS in international health policy initiatives: current contributions and future opportunities  
*Alexandra Dima, Jo Hart, Vera Araujo Soares, Lucie Byrne-Davis, Adriana Baban, Marie Johnston*

## Symposium Embedding Open Science within Health Psychology research, methods and tools

Chair: James Green and Gjalt-Jorn Peters

Room: Berlin

11:30 Establishing Open Science Research Priorities in Health Psychology: A research prioritisation Delphi exercise  
*Emma Norris*

11:45 An open science approach to study misinformation sharing on social media  
*Christopher Martin Jones*

12:00 OpenDrawer: A project to document unpublished research  
*James Green*

12:15 After the End of Construct Validity: Thinking About and Studying How Psychological Measurement Instruments Work  
*Gjalt-Jorn Ygram Peters*

12:30 Embedding Registered Reports within Health Psychology: Reflections as Author and Recommender of Peer Community In  
*Charlotte Pennington*

12:45 Discussion  
*Charlotte Pennington*

## Symposium Doctor knows best? Qualitative perspectives on interactions and relationships with healthcare workers from four countries

Chair: Rachael Fox

Room: Vienna

- 11:30 Doctor-patient relationship in an Italian emergency department during the COVID-19 pandemic: an ethnographic study  
*Sabrina Cipolletta*
- Online 11:45 Family and domestic violence in remote Australian Emergency Departments: A critical analysis of institutional discourse  
*Sheree Moore*
- 12:00 You can push them a little bit': Provider accounts of contraceptive care and long-acting contraception  
*Tracy Morison*
- Online 12:15 Receiving bad news: cancer family carers managing initial interactions with healthcare services  
*Gianina-Ioana Postavaru*
- 12:30 Moving forward with online interventions and therapeutic relationship online, Italian professionals' experiences from the pandemic  
*Silvia Caterina Maria Tomaino*
- 12:45 Discussion  
*Tracy Morison*

### Oral Session eHealth intervention development & optimisation

Chair: Claire Reidy

Room: Warsaw

- 11:30 Adaptation of cardiovascular disease prevention programmes for digital delivery during the COVID-19 pandemic  
*Lisa Hynes*
- 11:45 Patient, staff and stakeholder experiences with the national NHS App in general practice: Qualitative evaluation  
*Claire Reidy*
- 12:00 A digital health program in bariatric surgery: a mixed method process evaluation  
*Charlene Wright*
- 12:15 Psychological need satisfaction through an online intervention for diabetic patients  
*Coline Hehn*
- 12:30 Experiences and acceptability of an online theory-based intervention to prevent and reduce self-harm  
*Chris Keyworth*

### Oral Session Adherence and Quality of Life in Chronic Disease

Chair: Emily Arden-Close

Room: Bratislava

- 11:30 Impact, coping and development challenges among perinatally HIV-infected adolescents  
*Filipa Teixeira*
- 11:45 Medication adherence in Behcet's disease during COVID-19: cross-sectional study  
*Emily Arden-Close*
- 12:00 Identifying different profiles of people with a stoma and their relationship with quality of life  
*William Goodman*
- 12:15 An exploration of quality of life and treatment decision-making in men with benign prostatic hyperplasia  
*Margaret Husted*
- 12:30 Multidimensional relationships between medication beliefs and adherence to medications among older adults living with multimorbidity  
*Louise Foley*
- 12:45 Designing an intervention for young people with asthma and testing acceptability and feasibility  
*Pamela Rackow*

### Oral Session eHealth in cancer treatment & care

Chair: Paula Voorheis

Room: Kiev

- 11:30 Preliminary Efficacy of ImmunOncoTool: An Immune Checkpoint Inhibitors Adverse Event Management and Reporting eHealth Program  
*Chloe Taub*
- 11:45 A process evaluation of a digital intervention for improving quality of life in cancer survivors  
*Katherine Bradbury*
- 12:00 Effect of a digital health intervention to support total-skin-self-examination on psychological well-being of melanoma survivors  
*Peter Murchie*
- Online 12:15 Telehealth interventions for people with cancer that cannot be cured: systematic review and meta-analysis  
*Laura Ashley*
- 12:30 Integrating insights from behavioral science and design thinking to develop mHealth interventions: Systematic scoping review  
*Paula Voorheis*

13:00 - 14:00 Lunch

14:00 - 15:30 Parallel Sessions

Oral Session Understanding COVID-19 Vaccine Hesitancy

Chair: Ewa Gruszczynska

Room: London

- Online 14:00 Predicting COVID-19 vaccination intention among young adults using the theory of planned behavior  
*Celia Naivar Sen*
- 14:15 Profiling hesitancy to COVID-19 vaccinations in six European countries: Behavioral, attitudinal and demographic determinants  
*Angelos Kassianos*
- Online 14:30 Psychosocial factors associated with COVID-19 vaccine hesitancy in Romania  
*Irina Crumpei-Tanasă*
- 14:45 Conspiracy beliefs and motivation to get vaccinated against COVID-19 in Costa Rica  
*Benjamin Reyes Fernandez*
- Online 15:00 Conspiracy beliefs and COVID-19 vaccination intention: examining the mediating effects of trust and attitude  
*Miriam Capasso*

Oral Session Health behavior change across the lifespan

Chair: Gerry Molloy

Room: Rome

- Online 14:00 Using a co-design approach to promote awareness of preconception health in central Scotland  
*Hannah Welshman*
- 14:15 Effects and acceptability of an online decision aid (DA) about maternal pertussis vaccination (MPV)  
*Charlotte Anraad*
- 14:30 How does a school-based intervention impact students' social cognitions on reducing sedentary behavior?  
*Matthias Aulbach*
- 14:45 Dyadic behavior change techniques in health behavior change interventions with romantic couples: A systematic review  
*Karoline Villinger*
- Online 15:00 Utilizing narrative persuasion to improve risky sexual behaviors among men who have sex with men  
*Meiqi Xin*
- 15:15 Self-efficacy and action control as predictors of physical activity among patients with knee osteoarthritis  
*Ralf Schwarzer*

**Roundtable** Ontologies of behaviour – current perspectives and future potential in health psychology

Chair: Thomas Webb and Susan Michie

Room: Paris

- 14:00 Ontologies of behaviour – current perspectives and future potential in health psychology  
*Thomas Webb, Susan Michie*

**Symposium** The effectiveness of labelling interventions to improve population and planetary health

Chair: James Reynolds

Room: Berlin

- 14:00 Calorie labelling in the out-of-home food sector and socioeconomic position  
*Megan Polden*
- 14:15 Effect of PACE labels on energy purchased in cafeterias: a stepped-wedge randomised controlled trial  
*James Reynolds*
- 14:30 Impact of health warning labels and calorie information on selection and purchasing of alcohol  
*Natasha Clarke*
- Online 14:45 Effect of environmental labelling on food choices: A randomised controlled trial in a virtual supermarket  
*Lucile Marty*
- Online 15:00 The impact of ecolabels on the environmental impact of cafeteria purchases: A randomised controlled trial  
*Rachel Pechey*
- 15:15 Discussion  
*James Reynolds*

**Symposium** The role of interpersonal dynamics for health behavior and well-being using intensive longitudinal designs

Chair: Janina Lüscher and Corina Berli

Room: Vienna

- Online 14:00 Reciprocal association between social support and psychological distress in chronic health conditions  
*Caroline Debnar*
- 14:15 Interpersonal affective Dynamics in Daily Life as a core process of wellbeing over the lifespan  
*Andrea B. Horn*
- 14:30 Daily perceived buddy responsiveness in the context of smoking cessation  
*Janina Lüscher*
- 14:45 Resource Activation in Peer Dyads 65+: Impact on Social Connection and Well-being  
*Zilla Marie Huber*
- 15:00 Interpersonal processes of a dyadic smoking cessation app intervention in daily life  
*Corina Berli*
- 15:15 Discussion  
*Jutta Mata*

**Oral Session** Temporal Aspects of Health Attitudes and Habits

Chair: Barbara Mullan

Room: Warsaw

- Online 14:00 Predictors of Attitude Strength as Determinants of Attitude Stability and Attitude-Behaviour Relationships  
*Mark Conner*
- 14:15 Describing, predicting and explaining adherence to total skin self-examination (TSSE) in people with melanoma  
*Julia Allan*

- 14:30 Differential importance of intentional and non-intentional factors of behaviour across behavioural attributes and contexts  
*Indita Dorina*
- 14:45 "Look, a streaker!" – Examining streaking as a habit formation technique for recreational running behaviour  
*Stephan Dombrowski*
- 15:00 Comparing Computational Models of Habit Formation: A Study on Handwashing Behavior during COVID-19 with Sensors  
*Chao Zhang*

**Oral Session** Quality of life  
Chair: Tracy Epton  
Room: Bratislava

- 14:00 INTERVENING TO ENHANCE QUALITY OF LIFE DURING A PANDEMIC: A PILOT STUDY  
*Tracy Epton*
- 14:15 Individual Rituals Increase the Effects of Non-Deceptive Placebos on Wellbeing  
*Marco Valerio*
- Online 14:30 Body appreciation in young adulthood: A new challenge in positive health psychology?  
*Hedvig Kiss*
- 14:45 Quality of Life of Pediatric and Adult Osteogenesis Imperfecta Patients: A Systematic Review and Meta-Analysis  
*Susanne Wehrl*
- 15:00 Caregivers' perspectives on health-related quality of life for young children with tuberculosis and respiratory illnesses  
*Michaile G. Anthony*
- Online 15:15 Exploring perceptions of living with obesity and the prospect of having bariatric surgery  
*Rebecca Keyte*

**Oral Session** eHealth for diet, physical activity, and smoking  
Chair: Olga Perski  
Room: Kiev

- Online 14:00 Evaluation of digital interventions for physical activity promotion: Scoping review of reviews  
*Karina Karolina De Santis*
- 14:15 Exploring the content of the STAND-VR intervention: a qualitative interview study  
*David Healy*
- 14:30 Towards more personalized digital health interventions: impact of emotions and physical complaints on action& coping plans  
*Helene Schroé*
- 14:45 Predicting lapses in smokers attempting to stop with a popular smartphone app using machine learning  
*Olga Perski*
- 15:00 Public self-monitoring of eating via social media – effects on eating and underlying mechanisms  
*Michael Kilb*
- Online 15:15 eHealth guidelines for people with low socioeconomic position: recommendations via Delphi methodology  
*Isra Al-Dhahir*

**15:30 - 17:00** **Poster Sessions**

**P01** Personality and health  
Chair: Ioana Podina

- Online Specificity in the relationships between emotional intelligence and quality of life with ischemic heart disease  
*Irina Tarasova*



Core Fear of Cancer Recurrence Symptoms in Cancer Survivors: A network approach  
*Ioana Podina*

Online Psychological distress in individuals with Rosacea: the interplay between trait emotional intelligence and social phobia  
*Nadia Barberis*

Cognitive impairment and mental health outcomes among treatment-naïve women with breast cancer  
*Snaefridur Gudmundsdottir Aspelund*

Online Eating Behaviours and Food-Related Emotional Regulation among Adults with Varying Levels of Depression and Anxiety  
*Justyna Modrzejewska*

Trauma Type Clusters and mental health: examining the role of gender differences  
*Martha Schneider*

Role of body mass index, perfectionism, and emotional regulation difficulties in eating disorders  
*Alessandra Pokrajac-Bulian*

Online Key dimensions of interoceptive sensitivity in relation to alexithymia, emotion regulation, and depressive symptoms  
*Lorena Desdentado*

The relationship of the heartbeat-evoked potential (HEP) to interoception and emotion in adolescents  
*Lorenz Rapp*

Online Examining Health Anxiety from the Perspective of Self-Evaluation, Coherence and Social Support in Hungarian adults  
*Sándor Csibi*

Online Developmental trajectories of depression and predictive associations with personality traits: A six-wave longitudinal study  
*Yusuke Takahashi*

Cognitive reserve predicts false memory paradigm effect in Latvian adults  
*Kristine Sneidere*

Online Sense of coherence and social support profiles: Associations with Demographic, wellbeing and Lifestyle Indicators  
*Francesca Brivio*

Online Health-protecting role of the intellectual activity in the stressful conditions of life  
*Eleonora Nosenko*

## **P02 Personality and health-compromising behavior**

**Chair: Leonie Aßmann**

Medical decision making beyond evidence: correlates of belief in complementary and alternative medicine and homeopathy  
*Leonie Aßmann*

Online Reducing blurred boundaries: results of a systematic review of correlates of workaholism and work addiction  
*Modesta Morkevičiūtė*

Online Narcissism, Fear of Missing Out and Social Capital as predictors of Social Media Usage  
*Corina Rugina*

Smartphone and social media addiction: are college students with attention deficit hyperactivity disorder at risk?  
*Vanessa Müller*

Examining the social contagion of attitudes towards childhood vaccination in parental networks: Work in Progress  
*Angelos Kassianos*

Effect of perceived social self-efficacy on attentional bias for game stimuli in multiplayer online games  
*Jang-Han Lee*

## **P03 Coping with Cancer**

**Chair: Phillippa Lally**

Meaning-making process in cancer: the role of psychological flexibility  
*Aleksandra Kroemeke*

Physical activity and well being among those living with and beyond cancer  
*Phillippa Lally*

Acceptance and Commitment Therapy processes and distress in cancer– a systematic review and meta-analysis  
*Sophie Fawson*

Profiles of mindfulness in cancer patients and associations with psychological outcomes and coping strategies  
*Jun Wang*

Self-efficacy and intention mediate the association between barriers and physical activity after a cancer diagnosis  
*Johanna Depenbusch*

Perceived Cognitive Impairment in Patients With Cancer in Croatia  
*Ivona Poljak*

The impact of COVID-19 on health behaviours of people living with and beyond cancer  
*Phillippa Lally*

#### **P04 Living with long term conditions**

**Chair: Pamela Rackow**

Online Coping strategies predicting post-traumatic growth in Multiple Sclerosis patients and caregivers  
*Irene Gil-González*

Coping strategies of Slovak university students with and without special educational needs  
*Karin Černickája*

Online Psychological distress, illness perceptions, coping and quality of life in women with Premature Ovarian Insufficiency  
*Vassiliki Siafaka*

Online Biopsychosocial predictors of mortality in patients with lymphedema: a longitudinal study  
*Katharina Traußnig*

Determinants of physical activity in cancer survivors: an EMA study  
*Marie Van de Velde*

A Qualitative Thematic Analysis on the Experiences of Living with Lynch Syndrome  
*Nikolett Warner*

An investigation into social cognition and executive function in Multiple Sclerosis (MS)  
*Daniel Shaw*

Online Subjective Cognitive Complaints in End-Stage Renal Disease: A Systematic Review  
*Frederick Hui Fei Chan*

#### **P05 Subjective beliefs in chronic disease**

**Chair: Konstantin Schenkel**

Irritable bowel syndrome in inflammatory bowel disease: distinct, intertwined, unhelpful? Views and experiences of patients  
*Danielle Huisman*

Weight loss-related beliefs and behaviours among adults with psoriasis and obesity: a qualitative interview study  
*Neli Pavlova*

Online Help-seeking toward mental health professionals among patients with epilepsy  
*Kento Takahashi*

Current Evidence in Psychodermatology on the Stigmatizing Experience of Visible Skin Diseases: A Meta-analysis Review  
*Caroline F. Z. Stuhlmann*

Combining the SIA to Health with the ICF – participation experiences of people with MS  
*Elise-Marie Dilger*

**P06 Coping with COVID-19 stress and Fatigue****Chair: Márcia Filipa Carvalho**

Long-term fatigue due to COVID-19: the role of goal flexibility  
*Sarah Maes*

A discriminant content validity study of fatigue assessment items in a transdiagnostic chronic medical population  
*Sarah Maes*

Online Quality of Life and Medication Adherence Among People With Diabetes During the COVID-19 Pandemic  
*Evelyn Heckenberger-Nagy*

Fatigue as symptom of long-COVID in relation to sleep quality and daily activities  
*Christina Bode*

Men living alone during the COVID-19 pandemic report lower need satisfaction and wellbeing  
*Fanny Lalot*

**P07 Novel Interventions in the context of illness****Chair: James Reynolds**

Online Psychological impacts of an online genetic counselling narrative group intervention in people with hereditary ataxia  
*Maria Barbosa*

Online HED-Start: A positive skills intervention to improve psychological adjustment in incident haemodialysis patients  
*Phoebe Lim*

Hernia Active Living Trial: Feasibility study of an exercise intervention for people with parastomal bulging  
*William Goodman*

Delivery of supported self-management in asthma reviews: an observational study nested in the IMP2ART programme  
*Emma Kinley*

Optimising well-being and promoting wound healing in DFU: Psychological perspectives and patient informed intervention strategies  
*Michelle Hanlon*

**P08 Biopsychology of stress and coping****Chair: Melanie Bamert**

How do we regulate stress in daily life? An ambulatory heart rate variability study  
*Melanie Bamert*

Cardiovascular reactivity during couple conflict: The influence of relationship quality and emotion regulation  
*Katharina Salo*

Squeeze the beat: Enhancing cardiac vagal activity during resonance breathing via coherent pelvic floor recruitment  
*Josef Martin Tatschl*

The coping heart: Vagal reactivity moderates the relation between cognitive reappraisal and advantageous decision-making  
*Valentin Magnon*

Should we use the inverse movement to detect psychologically meaningful non-metabolic heart rate variability reductions  
*Andreas Schwerdtfeger*

**P09 Stress and Coping in Pandemic Times****Chair: Chantal den Daas**

Well-being in Children and Adolescents with Hearing Impairment During the COVID-19 Pandemic  
*Vera Gillé*

Covid-19-vulnerable students are highly psychologically distressed  
*Gabriele Helga Franke*

COVID-19-related stress in students, examination of the CSSQ - a pilot study  
*Melanie Jagla-Franke*

Online Post-Acute Sequelae of COVID-19-Checklist (PASC-C): new screening tool for long-COVID physical, psychological, and cognitive symptoms  
*Marina Maffoni*

Online How have we been dealing with the COVID-19? Findings from a longitudinal study in Portugal  
*Maria José Ferreira*

Which factors have affected anxiety during COVID-19 outbreak? - a longitudinal study  
*Gabriel Angelo Otesanu*

Online Peculiarities of responses to the pandemic of local and foreign students at a Ukrainian university  
*Olena Lutsenko*

## P10 Special populations

Chair: Chris Noone

Seasonal trends in depressive symptoms among women newly diagnosed with breast cancer  
*Snaefridur Gudmundsdottir Aspelund*

PTSD symptoms, driving stress, and anxious driving behavior at novice drivers  
*Cornelia Mairean*

Merging psychology and technology to develop an early warning system for driver stress and fatigue  
*Rory Coyne*

Online Relationships between distancing strategies, perspective taking, and forgiveness in anger-inducing events  
*Megumi Oikawa*

Attachment, shame and depersonalization mediate the relationship between Childhood maltreatment and physical and psychological wellbeing  
*Jonathan Egan*

Online The potential of an online mindfulness-based stress reduction intervention for police officers  
*Erika Varnagiryte*

Online The impact of interpersonal traumas in Portuguese women's psychological wellbeing  
*Eleonora C. V. Costa*

Examining the trajectories of burnout symptoms in Gaelic games players across two seasons  
*Siobhán Woods*

Alcohol and pregnancy: A cultural perspective  
*Agnieszka Kosla*

## P11 Pain: Psychosocial mechanisms and interventions

Chair: Gabriele Helga Franke

Cluster of coping with pain and their differences in personality and distress  
*Gabriele Helga Franke*

The role of perfectionism in explaining different chronic pain coping patterns  
*Marina Njegovan*

The role of attention bias malleability in predicting pain and disability  
*Dimitri Van Ryckeghem*

## P12 Responses to Critical Stressors in a Cross-cultural Context

Chair: Wendy Maltinsky

Cross-border differences in HIV-testing: data from a EuRegion in Belgium, Germany, and The Netherlands  
*Hanne Zimmermann*

Interaction between age and country of origin predicts subjective well-being in unaccompanied refugee minors (URM)  
*Laura Scholaske*

Online Psychological factors associated with conspiracy mentality during the COVID-19 pandemic  
*Irina Crumpei-Tanasă*

Is conspiracy mentality a risk factor for the psychosocial wellbeing of informal caregivers?  
*Larissa Zwar*

Vaccine Hesitancy of Parents for Their Children: Meaning Given to Health Practices in Switzerland  
*Chloé Michoud*

## **P13 Gender and Sexualities: Inequities and Resilience** **Chair: Maria del Rio Carral**

Navigating through a postfeminist social media culture: Young females' experiences of health and wellbeing (MeStories)  
*Eileen Jasmina Rabel*

Using vignettes to explore how youth use sexual scripts to make sense of sexual consent  
*Siobhán Healy-Cullen*

Experiences of Excised Women in Switzerland in the Digital Age  
*Yasmina Lotfi*

FOREST: a qualitative study exploring health and sexuality of transmasculine individuals in France  
*Xavier Mabire*

Online From parental victimization and internalized homophobia to LGBTQ+ resilience: mediating effect of outness and support  
*Mihaela Boza*

Understanding how gay men construct 'good' chemsex participation through interpretative repertoires and discursive devices  
*Chris Noone*

## **P14 Pregnancy, health behaviours and loss**

Online Pregnant Smoking Women and Stigma Perpetrators  
*Deborah Loyal*

Online Assessing Self-stigma in Pregnant Smoking Women  
*Deborah Loyal*

Online Exploring first time mothers' experiences and knowledge about modifiable risk factors for stillbirth  
*Tamara Escanuela Sanchez*

## **P15 Sustainable and healthy diet** **Chair: Hanna Konttinen**

Experts' perceptions on motivators and barriers of healthy and sustainable dietary behaviour among adolescents  
*Sanne Raghoobar*

Socioeconomic position and the impact of increasing availability of lower energy meals on energy intake  
*Tess Langfield*

How values relate to the consumption of red meat and plant-based alternatives for meat?  
*Hanna Konttinen*

One's meat another's poison? Different social norm perceptions across meat consumers  
*Sofia Wolfswinkel*

What's in a (Dish) Name? Greater use of Consumption Simulation Language for Diet-Congruent Foods  
*Tess Davis*

Socioeconomic position and the effect of portion size reduction: a 1-day dietary behaviour experimental study  
*Katie Clarke*

P16 Environmental health behavior

Chair: Ann DeSmet

Positive and negative spill-over effects within and between health-promoting and pro-environmental behaviours  
*Ann DeSmet*

Online Similarities in determinants of health and climate mitigation behaviour; repertory grid study with international experts  
*Nienke Beerlage-de Jong*

Online Geographic, sociodemographic and psychological factors related to active and Sustainable mobility  
*Claudia Teran Escobar*

ISCycle: Planning for an intervention to promote inclusive and sustainable ebike uptake and use  
*James Green*

17:00 - 18:00 Keynote Lecture: Zuzana Dankulincová

Chair: Aleksandra Luszczynska

Room: London

How to implement what we know from health psychology into practice?

20:00 - 23:00 Conference Dinner

## Friday, 26 Aug

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8:30 - 9:30 SIG Meetings

8:30 - 9:30 EHPS Habit Special Interest Group (SIG)  
Chair: Dr Benjamin Gardner  
Room: London

8:30 - 9:30 Digital Health and Computer-tailoring SIG  
Chair: Dr. Eline Smit, Dr. Laura M. König  
Room: Rome

9:30 - 11:00 Parallel Sessions

### Oral Session Understanding Health Behaviour: Distinguishing Constructs

Chair: Marta Marques

Room: London

9:30 Determinants of recovery behaviours in Olympic swimmers: A qualitative investigation using the Reasoned Action Approach  
*Mathilde Poignard*

9:45 Sedentary behavior after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence  
*Tania Bermudez*

Online 10:00 The role of autonomous motivation in predicting the adherence to the Mediterranean diet  
*Luigina Canova*

10:15 Contrasting constructs or continuum? Examining the dimensionality of body appreciation and body dissatisfaction  
*Kimberly More*

10:30 Rash impulsivity and sensitivity to reward predict soft drink consumption  
*Max Kulbida*

10:45 Same construct, different names?: The jangle fallacy in evaluative and feasibility judgments of physical activity  
*Alexander Rothman*

### Symposium Innovative research approaches to developing social support interventions for chronic illness and changing health behaviors

Chair: Christine Rini

Room: Rome

9:30 Patients' individualized, changing written peer support needs throughout stem cell transplant: A longitudinal, mixed-methods study  
*Christine Rini*

9:45 Social support and hindrance for completing a behavioral pain intervention: Implications for intervention outcomes  
*Alyssa Van Denburg*

10:00 Intra-individual received support for leisure-time physical activity in workers: An ambulatory assessment, observational N-of-1 study  
*Lea O. Wilhelm*

10:15 Supporting the dyadic partner to make plans: Randomized control trial explaining physical activity in dyads  
*Aleksandra Luszczynska*

10:30 Discussion  
*Tracey Revenson*

10:45 Discussion  
*Tracey Revenson*

**Oral Session** Cardiovascular and psychosocial antecedents and consequences of health

**Chair: Jo Hart**

**Room: Paris**

9:30 Systematic review of behaviour change and cardiovascular disease self-management interventions on cardiovascular stress reactivity  
*Ainslea Cross*

9:45 Vagal nerve activity moderates relationships between life events and cancer onset: Making things less vague  
*Laura Caton*

10:00 Cardiac interoception in everyday life: The novel Graz ambulatory interoception task (GRAIT)  
*Christian Rominger*

10:15 Predictors of resilience of university students to stressors during the Covid-19 pandemic: a longitudinal study  
*Jennifer L. Reichel*

**Oral Session** Food and diet

**Chair: Julia Allan**

**Room: Berlin**

Online 9:30 Descriptive versus evaluative nutrition labelling on food choices from an online supermarket  
*Eva Kemps*

9:45 The use of item placement techniques to nudge healthy food choices from extended online menus  
*Indah Gynell*

10:00 Process evaluation of a Mediterranean diet and exercise intervention among an older at-risk UK-based population  
*Stephanie T Jong*

10:15 Developing a complex intervention to engage adolescents in eating better and moving more: EACH-B Programme  
*Wendy Lawrence*

Online 10:30 Instagram priming: nudging beverage choices from vending machines  
*Enola Kay*

**Symposium** Trust and equality in blood donation across different populations: an international perspective

**Chair: Elisabeth Vesnaver**

**Room: Vienna**

9:30 How public trust and healthcare quality shape blood donation behavior: Comparative evidence  
*Eva-Maria Merz*

Online 9:45 Exploring trust, distrust and socio-political context on donation decisions in ethnic minority communities  
*Eamonn Ferguson*

Online 10:00 FAIR: how the UK moved to a more individualised blood donation policy  
*Claire Reynolds*

Online 10:15 Staff challenges to implementing new plasma donation criteria for men who have sex with men  
*Terrie Butler-Foster*

10:30 Co-developing theory-informed interventions promoting plasma donation by newly eligible men who have sex with men  
*Elisabeth Vesnaver*



10:45 Discussion  
*Ronan O'Carroll*

**Symposium Innovative approaches in informal care research: exploring new determinants, methods, and frameworks**

**Chair: Val Morrison**

**Room: Warsaw**

9:30 Introduction  
*Val Morrison*

9:45 Personal and geographical determinants of willingness to care and caregiver outcomes  
*Eva Bei*

10:00 The role of perceived responsiveness in a multinational group of caregivers: a moderated mediation model  
*Giulia Ferraris*

10:15 The use of psychological network analysis in informal care: an empirical illustration  
*Pierre Gérardin*

Online 10:30 Using Photovoice and Interpretative Phenomenological Analysis to explore caregiving motivations  
*Mikolaj Zarzycki*

10:45 Discussion  
*Ronan O'Carroll*

**Oral Session Mental health, social support and health-enhancing behaviours**

**Chair: Hannah Durand**

**Room: Bratislava**

9:30 Individual Differences in Spontaneous Self-Affirmation and Mental Health  
*Peter Harris*

9:45 The effect of discrimination on mental health: A meta-analysis of the causal evidence  
*Christine Emmer*

10:00 The role of self-compassion in palatable eating motives and choices  
*Fuschia Sirois*

10:15 Coping with primary dysmenorrhea: A qualitative analysis of period pain management among students who menstruate  
*Hannah Durand*

10:30 The role of social support in a couple-based weight loss intervention for improving fertility  
*Emma Hunter*

Online 10:45 Preventing loneliness: Exploring students' desire for social distance from autistic peers of both genders  
*Indrė Muraškaitė*

**Oral Session Interventions to improve self-management and treatment adherence**

**Chair: Imogen Skene**

**Room: Kiev**

Online 9:30 A Cochrane review of interventions for improving medication adherence in solid organ transplant recipients  
*Lisa Mellon*

9:45 Developing a theory-driven, evidence-based, complex intervention to improve treatment adherence in tuberculosis: the IMPACT study  
*Annie Jones*

10:00 Effectiveness of an mHealth intervention targeting treatment adherence in breast cancer: a randomized controlled trial  
*Lyndsay Hughes*

10:15 Sustaining self-management behaviours after attending type 2 diabetes self-management support intervention: A qualitative evidence synthesis  
*Márcia Carvalho*

- 10:30 Exploring attitudes towards financial incentives to design a medication adherence intervention for children with asthma  
*Jasmine Hine*
- 10:45 A systematic review of Emergency Department interventions to improve long-term management of asthma  
*Imogen Skene*

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

**SOTA + Oral Session** Health psychology methods: measurement and validity  
Chair: Thomas Webb  
Room: London

- Online 11:30 What we Measure Matters: Core Outcome Sets and Health Psychology  
*Karen Matvienko-Sikar*
- 12:15 Can we trust in self-reported average daily fruit and vegetable intake? Sometimes!  
*Viktoria Egele*
- 12:30 A systematic review of how existing ontologies characterise behaviour  
*Harriet Baird*

**Oral Session** Preventive health behaviours  
Chair: Ben Gardner  
Room: Rome

- Online 11:30 Experimental evidence of gender differences regarding the unintended effects of treatability information on cancer prevention  
*Yingqiu Wu*
- 11:45 SOFTPEERS: Peer-to-peer prevention program of binge-drinking in adolescents. A pilot experimental study  
*Florence Cousson-Gélie*
- 12:00 Understanding the impact of motivational interviewing-supported behaviour change on caries prevention in high-risk children  
*Marc Edwards*
- 12:15 Nasal sprays for respiratory tract infection prevention; intervention development using the Person-Based Approach  
*Laura Dennison*
- Online 12:30 The Challenges for Preventing Childhood Obesity in Vulnerable Population during the COVID-19 Pandemic in Korea  
*Jiyoung Park*

**Roundtable** Mind the digital divide: How to reduce social inequalities in digital health promotion?  
Chair: Laura König and Max Western  
Room: Paris

- 11:30 Mind the digital divide: How to reduce social inequalities in digital health promotion?  
*Laura König, Max Western, Eline Smit, Efrat Neter, Falko Sniehotta*

**Symposium** Novel psycho-technological solutions for alleviating caregivers' distress: The good, the bad, and the robot...  
Chair: Noa Vilchinsky  
Room: Berlin

- 11:30 Introduction  
*Noa Vilchinsky*
- 11:45 AnhörigCoach: Role of culture in persuasive design of e-coaching application in the Swedish context  
*Shweta Premanandan*

12:00 Needs and issues towards an eHealth tool to support young adult caregivers: A usability study  
*Srishti Dang*

12:15 Internet-based interventions for alleviating caregivers' distress: from drafts to interventions  
*Michelle Semonella*

Online 12:30 Robots to the rescue: Informal Caregivers Disclose Increasingly More to a Social Robot Over Time  
*Guy Laban*

12:45 Discussion  
*Noa Vilchinsky*

## Symposium The process of investigating a new infections: description, prediction, and intervention to reduce COVID-19 transmission

Chair: Marie Johnston

Room: Vienna

11:30 Introduction  
*Marie Johnston*

11:45 Using readily available social media data to describe transmission-reducing behavioural sentiments during the Covid pandemic  
*Wendy Maltinsky*

Online 12:00 Describing the late response to COVID-19; transmission-reducing behaviours from the CHARIS representative national project  
*Mona Maier*

Online 12:15 Using three theories to understand adherence to COVID transmission-reducing behaviours  
*Diane Dixon*

12:30 Time to test: Using a messaging intervention to increase self-efficacy for PCR-testing when symptomatic  
*Chantal den Daas*

12:45 Discussion  
*Gerry Molloy*

## Oral Session Cultural Contexts of Health

Chair: Irina Todorova

Room: Warsaw

11:30 Lower socioeconomic position and obesity: examining the roles of executive function and health motivation  
*Eric Robinson*

11:45 Awareness, understanding and HIV stigma in response to Undetectable = Untransmittable messages  
*Rory Coyne*

12:00 Exploring professional lifestyle YouTubers' health-related videos: Healthism and postfeminism at play  
*Maria del Rio Carral*

12:15 How youth make meaning of the ways gender and sexuality are portrayed in Internet pornography  
*Siobhan Healy-Cullen*

Online 12:30 Experiences of Living Through The COVID-19 Pandemic in Malaysia: A Qualitative Study  
*Jeevanisha Suresh*

12:45 Does vaccination elicit risk compensation? Insights from the COVID-19 vaccination campaign in France  
*Kathleen McColl*

## Oral Session Health behavior change in diverse contexts

Chair: Neil Coulson

Room: Bratislava

Online 11:30 A case study on safe drinking water through evidence-based interventions in the Rohingya refugee camps  
*Miriam Harter*

- Online 11:45 Improving Hand Hygiene Adherence in Small Animal Hospitals: A Social Marketing Approach  
*Bettina Höchli*
- 12:00 The effectiveness of nudging healthy food choices across different dimensions of socio-economic status  
*Laurens van Gestel*
- Online 12:15 Effects of traffic light labelling and increased healthy range on beverage choices from vending machines  
*Ryan Calabro*

### Oral Session Self-regulatory approaches to chronic conditions and health behavior

Chair: Christel Salewski

Room: Kiev

- 11:30 A trans-diagnostic model of psychological adjustment to long-term conditions: Development and applications in clinical practice  
*Rona Moss-Morris*
- 11:45 Benefits from autonomy support in patient-caregiver dyads facing cancer treatment  
*Aleksandra Kroemeke*
- Online 12:00 Relationships between motivational-related factors and healthy eating: A project to prevent childhood obesity  
*Beatriz Pereira*
- 12:15 Rehabilitation in a Covid-19 Hospital: Beliefs and Challenges perceived by the Multidisciplinary Healthcare Teams  
*Paulina Fernandez*
- 12:30 Sleep priority as a predictor of sleep behavior  
*Liesemarie Albers*
- Online 12:45 Illness perception schemas and psychosocial dimensions are associated with attitudes towards vaccines: a cluster analysis  
*Renato Pisanti*

13:00 - 14:00 Lunch

14:00 - 15:30 Parallel Sessions

### Oral Session eHealth feasibility studies and trials

Chair: Felix Naughton

Room: London

- 14:00 Self-regulation techniques, narrative videos and a chatbot for promoting lifestyles and mental health in adolescents  
*Carmen Peuters*
- 14:15 Online social reference intervention to reduce misinformation sharing behaviour on social media  
*Benjamin Schüz*
- 14:30 Randomised Controlled Trial of the New Fourteen-day Online Emotion focused training for compassion satisfaction  
*Júlia Halamová*
- 14:45 Does an explicit value clarification method increase a web-based smoking cessation decision aid's effectiveness?  
*Thomas Gültzow*
- 15:00 A randomised controlled trial of a just-in-time adaptive smoking cessation app (Quit Sense)  
*Felix Naughton*
- 15:15 Interdisciplinary consensus on describing behaviour change features of medication adherence technologies: a European Delphi consultation  
*Alexandra Dima*

**Symposium** Which research designs to use when optimising behavioural interventions? Examples, challenges and a way forward

Chair: Angela Pfammatter

Room: Rome

- 14:00 Building expert-consulted guidance for the selection of research designs for optimising behavioural interventions  
*Marta Marques*
- Online 14:15 Refining and Optimizing a behavioural intervention to Support Endocrine Therapy Adherence using a factorial trial  
*Samuel Smith*
- 14:30 Sequential Multiple Assignment Randomized Trials to Answer Questions about How to Adapt Behavioral Treatments  
*Angela Pfammatter*
- Online 14:45 Optimizing a Just-in-Time Adaptive Intervention using a Micro-Randomized Trial design: The Sense2Stop trial  
*Sam Battalio*
- 15:00 Identifying research questions and match them to research designs  
*Jillian Strayhorn*
- 15:15 Discussion  
*Linda Collins*

**Roundtable** How can we close the gender and diversity data gap in health psychology?

Chair: Gertraud (Turu) Stadler

Room: Paris

- 14:00 How can we close the gender and diversity data gap in health psychology?  
*Gertraud (Turu) Stadler, Efrat Neter, Jennifer Inauen, Mariët Hagedoorn, Marie Johnston*

**Symposium** Novel perspectives on distress, well-being and self-management in psychocardiology research

Chair: Jonathan Journiac

Room: Berlin

- 14:00 Mental health and adherence of adults under 45 years old facing a cardiac illness  
*Jonathan Journiac*
- 14:15 Depression and anxiety among patients with and without Spontaneous Coronary Artery Dissection attending cardiac rehabilitation  
*Heather Tulloch*
- Online 14:30 Understanding cardiac distress: A study of prevalence, severity and risk factors  
*Barbara Murphy*
- Online 14:45 Psychological functioning in couples after left ventricular assist device implantation  
*Tanja Zimmermann*
- 15:00 Interventions and eHealth interventions in psychocardiology: what can we do?  
*Jonathan Journiac*
- 15:15 Discussion  
*Noa Vilchinsky*

**Oral Session** Methods and interventions

Chair: Dominika Kwasnicka

Room: Vienna

- 14:00 Systematic review and meta-analysis of Ecological Momentary Assessment studies of five public health behaviours  
*Dominika Kwasnicka*

- 14:15 A systematic review of physical activity ontologies: Content and Quality  
*Maya Braun*
- 14:30 Evaluating the effects of symptom monitoring on menopausal health outcomes: a randomised controlled trial  
*Robin Andrews*
- 14:45 Social Antecedents of Depressive Symptoms: Early Findings of Swiss Federal Survey of Young Adults (CHX-YASS)  
*Anahita Mehrpour*

## Symposium Towards a Better Understanding of Antibiotics Expectations and Use

Chair: Miroslav Sirota

Room: Warsaw

- Online 14:00 Respiratory Tract Infection Incidences, Health-Seeking Behaviours & Antibiotic Use Across England: A Comparison to Pre-Lockdown  
*Brieze Read*
- Online 14:15 Patients' views of point-of-care tests when consulting for respiratory infections in European primary care  
*Sarah Tonkin-Crine*
- 14:30 How to reframe antimicrobial resistance: Pronounceability of health terminology predicts public's memory and risk perception  
*Eva Krockow*
- 14:45 Social feedback and intergenerational conflicts in the social dilemma of antibiotic intake  
*Robert Böhm*
- 15:00 The intuitive desire for antibiotics: Wanting what we (don't) know we should not want?  
*Miroslav Sirota*
- 15:15 Discussion  
*Lucie Byrne-Davis*

## Oral Session Child Health and Wellbeing

Chair: Maartje van Stralen

Room: Bratislava

- 14:00 Psychosocial determinants of adolescents' sleeping behavior – A longitudinal study  
*Lea Rahel Delfmann*
- 14:15 Children's anxiety, academic self-efficacy, and intergenerational transmission of worries regarding transition to middle school  
*Cornelia Mairean*
- 14:30 Stress perception of 5th graders in Germany during the CoViD-19 pandemic  
*Lena Fellbaum*
- Online 14:45 Health-related quality of life in children during hospitalization after burn injuries  
*Martim Santos*
- 15:00 Support for siblings of chronically ill children - First results from the project "Strong Siblings!"  
*Melanie Jagla-Franke*
- 15:15 Experiences and Post Traumatic Growth in siblings of cancer childhood survivors  
*Margarida Santos*

## Oral Session Coping with Cancer

Chair: Evangelos Karademas

Room: Kiev

- 14:00 The relation of changes in self-efficacy to cope with breast cancer across time to well-being  
*Evangelos Karademas*
- 14:15 Coping with medication-related side effects: a daily diary study in women surviving breast cancer  
*Walter Bierbauer*

- 14:30 Acceptance and Commitment Therapy processes, distress and physical symptoms in women with breast cancer  
*Sophie Fawson*
- 14:45 Does the paradigm of being physically active resonate with cancer patients' attitudes?  
*Alexander Haussmann*
- 15:00 The looming cancer: A qualitative study on living with Chronic Lymphocytic Leukemia (CLL) without treatment  
*Dimitrios Kyrou*
- 15:15 Prehabilitation to improve physical fitness and recovery from cancer surgery: Experiences of patients and clinicians  
*Rachael Powell*

## 15:30 - 17:00 Poster Sessions

### P01 Family Health and Wellbeing

Chair: Ronja Runge

The quality of the parent-child relationship and social functioning in deaf or hard-of-hearing children  
*Shannon Yuen*

German adolescents' mental health, family cohesion and family conflict before and during the SARS-CoV2 pandemic  
*Ronja Runge*

Adolescent exposure to coronavirus disease (COVID-19): associations with mental health and family relationships  
*Anna Alexandrova-Karamanova*

Effects of an online health promotion program using indoor nature therapy for unmarried mothers  
*Kyung-Sook Bang*

### P02 Quality of life, mental health and wellbeing

Chair: Dominika Ochnik

- Online Determining work addiction of adult children: the effect of addicted parents and work motivation  
*Modesta Morkevičiūtė*
- Sense of coherence, coping strategies and life satisfaction among parents of children with heart defects  
*Patrycja Stawiarska*
- A prospective study of parents' experiences with prenatal genomic testing after an abnormal ultrasound (PreGen)  
*Lauren Kelada*
- Online Risk Perception, Mental Health Problems and Sleep Disturbances in University students during the COVID-19 pandemic  
*Omama Tariq*
- Online Mental health condition of first-year college students during the COVID-19 pandemic in Japan  
*Etsuyo Nishigaki*
- Online Relationship between vulnerability and suicidal ideation among Japanese university students  
*Shinji Yamaguchi*
- Mental health and well-being education in schools across Europe: The role of psychology teachers  
*Lenka Sokolová*
- Online The appreciation of body functionality affects life satisfaction through body trust: a mediated pathway  
*Lorena Desdentado*
- Online Longitudinal Assessment of Posttraumatic Growth during a pandemic: COVID-19's inheritance  
*Paula Collazo-Castiñeira*
- Online Predicting Situational and Global Meaning through Meaning-Making Processes following Bereavement  
*Deniz Okay*
- Online The experience of loneliness, hardiness and psychological well-being of adults in a changing life situation  
*Inna Murtazina*

### **P03 Issues in Child & Adolescent Health and wellbeing**

**Chair: Matthias Aulbach**

Autonomy in children with chronic diseases: a systematic literature review of the conceptualization and evaluation  
*Zoé Mallien*

Empathy, Sympathy, and Self-Esteem: The link with Preadolescents' Attitudes towards Children with Disabilities  
*Maftei Alexandra*

Online Resilience and depression in adolescents with adverse childhood experiences  
*Dimitrinka Jordanova Peshevska*

Online Impact of having a sibling with celiac disease on life dimensions: A systematic review  
*Gabriela Figueiredo*

Risk factors during development in children with intellectual disability in institutional care  
*Margaréta Hapčová*

Mental Health Problems and Psychiatric Morbidity of Transgender Adolescents  
*Petra Orehovec*

### **P04 Family health and relationships**

**Chair: John Bogue**

"Have they brushed their teeth this morning?" How did COVID-19 affect children's oral health behaviours?  
*Jo Hart*

„Enjoy your meal! “But how? Considering mealtime atmosphere in a more systematic way  
*Vanessa Knobl*

Somatic complaints, sedentary behavior and relatedness in adolescents during the second year of COVID-19 pandemic  
*Roma Jusiene*

Affective relationship, identity positioning and caregiving experience: An interpretative phenomenological analysis on spouse caregivers  
*Nicolas Westrelin*

### **P05 Subjective health and wellbeing across the lifespan**

**Chair: Yael Benyamini**

A standard set of outcome measures for adolescent and adult Marfan Syndrome patients  
*Susanne Wehrli*

Role models for successful aging  
*Anna Kashina*

Mapping global variation in self-rated health across the lifespan  
*Maria Blöchl*

Emotion regulation, negative affect, and somatic symptoms in daily life: a dyadic intensive longitudinal study  
*Julia Roseman*

### **P06 Health Psychology and aging**

**Chair: Kevin McKee**

Online The ASPIDA project: Physical activity, physical function, falls and quality of life in older adults  
*Archontissa Kanavaki*

Preventing accidents and injuries: older adults' experiences, worries, and preventive measures regarding home hazards  
*Kevin McKee*



- Online Subjective and objective cognitive decline in old adults  
*Radka Massaldjieva*
- Relationship between cognitive reserve and memory in non-demented older adults  
*Kristine Sneidere*
- Online MASCoD - Multidimensional Assessment of Subjective Cognitive Decline: a new screening for subjective cognitive decline  
*Marina Maffoni*
- Online Frailty and rehabilitation outcome in older patients with cardiorespiratory disease: preliminary multidimensional data  
*Nicolò Granata*
- Online Middle-aged and older adults' intentions to participate in community-based walking sports: A social-ecological mixed-methods approach  
*Hamsini Sivaramakrishnan*
- Online Older People with Dementia's Adherence to a Tai Chi Exercise Intervention  
*Iram Bibi*
- Online Development of a COM-B based sexual health model for mid-life and older adults  
*Victoria Giacomelli*
- Online The effects of ageism on mental illness in the elderly during the Covid-19 pandemic  
*Anna Rosa Donizzetti*
- Relationship of some psychosocial and biological factors with the life expectancy of older adults  
*Damir Lucanin*

## **P07 Healthcare Delivery and Medical Decision Making**

**Chair: Joanna Goldthorpe**

- Online Differences in compassion in response to acute v. chronic clinical presentations: an experimental study  
*Alina Pavlova*
- Online Impact of uncertainty intolerance on clinical reasoning: a systematic review of the 21st century literature  
*Clémence Brun*
- Online Systematic review of the effects of decision fatigue in healthcare professionals on medical decision making  
*Mona Maier*
- Online Using a model of behaviour to conceptualise ethical preparedness in healthcare and health research settings  
*Lisa Ballard*
- Integration of the biopsychosocial approach in primary health care in Burundi: facilitating and impeding factors  
*Bonaventure Nikoyandoye*
- The effect of negative emotions on framing effect and overconfidence among medical students  
*Miroslava Galasová*

## **P08 Healthcare Professionals: Perspectives and Relationships**

**Chair: Chris Keyworth**

- Online Barriers to care and presenteeism among Canadian Armed Forces healthcare providers  
*Jennifer Born*
- Online Perspectives of healthcare professionals in Northern Cyprus on psychosocial care needs of patients receiving dialysis  
*Buse Keskindag*
- Impact of COVID-19 pandemic on high-risk prostate cancer treatment in the UK  
*Jennifer Dunsmore*
- Exploring healthcare professionals communication about children and young people with pain in paediatric rheumatology  
*Rebecca Lee*

Contributors to a trusting physician-patient relationship - a critical review using a systematic search strategy  
*Seraina Lerch*

## P09 Mental Health, Drug Use and Addiction

Chair: Jonathan Egan

Barriers and facilitators to the design and delivery of social prescribing services for mental health  
*Matthew Cooper*

Online Secondary traumatization associated to the treatment of patients with maxillofacial trauma caused by police repression  
*Gonzalo Rojas-Alcayaga*

Attitudes and Beliefs about the Therapeutic Use of Psychedelic Drugs among Portuguese Mental Health Practitioners  
*Jorge Encantado*

A Systematic Review of the Effects of Psychedelic Experiences in Naturalistic Settings  
*Laura Carvalho*

Understanding the implementation strategy for a secondary care tobacco addiction treatment pathway: A behavioural analysis  
*Angela Rodrigues*

## P10 Implementation in Chronic Condition Self-Management

Chair: Milou Fredrix

Exploring perspectives of people with type-1 diabetes on goal-setting strategies within self-management education and care  
*Milou Fredrix*

Barriers and facilitators of healthcare professionals supporting heart failure patients to increase physical activity levels  
*Kirsten Ashley*

Identifying barriers and facilitators of heart failure patients becoming more physically active  
*Cara Jordan*

Development of a patient-centred asthma review template to improve self-management in UK primary care  
*Kirstie McClatchey*

IMPlimenting IMProved Asthma self-management as RouTine (IMP2ART): a cluster randomised controlled trial protocol  
*Kirstie McClatchey*

Exploring psychological factors associated with perceived food intolerance  
*Lyndsay D. Hughes*

## P11 Technology and Implementation

Successfully implemented eHealth technologies to support informal care: a multiple case study  
*Sofia Bastoni*

Online Development of an implementation strategy for a complex eHealth intervention within routine cardiac care  
*Renee IJzerman*

Identifying determinants of adoption of new antibacterial technologies in patient care: An interview study  
*Lieve Voncken*

Using validated measures to assess self-management, patient-centred care, and behaviour change delivery in implementation research  
*Emma Kinley*

## P12 Implementation at Scale and Across Contexts

Chair: Aleksandra Luszczynska

A systematic review of frameworks for implementation of policies promoting healthy nutrition and physical activity  
*Aleksandra Luszczynska*

Adapting a Dutch participatory action research project with children to another context in Spain  
*Laura S. Belmon*

Validating Patient Safety Culture instruments and a Patient-Reported Incident Measure into the Estonian context  
*Signe Asi*

Online DecidHealth : Psychometric validation of the IUS-12 and IUS-12-H scales on French healthcare professionals  
*Clémence Brun*

## **P13 Occupational Health among Health Care Workers during the COVID-19 Pandemic**

**Chair: Jean-Baptiste Fassier**

Online "I didn't feel like I was a doctor": Covid-19 experiences of occupational compassion and self-care  
*Helen Egan*

Mental health, posttraumatic growth and protective factors in healthcare professionals during the COVID-19 pandemic  
*Marta Guerra Corral*

Psychological support for hospital workers at the University Medical Center Ljubljana during the COVID-19 pandemic  
*Nataša Dernovšek Hafner*

Online Personality and mental health among long-term care home staff during the pandemic in southern Switzerland  
*Anna Maria Annoni*

PTSD Symptoms Among ICU Personnel During the Pandemic: Role of Sleep, Experience, Anxiety and Depression  
*Paula Repetto*

Survey of SARS-CoV-2 vaccine hesitancy among French healthcare workers in a university hospital  
*Jean-Baptiste Fassier*

## **P14 Occupational Health across Sectors during the COVID-19 Pandemic** **Chair: Inge Brechan**

Post-traumatic stress symptoms and predictors among Spanish Security Forces during the COVID-19 pandemic in Spain  
*Marta Guerra Corral*

How has the pandemic impacted the mental health of clinical psychologists?  
*David Preciado Rodríguez*

Psychological impact of the SARS-CoV-2 pandemic on teachers - Results of a German-wide survey  
*Clemens Köstner*

"Remote presenteeism" A survey of employees on presenteeism and detachment in remote working  
*Henrike Urbic*

Relationship between job design, occupational health, and absenteeism  
*Inge Brechan*

## **P15 The Breadth of Occupational Health** **Chair: Kevin Roche**

Inequality in context of work. A study about social inclusion of people with disabilities  
*Isabell Lüll*

Illegitimate tasks: make you feel insecure, exhausted, and hurt!  
*Maria U. Kottwitz*

Online Does (in)congruence between personal and perceived organisational values predict burnout or compassion in healthcare?  
*Alina Pavlova*

Health behaviours of partners of Fly-in Fly-out workers in Australia: a cross-sectional study  
*Bernard Asare*

Health psychological factors influencing the adoption of digital technologies in agriculture by farm managers  
*Linda Reissig*

## **P16 Developing tools and training towards better healthcare**

**Chair: Vivien Swanson**

Online Measuring psycho-social perspective of Value-Based HealthCare: construction and initial validation of a new measure  
*Leda Marino*

Online A virtual reality education and training tool to reduce weight stigma in primary practice  
*Leona Ryan*

Does professional training in behaviour change last? A follow-up in St Helena  
*Vivien Swanson*

Development of the Health Communication Orientations Scale: a questionnaire measuring health communication style preferences  
*Eline Smit*

Challenges of teaching health psychology at Medical Universities. Interactive approach with scenarios  
*Elżbieta Wesółowska*

## **P17 Shared decision making and patient-physician communication**

**Chair: Heather Buchanan**

Doctor-Patient Communication in cancer care in China: A qualitative study  
*Heather Buchanan*

Online Perceptions of Genetically Oriented Physicians Among Black and White Americans with Obesity  
*Matthew Lebowitz*

Parent involvement in end-of-life care and decision making in NICU: neonatologists' self-reported practices and attitudes  
*Ana Bogdanic*

Online Perceived risks, medical self-efficacy, patient-centered communication style, and SDM involvement on general public's treatment satisfaction  
*Ju-Chun Chien*

Online Congruence in treatment decision-making models among the general public: Does one size fit all?  
*Ju-Chun Chien*

## **P18 Perceptions of illness, treatment and risks**

**Chair: Nicola Cogan**

Online Understanding and addressing COVID-19 Booster vaccine hesitancy: Rates, determinants and implications for health communication  
*Konstadina Griva*

A preference for personally experienced status-quo affects vaccine-like decisions under risk  
*Miriam Kachelmann*

Understanding COVID-19 vaccine hesitancy among health and social care workers during mass vaccination in Scotland  
*Nicola Cogan*

Co-development of risk communication resources for people with a genetic predisposition to cancer  
*Kate Morton*

How do women at increased risk of breast cancer appraise their risk? A systematic review  
*Victoria Woolf*

17:00 - 18:00 Keynote Lecture: Susan A. Murphy  
Room: London  
Data, Personalization, Digital Health!

18:00 - 19:00 Meet the Editors  
Room: London

## Saturday, 27 Aug

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9:30 - 11:00 Parallel Sessions

### Oral Session Embedding health behavior change in healthcare

Chair: Molly Byrne

Room: London

- 9:30 Developing an animation using the Behaviour Change Wheel to facilitate breast screening amongst under-represented groups  
*Amish Acharya*
- 9:45 Are macro-level changes required to implement and embed CMV education into routine antenatal care?  
*Amy Montague*
- 10:00 The Choosing Health process evaluation: feasibility and acceptability of a tailored weight loss intervention  
*Iga Palacz-Poborczyk*
- 10:15 Enhancing Communication and Patient Safety in Obstetrics: Application of the Health Action Process Approach  
*Christina Derksen*
- Online 10:30 Health Psychology in Industry: Applying behavioural-science to develop a patient support programme for multiple sclerosis  
*Kate Hamilton-West*
- 10:45 Psychosocial predictors of Physical Activity Adherence in Cancer Survivors: A Systematic Review and Meta-Analysis  
*Jorge Encantado*

### Oral Session Physical activity interventions

Chair: David French

Room: Rome

- 9:30 Using the health action process approach to improve physical activity in adolescents  
*Konstantin Schenkel*
- 9:45 Do physical activity plans help to reduce sedentary behavior? A randomized controlled trial involving dyads  
*Zofia Szczuka*
- 10:00 Older adults' intervention engagement and functional status are related to physical activity and social participation  
*Robin Rinn*
- Online 10:15 Increasing the uptake of deposit contracts for physical activity behavior change using a smartphone intervention  
*David de Buissonjé*
- 10:30 Which 'self' makes us exercise more? An online RCT on future-best-possible, future-worst-possible and past-successful exercise-self  
*Lisa Marie Warner*
- Online 10:45 Effectiveness of the Let's Move It intervention on physical activity and sedentary behavior: Cluster-randomised trial  
*Nelli Hankonen*

### Symposium Broadening the focus: Examples of non-WEIRD research in health psychology

Chair: Gudrun Sproesser

Room: Paris

- 9:30 Exploring psycho-social motives of health care seeking among Nicaraguan migrants in Costa Rica  
*Benjamin Reyes Fernandez*
- Online 9:45 The effectiveness of Naluri app on clinical and psychological outcomes of cardiac patients in Malaysia  
*Darlina Fadil Azim*
- 10:00 Increasing handwashing infrastructure functionality through increased psychological ownership in a refugee camp in Bangladesh  
*Nadja Contzen*
- 10:15 Perceived distributive fairness and acceptance of decentralised wastewater treatment systems in Bangalore, India  
*Josianne Kollmann*
- 10:30 Traditional and modern eating in a sample of older adults from Gujarat, Western India  
*Gudrun Sproesser*
- 10:45 Discussion  
*Jo Hart*

### Oral Session Health services research applications

Chair: Laura König

Room: Berlin

- 9:30 Does the health belief model predict patients' uptake of therapeutic patient education programs?  
*Sophie Lelorain*
- Online 9:45 Clustering the cognitive status indicators in cardiac surgery patients to assess the cognitive disorders risk  
*Irina Tarasova*
- 10:00 «Doctor, doctor, please»: Evidence for more frequent doctor visits as a reaction to social exclusion  
*Christiane M. Büttner*
- 10:15 A systematic review and meta-analysis of studies of reactivity to in-time-moment measurement of health behaviours  
*Laura König*
- 10:30 What people think about medicines and its prescription by doctors \_ a study in Portugal  
*Margarida Santos*

### Oral Session Stress management interventions

Chair: Liz Steed

Room: Vienna

- 9:30 Stress-management interventions for the irritable bowel syndrome: a systematic review and meta-analysis  
*Anna Horn*
- 9:45 Mindfulness-Based Cognitive Therapy for fatigue in patients with Inflammatory Bowel Disease: A randomized controlled trial  
*Quirine Bredero*
- 10:00 Feasibility Study of a three-week Chatbot-based Intervention for Stress Reduction and Health Improvement  
*Christine Schillings*
- 10:15 Which Cognitive Behavioural Therapy interventions show most promise for treating Diabetes-related distress: A systematic review  
*Emma Jenkinson*
- 10:30 RCT of a cognitive behavioural intervention (TANDEM) for individuals with COPD. Cost and effectiveness results  
*Liz Steed*

### Oral Session Technological and digital solutions in the context of illness

Chair: Efrat Neter

Room: Warsaw

- 9:30 Clinical efficacy of COMPASS, a digital therapeutic for treating anxiety/depression in long-term conditions: randomised-controlled trial  
*Rona Moss-Morris*
- 9:45 A mixed-methods real-world evaluation of a novel transdiagnostic digital therapeutic designed to treat anxiety and depression related to living with a long-term condition  
*Natasha Seaton*
- Online 10:00 Robot-assisted and Virtual Reality-based Neuromotor Rehabilitation: Evidence on Devices Experience of Use and Effectiveness  
*Francesco Zanatta*
- 10:15 Behaviour change techniques and intervention characteristics in digital cardiac rehabilitation: A systematic review  
*Eanna Kenny*
- 10:30 Usability, cybersickness and working mechanisms of virtual reality for chronic pain in Rheumatoid Arthritis  
*Anna de Jong*
- 11:00 - 11:30 Coffee Break
- 11:30 - 12:30 Keynote Lecture: Urte Scholz  
Chair: Noa Vilchinsky  
Room: London  
Better together? The role of others in health behavior change
- 12:30 - 13:15 Closing Ceremony  
Room: London
- 13:15 - 14:00 Reception for EHPS 2023  
Room: London